



Born Broken: An Adoptive Journey

Kristin Berry

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There is no need to struggle alone or in isolation. Other families know what you are going through. Find strength in not only your faith, but in the community of others who understand your heartache and disappointment, and the desperate need to help these children have a future.

[[Provides an account of real-life struggles and solutions from early childhood to young adulthood

[[Opens a window into their life and family in hopes of encouraging others

[[Reveals understanding, compassionate support for families facing these heart-wrenching challenges.

Born Broken: An Adoptive Journey Details

Date : Published April 1st 2017 by New Leaf Publishing Group

ISBN : 9780892217540

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Format : Paperback 160 pages

Genre : Parenting, Adoption, Family Law, Fostering, Nonfiction, Autobiography, Memoir

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From Reader Review **Born Broken: An Adoptive Journey** for online ebook

Kimberly L says

Heartbroken for our society. For those who don't understand FASD and perceive these precious children as "bad" and look at the adoptive/foster parents as the cause. For a system that continues to allow women to have multiple births of FASD and other drug addicted babies.

I love this couple and this family. No matter what they have stuck together and never gave up on their son.

Beautiful story of love for others by sharing this story so others may not feel so alone in their journey and that others can understand the disastrous consequences of addicts having babies.

I pray there are researchers and therapists out there who can find a way to best help this young man and so many out there who have not chosen this.

Sara says

Well written for the nonwriter author, ultimately a very sad story about fetal alcohol syndrome. Striking was how with even almost the best parents someone could have, the neurological damage was so profound, there just wasn't much of a difference to be made. Did the boy deserve love and care? Yes, of course, everyone does...but deep questions are raised about nature and nurture, the limitations of love, and how much you sacrifice the many for the one. Only briefly discussed, the two sisters still living at home seemed particularly sad - calmly calling the police and seeing their mother threatened with knives, etc. Glad I read it and Berry seems to be an amazing person!

Jena says

A raw but what I imagine to be an accurate portrayal of everyday life as a foster/adoptive parent. I appreciate the authors firsthand account of the everyday struggles faced by adoptive families, especially those parenting children with FASD. The author made it easy to feel as though the reader was living within the confines of the book.

Murray says

A must read book about FASD (Fetal Alcohol Spectrum Disorder) and the impact it can have on a family

Verified Purchase

Kirstin and Mike had adopted a couple of daughters.

Kristin tells of the excitement they had as their first son joined their family, and the challenges they

experienced as he grew over a few uewes. She shares the frustration as many professionals told them there was nothing wrong with their son, it must be something they were doing wrong. There was nothing wrong with him. He looked normal. This just added guilt to the frustration they were living with.

After years of misdiagnosis, they finally found a professional who recognized that a diagnosis of Fetal Alochol Spectrum Disorder (FASD) would be appropriate for him. It wasn't them. It was a prenatal brain injury caused by his birth mother consuming alcohol during pregnancy.

This book shares the struggles an adoptive family can face as they walk their journey.

You will laugh, cry, feel their joy and pain as you read this book.

It is an honest description of the highs and lows a family can experience.

I highly recommend it, especially for adoptive families and those around them

Tara says

Heartrending memoir-ish tale of adoption - she's adopted lots of kids (6? 7?), but focuses on the story of her son with Fetal Alcohol Syndrome and his behavior. I loved the beginning of the book and my heart breaks for what the mother went through, but I found some bits troubling. She spends no time talking about race or implicit bias or helping her (black) son navigate his culture. Some chapters felt like they were rushed or glossed over.

The Modern Monica says

This was one of those books that my mom, girlfriends and I each read and discussed with tears after. Whether you are involved in some way with foster, adoption or just simply loving other humans; this is a great book to walk in the shoes of one dear momma.

Tammy says

The BEST FASD book for any parent

This book was amazing! I'm pretty sure I highlighted half of it. Reading her words validated everything my husband and I have felt regarding our two FASD kiddos. We understood her perspective and recommend this book to anyone who needs a "friend" so they don't feel alone while dealing with FASD. She speaks the truth of our hearts. I couldn't put this book down until I had read the whole thing!! We are so thankful for this piece.

Torey says

A journey of adoption thru a mother's eyes. Her and her hubby are foster parents to 22 kids and adoptive parents to 8. 2 of which have fetal alcohol disorder. My heart Hurts for this momma and for her 2 sons. As a foster mom, I have been a part of kids stories such as these. And as a labor and delivery nurse, I have watched little ones enter the world already broken and bruised, damaged by he effects of alcohol/drugs prior to their life outside the womb beginning. Absolute injustice. Anger and frustration filled my heart and soul, but also compassion and hurt for the mom who made these choices and the babes who have to live with the consequences. This story doesn't have a happy ending, but it does have a mom who loves her fiercely loves her babes and has her trust in the God who loves them even more.

Kivalina Gwynn says

Wow

This book is a very touching story. I admire these two wonderful parents who have taken in and adopted so many children. I love how they have stayed beside Alexander this whole time. So many parents give up on kids who are like he is (even birth parents) but you two just loved him and kept searching for help. We all get frustrated at times this is normal. God Bless You All. Thank You for being great parents.

Heather Yockey says

Extremely important book. Dives into realities that are faced by far more than we realize. I wish evangelical culture which has elevated adoption & coined it as their responsibility, would honor the complexity of adoption & share this book with the same fervor. Read it, set the book down, and you see humanity in a new light

Nathan says

Read this. Truth is hard. But we move beyond.

We have lived in similar scenarios. It is helpful to hear others share the strategies. The safety plan. The healing. The challenge. And the hope that comes from knowing healing can happen.

Janice Acres says

A new subject to learn about.

It is always easy to read a book but difficult to give it a title. This book opened my mind to the realities of drug and alcohol abuse of the mother when pregnant with the child. I had seen children with fetal alcohol problems but this book let you live alongg with the family.. A must read for anyone who lives with this and

also for those who interact with people who do. I have never learned so much about this subject but this author made it so interesting you do not consider putting it down. Great book

Holly says

I appreciated the honesty and hope mingled within a true story of adoption. Fetal Alcohol Spectrum Disorder was glossed over at our adoption training and the picture of their life helps me understand it so much better.

Niki says

Honest and Raw

Born Broken was an honest look in to adoption and the hardships that come along with lives that are broken. I cried with her as she reflected on traumatic memories of life with her son. Thank you for being real!

Jenni Jex says

What a heartbreaking, but hopeful, true story. Many families have chosen to disrupt adoptions for children with less trauma than the child in this story, but through the nightmare this family lived, they chose to never give up on their son. Their love for him is evident on each page. My heart breaks for their other children and the hopelessness the entire family felt. I pray they have all experienced some healing since this story was written. Thank God for his redemption. And I'm grateful to have read this raw, honest experience about the love of a family throughout the hardest of adoptive circumstances.
