



## Sometimes I'm Bombaloo

*Rachel Vail , Yumi Heo (Illustrations)*

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**Sometimes I'm Bombaloo** Rachel Vail , Yumi Heo (Illustrations)

Vail & Heo deliver a wise, warm take on tantrums.

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Category: Feelings

Sometimes, Katie loses her temper. Sometimes she uses her feet and her fists instead of words. When Katie is this mad, she's just not herself. Sometimes, she's BOMBALOO.

Being BOMBALOO is scary. But a little time-out and a lot of love calm BOMBALOO down and help Katie feel like Katie again!

## **Sometimes I'm Bombaloo Details**

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ISBN : 9780439669412

Author : Rachel Vail , Yumi Heo (Illustrations)

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## **From Reader Review Sometimes I'm Bombaloo for online ebook**

### **Leta Huffman says**

This book had a creative concept to it. This would be helpful to read to a kindergarten or first grade class. This talks about how a little girl who is usually nice is sometimes mean and turns into a monster that she refers to as Bombaloo. I could use this in the classroom at the beginning of the year to introduce our behavior that we will have in the classroom. I will say that sometimes we will be Bombaloo and we will be grouchy. In the classroom we could learn to be open and honest and let each other know that we are having a Bombaloo day. When I am aware of that I will give this student a little more space and we will work through bringing the child back to normal instead of being a monster. This book shows that we are not perfect and that it is okay to have those days. At the end of the story the little girl apologized and her mom told her that she forgave her.

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### **Samantha Hale says**

Awards: None

Grade Level: Preschool through Second Grade

Original Summary: In this book, there is a character named Katie. She talks about how on sometimes she is Bombaloo when she gets angry and lashes out. She doesn't like being bombaloo because Bombaloo is scary, and she would rather be Katie.

Original Review: I love this book! I think that it relates well to the children trying to understand their feelings when they may want to be super angry sometimes and it is engaging for them as well.

2-3 In Class Uses: 1) The children can talk about times they've gotten upset/angry and how they have calmed themselves down. 2) The students can write a story about themselves.

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### **Elie says**

Wonderful feelings book that addresses that not only do we sometimes have out-of-control anger, but that it can be scary to feel that way. I like how it demonstrates that when we are out of control we are only absorbing pieces of what is going on outside of us. Great for use with kids - probably would help a lot of adults, too.

I also recommend "When Sophie Gets Angry - Really, Really Angry."

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### **Christine Grant says**

Feelings Story Time. My favorite book about children expressing anger.

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### **(NS) Brea M says**

Rachel Vail's Sometimes I'm Bombaloo is an excellent book for children ages 3-7. Vail gets right inside a kid's psyche, and Heo's inventive artwork catches the kaleidoscope of emotions found there in a book that is both realistic and funny. Katie Honors is a self-proclaimed good kid who follows house rules and, most of the time, restrains herself from fighting with her brother. But sometimes she can't hold her anger in: she's "bombaloo." She bares her teeth and stamps her feet. Her brother doesn't fare well. She's sent to her room until she can control her temper; but with true honesty, Katie remarks that when she's bombaloo, she's not sorry: "I'm angry. I hate everybody and everything." She's so angry that she flings the clothes out of her drawers, her underpants land on her head, she laughs, and "when I laugh I'm Katie Honors again." Vail captures the intensity of emotion that children (and many adults) feel when they are angry, and then distills it with laughter. Heo uses lots of stripes and splotches of color to match Katie's emotions, and her pictures are best when focusing on Katie's face. With simple lines Heo shows not only Katie's anger but also her remorse and her fear of being out of control.

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### **Kathryn says**

I wasn't sure if I would like this at first, but it turned out to be very sweet and a thoughtful story and a good platform to discuss the venting of feelings of anger and frustration with children. Besides, the little girl's name is Katie, and I remember all too well being Bombaloo myself sometimes! ;-> (Probably my husband would say I still am on occasion, haha!)

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### **Katy McCormac says**

In story format, this book can be used to explore feelings and that they can be named but don't have to stay with us.

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### **SaraKat says**

Super cute story about the temper tantrums that children (and adults) go through sometimes. I read this book because it was on my school's pillars of character list under responsibility. It teaches children that even if they lose control and have a tantrum, there is always forgiveness and love from the family when they apologize and make amends. The art is cool and the story is very true to life.

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### **Audra Dyar says**

I enjoyed reading this book, not only was it a good book but the illustration was wonderful. The illustration is eye catching, colorful, and very engaging. As a young adult I enjoyed reading the book simply because it is a cute book; therefore, I know that children of any age would love it too. This book would also be a great

book to use in the classroom, especially if the teacher is having discipline problems with children. This book portrays a child who gets angry and goes "bombaloo" and then has to face the consequences. This book had a good moral story of facing consequences if you are mean to other children or adults. I feel that students in a classroom could learn a lot about behavior simply from the book. As an individual in society I highly recommend this book because it is a sweet and funny book, also, as a future teacher I recommend this book because it has a useful lesson behind it and is a book children would enjoy.

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### **Kristen Luppino says**

I love this book. This book I've probably read 30 times this year. It's great for talking to kids about their strong upset feeling, especially kids with more intense behaviors. And the illustrations are fantastic!

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### **Rachel Feather says**

"But when I'm Bombaloo I don't want to think about it! I want to smash stuff!" This is my favorite line in the book. Every time I read this book, I love getting to that line and hitting the table or my leg or the chair I'm sitting in. I used this book to read aloud to my kindergarten class. It is great as a read aloud for young children. They stay engaged with the short sentences and bright pictures. The topic of the story leads to some wonderful conversations about being angry. Children relate to Katie when she's angry and her unwillingness to "take some time and think about it." We all get angry. Things happen that we can't change and they make us mad. We may throw fits, but eventually, we need to come out of it and make up.

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### **Demetri Broxton-Santiago says**

I love reading this book out loud to kids. It's awesome! I forget the little girl's name, but she's a sweetheart, until something makes her upset and she becomes "Bombaloo"!!! It's like a little kid version of the Incredible Hulk.... no not really, but that would be a funny way to look at it. This book gives a name and character sketch to that other raging person hiding inside all of us whom we'd all like to keep hidden until someone does us wrong. Bombaloo is that other persona that wants to kick people in the throat, pull their hair out, and raise Cain. We're all Bombaloo's sometimes....hopefully only in moderation.

This is a really fun and insightful children's story.

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### **Cole Williams says**

About those days, you know the ones

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### **Samantha Hanhart says**

I chose this book as my read aloud book because it had lots of "mood" shifts. It would go back and forth between her calming down and her being angry so it was a good practice in shifting my voice during a story

which I can struggle with. This was a good book but I wasn't crazy about it. I prefer When Sophie Gets Angry- Really, Really Angry as it tells a similar story but I think in a better way.

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### **Kelly Workman says**

I read this book for the first time recently, and it made me laugh. Bombaloo is what the little girl in the story calls herself when she throws a tantrum. I think it is very easy for young readers to relate to. It justifies their feelings but also shows them that throwing tantrums is not a good thing to do. The pictures really add to the text, as well, by clarifying the tantrum Bombaloo is throwing.

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