



# Losing Cadence

*Laura Lovett*

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## **Losing Cadence** Laura Lovett

When Cadence Weaverly graduates from high school, she thinks it's for the best that she and her boyfriend, Richard White, take separate paths: she to Julliard and he back to Harvard. Ten years later, she has an ideal job and a wonderful fiance, Christian. She is building the life of her dreams-until the day Richard resurfaces out of the blue, abducts her from her San Francisco apartment, and returns her to his mansion where he holds her captive. Cadence can hardly believe her ears when Richard professes his undying love and reveals his plans to build a life together. Terrified to fight back for fear he will have Christian murdered, Cadence must determine how to reason with a mentally unstable man who is obsessed with making her his forever. But even if she manages to escape, will she ever really be free of the man who hunts her heart?

In this psychological thriller, a young woman must rely on perseverance, courage, and inner strength to survive after she is kidnapped by her deranged ex-boyfriend.

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## **Losing Cadence Details**

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Author : Laura Lovett

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# From Reader Review Losing Cadence for online ebook

## Margaret Miyagishima says

I polished off Losing Cadence in one sitting. I just love it. I am a huge mystery/ suspense buff and I have basically run out of mystery books from the series I follow. This book is right up there with the best of them in terms of quality, readability, and intrigue. I have to say the last page was not expected. Very powerful and eerie. I can so see this book as a movie.

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## Belle says

I didn't really enjoy this book. I found the story pace for the book really slow. For three chapters, it describes Cadence constantly crying.

I didn't feel any connection with the characters. I really disliked the main character, Cadence. I found her rather annoying.

I didn't feel much of a climax or arc in the story. It felt more like a psychology paper of explaining things rather than having the story unfold before me.

Sorry... Its just not for me I guess.

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## Zakeana Reid says

I was pulled into the story from the opening paragraph, and led down dark and twisting corridors, through flashbacks and back out into the light of the final chapter. But it left me wanting more. There is JUST enough of the mystery solved that I can wait for the second book...and there MUST be a second book, but where it will go I can't imagine!

Losing Cadence provides us a glimpse into the world of terror caused by obsession and control, as well as a reminder of the resilience of the human mind and spirit.

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## Lana Shupe says

Forget ANY other suspense novel you have read in the past or even recently. RUN to buy, borrow or steal Laura Lovett's LOSING CADENCE! My breath was held, my heart was stopped my mind was blown. There was never a minute when I wasn't on the edge of my seat with dread. I was scared for Cadence from start to end. Just when I thought there was hope, Lovett snatched it away from me with another twist of the plot and turn of the page. A book has not affected me this much since I read Emma Donaghue's, ROOM. I could not have anticipated the ending. I will say the ending has left me with further dread. I can not wait for what comes next. Write Laura. Write!

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## Grady says

‘What had drawn me to this quiet, intense guy was the compassion he demonstrated.’

Canadian author Laura Lovett has successfully written books in the academic and business world. She is a practicing psychologist and an entrepreneur, and now turns her talents to writing novels. *LOSING CADENCE* is her impressive debut psychological thriller. Laura lives in Calgary, Alberta.

Though there are many authors who write successful psychological thrillers, few of them are actually practicing psychologists. That career decision enhances the credibility of Laura’s novel. We never feel as though we are being lead through a maze of psychological terms or states for the sake of drama, but instead because the author understands the etiology of mental dysfunction, has dealt with permutations of her writing’s devising, and therefore adds a dimension of credibility to what may seem diversions of ‘madness’.

Setting the mood for this thriller takes no more than a paragraph – “‘We’re home, my love.’” The husky voice seemed distant, yet vaguely familiar. I heard only faint sounds amidst the dark fog that swirled around in my mind. I didn’t know where I was, as my eyes remained clamped shut. My body felt limp and desperately weak. I tried to pull my heavy eyelids apart, but to no avail. I willed my mouth to open, to utter a sound. Nothing. My tongue was heavy in my mouth. Everything was black. I’m going to be sick, I thought. “My love, the love of my life, my Cadence,” uttered a deep male voice in my ear. “I’m going to carry you, my love.” I felt warm arms around me, lifting me out into the rain. I shivered fiercely from the bitter cold. Was it night? There was no light through my closed eyelids. I tried again to open my mouth, to ask where I was, but the words would not form. Who was he? My nausea materialized into violent vomiting. I could feel the man’s strong arms holding me up, bracing me. My body heaved and convulsed, and I felt as though I was breaking into pieces. “It’s okay, darling, you’ll feel better soon,” said the deep voice over and over as I heaved for what felt like an eternity. Then everything went black again.... I woke up slowly, sensing that I was tucked into a soft bed. This time my eyes were able to open a fraction. Shapes swam before my eyes, the images vague and blurry. I could see white all around me: white bed, white walls, white door. I tried to move, but my body refused to cooperate. I knew, somewhere in the back of my mind, that I was heavily drugged.’

And the plot synopsis moves us into the darkness that is to become tale – ‘When Cadence Weaverly graduates from high school, she thinks it’s for the best that she and her boyfriend, Richard White, take separate paths: she to Julliard and he back to Harvard. Ten years later, she has an ideal job and a wonderful fiancé, Christian. She is building the life of her dreams—until the day Richard resurfaces out of the blue, abducts her from her San Francisco apartment, and returns her to his mansion where he holds her captive. Cadence can hardly believe her ears when Richard professes his undying love and reveals his plans to build a life together. Terrified to fight back for fear he will have Christian murdered, Cadence must determine how to reason with a mentally unstable man who is obsessed with making her his forever. But even if she manages to escape, will she ever really be free of the man who hunts her heart? A young woman must rely on perseverance, courage, and inner strength to survive after she is kidnapped by her deranged ex-boyfriend.’

Terrifying concept exceptionally well told by a new author whose future in her new realm feels assured.

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## **Missybee says**

"Losing Cadence" was a great read from start to finish. Cadence Weaverly has been kidnapped by an extremely obsessive and mentally unstable ex-boyfriend, Richard White, who uses his vast wealth and ruthless resourcefulness to hold her prisoner. But Cadence is resourceful too, and that, combined with her desperate longing to be reunited with the fiancé she loves, Christian, makes for a gripping, scary, and thrilling page-turner of a story. The book drew me in and had me imagining what I would do to try and escape if I found myself in the main character's situation. Definitely not to be read alone at night without double-checking your locks first!

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## **Brian Smart says**

Laura Lovett does not miss a beat in the weaving of this psychological thriller that is Losing Cadence. Did not want to put this book down, it really did hijack my attention. If Richard White were to have a say in the matter, I believe he would stalk the author's every waking minute until the sequel is released!

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## **Nell Smith says**

I normally don't care for psychological thrillers, but after reading the first chapters of Losing Cadence, I was hooked and couldn't wait to know what happened next. Lovett portrayed the psychopath in this thriller uncomfortably well and left us asking what we might have done in the same circumstance. Now for the sequel that I'll want to read for sure! Maybe I'm beginning to like psychological thrillers?  
Nell Smith, Author of Retire to the Life You Love, practical tools for designing your meaningful future

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## **Peggy Warren says**

Certainly a captivating plot although these kinds of situations unnerve me. I know it is fiction but kidnapping happens so much in reality that it makes me uneasy. That being said, Lovett has answers for most of my questions in each development and it was indeed a page turner. I will read your next work Ms Lovett.

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## **Ivy (Raine Reads) says**

### **UPDATE**

I went into Losing Cadence with such high hopes. Seriously, when I discovered this book I immediately had to get my hands on a copy. The synopsis sounded perfect for my reading tastes.

Unfortunately, that's where my affection for Laura Lovett's debut novel stopped. While the premise for this book is amazing, any interest was immediately killed by the driest, most senseless fiction writing that I've ever encountered. I felt no empathy for any of the characters while reading this book. As if the poor prose wasn't enough, the dialogue was extremely unnatural. It was impossible to immerse myself in the plot or

characters when I was constantly reminded that I was reading a book every time the characters opened their mouths for their robotic speech.

And the characters are a whole other can of worms. They were about as two dimensional as the pages on which they were printed. The characters were not rounded out at all, and nearly all of them simply felt like devices to move the plot along. I felt no empathy towards any of them, and most of them I couldn't even stand. Christian was honestly the only character I remotely liked, and I think it's because he wasn't even in the book that much.

Cadence was awful. I hate her. She was just terrible regardless of the time period. Her flashbacks of high school certainly did not help her case. She dragged Richard along for three months just because he was handsome. Obviously that doesn't justify his future actions, but it was still a pretty crappy and shallow thing for Cadence to do. I swear she spent the majority of her time in captivity either crying or ping ponging back and forth on her mood. Her emotions and speech patterns were so inconsistent throughout the book, likely due to the fact that her character had no personality.

Richard was so difficult to read. He had absolutely no dimension. His entire character was composed of the creepy cliches of a stalkers villain. Alarm bells should have gone ringing the very first time they met when Cadence was in high school, because he was creepy even then.

While he was mostly forceful during Cadence's abduction, Lovett would occasionally attempt to use his emotions to appeal to readers.

He would break down and beg Cadence for her love or cry or something that is supposed to make us sympathetic. But these displays of human emotion were so rare and and confusingly placed that they were more jarring than anything. They seemed so out of place for his character, which, again, is saying something since he barely had a character.

One of the biggest issues that I had with Losing Cadence was the fact that almost nothing was even slightly believable. Richard hires an absurd amount of staff members and manages to convince them that Cadence is mentally unstable and that's why she might say something odd. And none of them question it at any point, even when she repeatedly tells them she's been kidnapped and isn't crazy. And they never question their odd restrictions like not being able to leave the house and no internet access for privacy reasons. I'm sorry, but the staff's complete oblivion to Cadence's state was simply unbelievable. While the staff is an excellent example of how the plot makes no sense, it doesn't stop there. It was difficult to even pretend to believe anything that happened in this book. The repeated unbelievable scenarios left a bad taste in my mouth while insulting my intelligence.

If you're intrigued by the sound of Losing Cadence, I'd recommend you head my warning before wasting your time of 242 insufferable pages. You'd be better off reading a Wattpad book.

#### ORIGINAL REVIEW

I can't believe I'm going to waste my time writing a review for this.

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#### **Nicole Hambley says**

I can not say enough about how much I loved this novel! Right from the start I genuinely could not put it down until I had soaked in every last word. I loved the mystery and intensity of the character experiences as

well as the incredible detail describing each and every event in the plot! You really feel as if you are a part of the story yourself feeling every emotion the characters, both major and minor, are experiencing themselves. I will definitely be recommending this novel to others, and I can't wait to read it again over the summer!!

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### **Zoe says**

Intensely riveting, spine-chilling, and highly suspenseful!

This is a gripping thriller that illustrates the psychological and emotional anguish of obsession, manipulation, selfishness, lies, and deception.

The prose is clear and precise. The characterization is well developed, with the main character, Cadence, being confused, resilient, and empathetic, while Richard is intense, moody, and conniving. And the story is written in a nice, past/present style that allows insight and depth into both the relationship between the characters, as well as their individual drives, wants and motivations.

This is a well written, tension-filled, debut novel full of twists, turns, violence, mayhem, and murder that will entertain you from the very first page.

All my reviews can be found on my blog at [whatsbetterthanbooks.com](http://whatsbetterthanbooks.com)

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### **Eloise says**

Losing Cadence is the most entertaining book that I have read this year! I am not usually attracted to thrillers or suspense in books but the way that Lovett writes and integrates the psychological elements made this book a favorite for me. The suspense was such that I could not put the book down! This book will appeal to all types of readers; those that love a mystery or thriller but also those who might normally enjoy romance novels.

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### **Aleisha says**

LOSING CADENCE a full \*5 STARS\* 1 Day, 1 Book that all it takes. This novel was an intriguing, tangled and twisted read from start to finish. I could not put this down until I drank in every single word. A captivating and suspenseful read, perfect for those who adored Gone Girl. Do yourself a favour, read this novel – you will not be disappointed.

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### **Sheryl Khanna says**

'Losing Cadence' had me hooked at page one! This psychological thriller tells the story of concert flautist, Cadence Weaverly, and her stalker ex-boyfriend, successful businessman, Richard White. Will Cadence escape Richard's twisted plans to keep her forever or will she eventually give up trying and accept her fate? You'll have to read to find out. With loads of twists and turns, Laura Lovett's debut novel is not only well

written but hard to put down...a real page-turner. A great read for fans of 'Gone Girl' and the 'The Girl on the Train.'

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