



Piercing Bible

Elayne Angel

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Piercing pioneer Elayne Angel has performed over 40,000 piercings since the 1980s and has brought many practices, such as tongue-piercing, into the mainstream. She brings her exhaustive knowledge to this groundbreaking manual that covers everything you need to know about the process, including:

- The best piercings and placements for various body parts and body types
- Terminology, tools, and techniques of the trade
- Vital sterility, sanitation, and hygiene information
- Jewelry designs, shapes, and materials
- Advice for people with stretch marks, plastic surgery, and unique anatomy
- Healing, aftercare, and troubleshooting for problem-free piercing

"As a piercer, nurse, and educator, I can say without a doubt that this is the most complete book ever written for all people in our industry."

--DAVID A. VIDRA, FOUNDER AND PRESIDENT OF HEALTH EDUCATORS, INC.

"No one is more qualified to write this book than Elayne Angel. With more than three decades of personal experience to her credit, no one knows the subject better."

--JIM WARD, FOUNDER OF GAUNTLET, THE WORLD'S FIRST BODY PIERCING STUDIO

"This is an exciting book for a field that has exploded in the last two decades.

National industry standards are needed, and Elayne provides important data."

--MYRNA L. ARMSTRONG, RN, EdD

Piercing Bible Details

Date : Published March 3rd 2009 by Crossing Press

ISBN : 9781580911931

Author : Elayne Angel

Format : Paperback 320 pages

Genre : Nonfiction, Unfinished

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From Reader Review Piercing Bible for online ebook

Carrie Cross says

The Piercing Bible is a fascinating book, even for those people like me who have never considered getting a body piercing. Elayne Angel deftly teaches the reader about every aspect of piercing from its origins in ancient times to its general acceptance today. You will learn how to decide on a piercing, what style of jewelry is appropriate, what to expect from a piercing studio--and how to avoid the bad ones! Aftercare is discussed in detail to assure your piercing will not migrate or become infected. I read the book from cover to cover and thoroughly enjoyed it. I'd recommend this excellent read to anyone, even if they are not getting a piercing; it's mandatory reading for anyone who plans to be pierced!

~ Author Carrie Cross

Christa says

A great book for piercing newbies and the experienced alike. So much information, I read it from cover to cover like a novel as I found it such a great read!

Ashley Reynolds says

A must read, or at least a must have, if you have any interest in body mods/piercings; or even if you have a loved one with an interest in that culture. Very informative and nicely written.

Rik says

A good if overly detailed explanation of safe, professionally done piercing practices. Too much information for the casual reader, though. It seems this would be useful for someone interested in becoming a professional piercer but falls short of being a how-to guide (which is probably a good thing given the health risks of badly done body modifications).

Nicol says

First of all, no one is more qualified than Elayne Angel to write a definitive guide to safe body piercing. She is a master piercer and a legend to the industry. This book is a must-read for piercing enthusiasts, people thinking about getting pierced for the first time, and most importantly, people in the medical/dental professions. I cannot tell you how un-informed so called "professionals" are about body piercing. This book could change the medical & modified world and hopefully it will!

Fox says

I really liked this book. It's informative on the levels of both the customer and the trainee piercer. I read this book before I went on my first body piercing course, and it left me feeling really prepared and knowledgeable about the basics before I even go there, which was a relief. From a piercing customer's point of view, it's a great guide because it makes you informed of what the piercer should be doing, so you don't just wander in there and set yourself up to get a bad piercing or worse, a blood-borne infection. I'd definitely recommend this book to those interested in getting piercings or becoming a body piercer.

Becca says

Helped me learn all the basics on body piercing and gave me confidence. Goes into deep details on different situations and reasoning as well.

Astra says

probably the best piercing guide

Cissie Hubbucks says

Brilliant book for both piercers and piercees alike. I highly recommend this book to anyone with an interest in piercings.

Karen says

This book is thorough, detailed, thoughtful, and full of anything you ever wanted to know about piercing, and some stuff you didn't want to know! I highly recommend this if you are planning on ANY piercing.

Cissie says

excellent read wether you're an apprentice or just someone interested in piercings in general. highly recommended

Rose says

Probably will never actually read all of this. I just never have and never will be able to stand the author. Too high and mighty and super condescending.

added 11/29/2014:

Rolllllling my eyes, hardcore Liz Lemon style, because I should have added to my review my prediction of the author commenting on my bad review because the fact that I've seen her do this to other people is part of the reason she just rubs me the wrong way. It is creepy and I should be able to leave my review and that's it. Just let it go.

Sev says

I found this book to be condescending and strangely preachy. I understand who Elayne Angel is, I worked as a body piercer for seven years, but I don't understand who this book is aimed at. I totally believe that people should be as informed as possible in their piercing choices, but to me this straddles a strange line between being informative, and being a half-assed instruction manual for doing it yourself.

My advice to anyone reading this is that there's more than one way to do things, no matter what the author says. There are a lot (and I mean a lot) of different body shapes and configurations and you don't necessarily need to storm out of a shop because your piercer deviates slightly from Elayne Angel's gospel.

Also, unrelated to the book, but she's said some pretty horrible, transphobic things in her time, and I can't in good conscience rate this higher than one star.

Mandy says

Elayne Angel's The Piercing Bible is a must read for anyone interested in piercings, either as a piercee or someone who studies the body modification culture. The information in this book is easy to understand and also detailed. I now know why my navel piercing went wrong and was able to find a suitable place to get my tragus and daith pierced. Elayne's passion for body modification is evident on each page and is truly infectious. I cannot recommend this book highly enough.
