



# Consumer Health: A Guide to Intelligent Decisions

*Stephen Barrett , William M. London , Manfred Kroger*

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The most comprehensive consumer health text available, *Consumer Health: A Guide to Intelligent Decisions* offers a panoramic view of the health marketplace. You'll learn how to sharpen your critical consumer skills so you can distinguish valid health claims from those that are fraudulent or misleading. By offering science-based facts and guidelines, *Consumer Health* provides the tools you need to make smart decisions about health-care products and services for yourself and your family.

## Consumer Health: A Guide to Intelligent Decisions Details

Date : Published March 5th 2012 by McGraw-Hill Education (first published November 28th 1996)

ISBN : 9780078028489

Author : Stephen Barrett , William M. London , Manfred Kroger

Format : Paperback 564 pages

Genre : Science

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**Rachel says**

Its Awesome! For a textbook that is.

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**Kenna says**

I have to read this for my Health 370 class. Hope it's good!

I'm such a nerd! I loved this book. So much useful info!

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**Ruth says**

Everybody needs to read this book to be an informed consumer of health related products and services. I highly reccomend it, even though I HAD to read it for a class.

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