



# **Entering the Stream: An Introduction to the Buddha and His Teachings**

*Samuel Bercholz (Editor)*

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The grandeur, simplicity, and freshness of the 2,500-year-old tradition of Buddhism are reflected in this collection of writings intended as a primer for newcomers to the subject as well as a reference for those familiar with Buddhism.

The selections include:

- The story of the Buddha's life.
- A concise historical background.
- Key writings of Theravada, Mahayana, Zen, and Tibetan Buddhism.
- Meditation instructions.
- A Buddhist explanation of reincarnation.
- Simple explanations of terms.
- A pictorial survey of Buddhist art and architecture.

## **Entering the Stream: An Introduction to the Buddha and His Teachings Details**

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# **From Reader Review Entering the Stream: An Introduction to the Buddha and His Teachings for online ebook**

## **Beesknees says**

I think it gave a pretty thorough outline about Buddhism in general and also the three major schools of teaching. A solid intro book that presents a good selection of teachers and texts for further study.

I really like that there was a wide selection of different Buddhist texts, though I will admit I got completely lost on the language of some of the older ones.

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## **C Settles says**

Good introductory read for those not familiar with Buddhism. Recommend followup with The Buddhist Bible for in depth look.

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## **Rebecca says**

This is a dense book on Buddhism with chapters written by well-known buddhists such as Pema Chodron and Tich Naht Hahn. I never finished the book, but I read was well-written, interesting, and informative. I would recommend it for anyone with a serious interest in the teachings of Buddhism.

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## **Leo Michelson says**

1st book on Buddhism I read in 1994 that got me hooked from the 1st page...love that i found it at a used bookstore and revisit these accessible teachings!

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## **Kent says**

Excellent introductory Buddhist texts drawn from all over the world.

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## **Smp says**

excellent book for anyone who is interested in budhism, very easy to read.

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### **Jennings says**

I didn't read it all, as it is a compendium of readings rather than a book in and of itself. The readings were lovely but it isn't something to read in one sitting.

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### **Karl Nehring says**

There is some nice material anthologized here, although some of the later chapters on Tantric teachings are a bit esoteric. Still, it is good to have original material from primary sources brought together into one attractive volume.

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### **Kevin says**

This book was a great introduction to the Dharma. The chapters on the Heart Sutra, Diamond Sutra, and Zen Buddhism I found to be particularly interesting. The section on Zen Buddhism taught me the importance of the Full Lotus Position while meditating, which I am currently struggling to get comfortable in over extended periods of time.

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### **James says**

I believe this book has been retitled, but is a great introductory volume for anyone interested in Buddhism.

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### **Cindy says**

Buddhist reading is never easy, but reading this book in small bites opened doors to me that I didn't realize I'd closed. Eye-opening and enlightening.

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### **Amanda says**

Wonderful book of independent chapters exploring aspects of Buddhism. Highly recommended!

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### **Laurie says**

this is the book that got me interested in buddhism.

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