



TUS DESEOS TE ESTAN ESPERANDO

Alicia Sanchez

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Tus deseos te están esperando. Los límites que encuentras en tu vida son todos mentales. El objetivo de este manual es llevarte a experimentar cómo tus sueños, tus objetivos y tus deseos vienen hacia ti sin esfuerzo, simplemente utilizando la imaginación y el sentir. Todo está en tus manos. ¿Quieres jugar?. Con este libro aprenderás a entrenar tu mente para que escuche a tu corazón, expanda sus límites y te ofrezca nuevas y mejores experiencias en todas las áreas de tu vida. Tienes ante ti una vida llena de posibilidades como nunca habías imaginado. Todo es posible

TUS DESEOS TE ESTAN ESPERANDO Details

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From Reader Review TUS DESEOS TE ESTAN ESPERANDO for online ebook

Dominique says

This book is just what the doctor ordered. The author does a great job at reminding the reader that life is a journey with many ups and downs and lessons learned. This read can be completed in one sitting, therefore, would be ideal for your high school child(ren) as they prepare to tackle adulthood.

Alicia Sanchez says

How many times in your life have you found yourself wondering where you are going in life? What are you supposed to do when you get there? How are you going to get there? "Dear God are we there yet?" That was my question. I realized the answer to our personal questions can most often be found by looking within when we find that we have complete access to this part of us.

(Excerpt from Book)When I started thinking about writing this book, I often found myself wondering whether or not anyone was going to actually get the entire point of the "journey" concept. Is anyone going to understand what I'm trying to say? Just by thinking these little lies, I was dooming my whole project before I could even put pen to paper. I was already telling myself something that was not true. Because if it were true, then I would have no problem putting it out there.

I'm not going to tell you anything that you don't already know. This book is about your own personal road trip—your life. By the time we're done, those lies you keep telling yourself will have dissipated, becoming merely a thing of the past. You will want to stop telling yourself those lies, starting with the biggest one of all: "I don't know where I'm going with my life."

I remember being twenty- five, supposedly in the prime of my life. Essence of my youth, or so I was told. I began obsessing about where I was in my life and where I would be going; it got so bad I began to get minor panic attacks. I spoke to my Mom about it one day, and she gave me one long, hard look and said, "I saw this exact thing on Dr. Phil the other day." Now I don't know if this is the case with all mothers or if it's just a Latin thing, but my Mother soaks up television knowledge like a sponge. She is a walking news bulletin. Don't get me wrong, she knows her stuff . If some random earthquake hit Indonesia, my Mom would be able to tell you about it in such detail you would think it happened to someone she actually knew. So I immediately knew that this Dr. Phil moment was going to be another news revelation.

"It's a midlife crisis. I read about this kind of thing, and that's what this is," Mom told me. Apparently, you can have a midlife crisis before you're actually middle- aged; it's called a mid-mid-life crisis. Like a precursor to the main event. At that moment, I wasn't even sure I knew what a midlife crisis was. I pictured a graying sixty-year-old man with a potbelly buying a Corvette or a Harley, a final desperate attempt to feel young and sexy again. I kept asking myself where I was going with my life and what I was doing. This question seems to pop up the very minute something in our lives takes a colossal nosedive. In our minds, it's the obvious thing to ask if something doesn't go right. It's a problem we all have, and it's natural and human.

Laura says

Creas o no creas en la Ley de la atracción, Alicia te transmite muy buenas vibraciones. Manual básico e introductorio, sin florituras, lo que hace fácil la tarea de entender ésta filosofía de vida.

Alicia says

Libro de la recién descubierta Alicia Sánchez, que presenta ejercicios sencillos para mostrarnos que 'somos creadores de nuestra realidad, de la individua y de la colectiva' y que 'toda realidad se crea primero en la mente'.

Iré poniendo en práctica los ejercicios, a ver qué ocurre... :)
