



My True Essence

Shawneda Marks

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Rebecca has everything she ever prayed for and more, and is living like she doesn't care if she loses it all. Dani's business is thriving and her faith is strong. Her diagnosis will expose her own insecurities and life's truth. Jenessa epitomizes the definition of a strong woman. A routine doctor's visit forces her to confront the genetic cloud that has hovered over her since childhood.

My True Essence Details

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Author : Shawneda Marks

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From Reader Review My True Essence for online ebook

Elizabeth says

Really good book. I couldn't wait to get the second book to know what happened to the key characters.

Lisa says

My True Essence! God created us for a specific purpose, knowing that cuts down a lot of confusion! I enjoy these books because they pray and ask God for answers. What we should do in our everyday life. Often times we take control knowing we are about to mess things up! Letting God take full control will have great results! I do recommend these books and will be reading more books by this author! On to the next book from this series. Really a good read!

Lena Edwards says

I loved this book and the characters in it were among my favorite.

Ursula Shelton says

This book was surprisingly good, the first time that I have read a book by Shawna. It's about a few church acquaintances getting together to plan an event for breast cancer. A couple of the volunteers are going through chemo therapy. Becca in particular is experiencing marriage problems and other grief issues. It was a little boring early on, but later more things started to happen and it became more interesting. I would definitely recommend this book to family and friends. Enjoy!

M says

My True Essence

A nice read. Interesting concept of intertwining Christianity with breast cancer in a series of books. I enjoyed reading this book.

Kianaw says

As other reviewers have stated, "My True Essence," weaves together the lives of three women affected by breast cancer. I applaud the author for bringing this topic to light through a fictitious story.

Orsayor says

3.5

Christine says

different writing style than I am used to but it is good so far. I ended up enjoying it but still didn't care for the writing style.

Joyce Boos says

I won this book from Good Reads and what a good read it was. Touching on a subject that many is not touched on and making women aware how important breast exams are.

Rachelle says

"My true essence is beyond the bend of my hips, and the swell of my womb, with or without hair, breasts and physical beauty. God is absolutely crazy about me, and I insult him when I don't agree." (p.95)

Kitty Austin says

Definitely, definitely read this book! Especially to all those women out there that have either gone through or are going through breast cancer and those that know someone that is. This book is very spiritual and revolves around three different women going through their own battle with breast cancer while maintaining their faith in God. This book is very emotional so I'd suggest having a box of tissues close by when you read it.

Kitty Bullard / Great Minds Think Aloud / <http://www.greatmindsliterarycommunit...>

Mary Aris says

My True Essence is a book about three different women who are connected by Faith and their battle with breast cancer. This is the story of Rebecca, a woman who has it all and lives with a care-free attitude; Danielle whose beauty salon is booming but is struggling to come to terms with her diagnosis; and Jenessa whose diagnosis moves her to delve into the cloud that has been hovering over her since childhood.

The author delves into the emotional issues and turmoil that women undergo when they are diagnosed with breast cancer and their choices to whether they should have a mastectomy or chemo. I love how the author draws awareness to this devastating disease and how she makes it clear that any woman can be diagnosed with breast cancer regardless of family history. The author does this quite delicately and gracefully, delving into the many issues and avenues that a woman undergoes once she learns she has this terrible disease. I enjoyed reading this and was moved by the personal stories of each woman and their battle with breast cancer. I would like to read more of Ms Mark's work.

Monique says

To be honest this story was difficult for me to read because it dealt with triple negative breast cancer and I had a cousin die from that form of cancer. The story follows three friends and how they tackle the issue of Triple Negative Breast Cancer. The life events they encounter are real life and heart wrenching.

I applaud Marks for tackling an issue not discussed much - triple negative breast cancer. It attacks African American women at higher proportions than any other race. We must perform self-exams, get regular check-ups and tell our testimonies often. Kudos to Marks for being honest and writing to educate and edify God.

Twana Scott says

Empowering

Even after reading the synopsis of the book, I had no idea it would intrigue me the way it did. I read the book in one sitting in its entirety because I simply could not stop reading once I got started. This book tells a riveting story about faith, friendship, marriage, health issues, forgiveness, compromise and love. When life takes you on a whirlwind, sometimes you have to accept help and support from those who have your best interests at heart; even more importantly, allow God to take the wheel.

Pat says

This book was a good character study as three women interacted in support of one another through their own special problems. Having been a support for my mother as she dealt with cancer twice, I could identify easily with this story.
