



Burn Out

Ruthi Kight

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Pyromaniac. Murderer. Burn out.

Ten years ago Delia's life went up in smoke. Literally. After a decade of hiding, she is forced back into the world. With only her wits to guide her, she must now figure out how to live in a town that knows her only as a murderer. Her family is gone. The people all fear her. She has nothing holding her in Sunny Shores...until she meets Liam. He's heard the stories. He knows he should stay away from her, but he's drawn to her like a moth to a flame.

Life seems to be looking up for them...until her past comes back like a bitch slap to the face.

Burn Out Details

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Author : Ruthi Kight

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From Reader Review Burn Out for online ebook

Breanna Eichhorn says

Delia Adair has been in Sunny Shores Rehabilitation for the past 10 years. She has been having nightmares again from when her parents died. She has been attending therapy with Dr. Jenkins. She threatens Delia with knowing that she still has her nightmares and that she will eventually be off her meds. When Delia leaves she will have no place to go. After she is let out of the Rehabilitation she meets Liam. She was surprised that he didn't run like the other girl did. Liam makes a total ass out of himself. Delia gets hungry so she decides to go get something to eat. She gets kicked out of restaurants for what she did. So she went to the beach and played in the ocean and layed in the sand for so long, that when she got up the sand started to burn her feet. She sees a pier where she is going to end up sleeping tonight. She decided to try one more place to see if they would feed her. When she went into the diner Liam was there. So she ate with him. When she was done she headed to the pier to get some sleep. Liam followed her to the pier and started yelling for her. She ran she twisted her ankle. Liam takes her to his home to put ice on her ankle. Liam figures out that she is that Delia. So Delia asks Liam why he is in Sunny Shores he lies at first and then Delia calls bullshit. So Liam tells her why he is really in Sunny Shores. If you want to know more you have to get the book. I loved this book, its a book that I will read over and over.

Lauren (Northern Plunder) says

This review was first posted on Northern Plunder, if you want to see more reviews please click [here](#).

I was fortunate enough to receive a copy of Burn Out for part of a book tour hosted by Girls Heart Books Tours, this will in no way effect my opinion on the book!

Surprisingly it was the cover that drew me into this book when I saw it needed more hosts (update: truly sorry for being a terrible one and missing my day!). I say surprisingly because I really do not like the colour pink and try my hardest to steer clear from it. However it works great in this cover and really pulled me in.

After reading the synopsis I was sold. I had questions and needed to know how and why a known murderer was forced to return to their old life.

I absolutely love that this book is not what it seems.

Burn Out introduces us to Delia during her last session with her therapist, and her last night in the mental asylum she has been locked away in for the last ten years.

A little different to what I expected from the synopsis but it was a nice surprise.

Delia leaves her prison, and returns to the only place she knows. Home. Sunny Shores.

Upon arriving she meets this drop dead gorgeous guy, Liam, who doesn't seem to care who she is or what she is supposed to have done. (The excerpt below is part of the scene where they first meet)

Liam welcomes her into his home after a day of somewhat getting to know each other, and the sparks between the continue to fly.

But this isn't what the story is about. Nope.

Its main focus is about Delia as she adjusts to this new life, the freedom, the lack of medication and trust from the town around her. But luckily she lands herself a job at the Surf shop and starts to piece herself back together.

Including some memories from that night long ago, memories she thought she wanted to keep buried with guilt. But is that so? Is there more she has forgotten about that night.

The chemistry between Liam and Delia continues throughout and I really like the growth of their not-quite relationship.

However they do have a tricky patch pretty early on about Liam's friend with benefits girl he has round and whilst he and Delia weren't exactly an item it was a bit of an odd thing to do and didn't really make sense, but this was pretty much the only flaw the book had for me.

But was it the only flaw Liam had? Maybe, hehe.

Maybe not.

As Delia comes closer to solving the puzzle that left her in a psych ward for ten years, things get tough and she has to face some demons from her past.

Do not expect a happily ever after though and whilst some have griped about this and been upset, I was actually really pleased with the ending and it seemed right to me.

Overall I really enjoyed this book, and so far since moving to this new city, its the only book I've managed to get through. Kudos to you Ruthi.

Heather andrews says

LOVED this book! I so better be getting it in paperback that's how much I love it. Delia is a saucy lil' thang, "why the hell would you think that? Do I have 'criminal' tattooed on my forehead now?" Liam, sweet baby jesus take me now! That boy is OH MY GOD! "well, I've got a couch that is just screaming for companionship. It has been a very lonely summer in this house and I'm tired of hearing it bi*** about the lack of butt cheeks gracing it's presence. So, if you wanted to...I was thinking you could stay here for awhile. until you got on your feet, that is." You know there was a scene that kind of made me think Liam was a dog, I guess I just don't understand men, "how can we sit here, doing this," I gestured between us, "when you were just wrapped around another chick?" Yes I wondered the same thing he should have at lease used mouthwash and taken a shower before kissing her! Delia she's all gutsy during this whole situation though, "no, this isn't going to work. Not just no, but hell no. Who knows what kind of venereal diseases are hitching a ride on your banana boat!" You go girl you tell him so shove his boat somewhere else and not up your river! But I really do love when Delia and Liam are playful together it's cute and gets me hot and bothered at the same time so I'm kinda thinking I'm a perv but that's totally okay, "unless you plan to please, don't effing

tease." I've already talking to Ruthi about the ending and since she's keeping it the way it is I'm demanding another book I didn't like how it ended, it felt like their story isn't completed.

ZARIA (Sheldon Cooper lover) says

[the hero "almost" cheated, the h walked in on him in mid smexy time with the "other woman. Okey so both of them were not officially dating at that time, but they ware so into each other all along and and she was living with him, so from my prospective he could have been a little more discreet and keep it in his pants (hide spoiler)]

C.L. says

I have a love/hate relationship with reviews... I WANT to gush and say what I have to say about the book, but who honestly reads the 5 star reviews anyway? They want to read the ones that are NOT overly excited and such that point out every tiny detail or issue they had with a book. Well, I just can't do that because here I am, leaving a very-well deserved 5 star review for Ruthi Kight's newest masterpiece and all I truly can say is "F***KING WOW!". Holy smexiness, Batman! No matter WHAT else I say, it would spoil and I refuse to do that, but if you want a book that will make you ache, then laugh, then cry, then get furious, and ache some more, gush a little, swoon, and then look over your shoulder to see if anyone is watching this barrage of emotions, then this is your next read! I loved every.single.page. of this book and just could not put it down. I truly started it 3 hours ago and am finished already because I chewed through this book like a starving man on a T-bone or a "Big Titty Barbie" (depending on his hungry issue ;) lol) Ha! Book reference FTW!.

Truly, Ruthi never ceases to amaze me with her imagination, scenery, characters, and self. She is an amazing writer and this book proves she is doing what she was made to do - WRITE HER FACE OFF! Way to go, Ruthi. I'm ready for the next one... whatever it is!!

P.S. "Do not molest the Monopoly Man" ;)

Amy says

This book was fantastic! The story was original and the characters are very real. Delia is not all sugar and spice and everything nice. She also isn't a superficial snob. She's a smart-ass, she's crude, she's funny. I related more to the character of Delia than I have ever related to a character before. She speaks my language...as in she sounds like someone I would be best friends with. Normally the guy is the most memorable character from a book for me, not this one though. While I love Liam and he matches Delia's snarky attitude, my heart belongs to Delia on this one! One of my favorite lines is 'Damn him and his chocolate. Well...maybe just him.' This book has action, romance, humor, drama, and lots of smexy moments! I bookmarked so many pages with my favorite lines or quotes that it would have been easier to bookmark the pages that didn't have my favorites on them! The ending of the book is unconventional and at first I was not sure how I felt about it. When you reach the end, take a deep breath and read the Note from the Author at the end of the book!! The author explains why she chose the ending she did and it makes perfect sense. I can say, without a doubt, this is my favorite book this year!

Jessy says

This amazing author has done it again! *applause* I feel like I'm the luckiest person alive when I've finished a real good book! Thanks to Author Ruthi Kight for making me feel lucky!

The author has written perfectly balanced characters! I love that Delia is sassy and has a little spit fire mouth on her but at the same time she has a soft side and you can't help but fall in love! Sometimes I plain out laughed out loud! In all the seriousness of this book there was humor brought into it at just the right moments! Loved it! See I'm telling you perfectly balanced!

Then we have Liam! Wowzees! Ummmm...HAWT! There's a particular scene that will make the ladies squirm in their seats! Yummy! He's full of secrets just like Delia though and these two together is like fireworks exploding in your face! Seriously their attraction is amazing! I wanted to jump in a few times too! * wink wink* lol Those scenes were sensual and seductive! Well done!

What will Delia have to do to settle her inner turmoil of what she's had to deal with? What will Liam do when he's faced with unearthed secrets? You don't want to miss the little mystery twist she's thrown in there too! Took me by surprise and gave me even more love for the author! When a book surprises me I'm all in! Author Ruthi Kight has shown that she can definitely write variety and I'm a fan! I give this book my thumbs up!

Missy Goodsell says

As Delia pushed open the doors she was met by a heady mix of emotions consisting of fear and freedom. She had spent the last ten years locked up in the Sunny Shores Rehabilitation Center after being labeled a Pyromaniac and accused of setting the fire that killed her parents. The nightmares and panic attacks were still coming and she was trying to make sense of them and trying to get them under control. Now she had nobody and nowhere to go, she was given a small stipend and a prescription of medications to last a short while but that is it. She would have to figure out what to do next. She boarded the shuttle bus from the center and was going to be dropped off at the local bus station which wasn't too far away. Once there she wanted to sit and think about what she needed to do but there was a couple of people sitting on the bench, as she walked up and made eye contact with the girl, she took off like a shot so Delia sat down hoping the young man who was still sitting there would do the same. But after a few minutes he hadn't made a move to leave, he just sat there reading his book. She kept looking him over, he was dressed in black jeans & a t-shirt and there were a couple of tattoos sticking out reminding her of a typical bad boy. After a few minutes he looked up at her and spoke to her saying "Careful, it's too soon to fall for me". That was going to be the beginning of a on and off again very sexually and electrically charged friendship. The town shunned her and refused to even allow her to eat in their local McDonalds. Her first night out she hadn't found any help so she huddled under the pier on the beach where she had always felt at home. Then she heard someone coming so she tried to huddle into a smaller ball afraid it was the police but then she thought she heard a familiar voice. She was scared so she took off running until she twisted her ankle and fell. Then she realized it was him, Liam, the boy from earlier. He asked her why she ran and told her it was too dangerous for her to be out there all night and that he had followed her because he thought he had seen her go under the pier. He helped her to his car and told her he had a couch and that she could stay there until she got on her feet. She didn't have any other options at that point so she agreed to go to his house. The next day she went to buy a bathing suit to go swimming in the ocean because she had always loved it as a child. When she got to the surf shop and went inside this really scurvy guy gave her a hard time and the shop owner fired the man and he sold her the bathing suit with

a huge discount which ended up making it free. She was not shunned there for the past so she ended up working there and became good friends with the owner Mike. Then along came Governor Willis into her life and he started making comments about her and her parents about different things which made her very uncomfortable. Something wasn't adding up with him and she was going to get to the bottom of it and that she did !!

I enjoyed this book quite a bit, its short, it flowed smoothly right along and I didn't want to stop reading, I do wish it would have gone on and I was bummed at first by the ending BUT then I read the editors note about the ending & it made sense to me why she did it the way she did & I loved it. It showed there are people who will stand up for others without judgement. This book was awesome !!! I'd definitely give it a 5

Tammy Hall says

Talk about spinning your world like a top and then throwing in a flaming ball of fire and that's what you get from Burn Out. This story is so hot I can still hear the sizzle. As I read this story it felt like I had walked through a wall of flames and came out a an awesome glowing of red. Getting to know the characters in Burn Out was quite an experience all on it's own. Delia is one flaming hot chili pepper who's world has been burned in more ways then one. She walks through her days being known as a pyromaniac murderer wondering way she stays in Sunny Shores as there is nothing for her there anymore it had all went up in flames so long ago. Ready to leave thinking it's time to move on until... Liam. Liam knows all the stories about Delia and yet there is something about her that makes his blood boil and his skin sizzle from the very thought of her. They embark on a path together entering a journey that could change both their lives until Delia's past stands up and throws a wall of fire at her like she has never known before. Delia's not the only one with secrets and a past that haunts her Liam has a few of his own that could destroy everything they have. This story was so much more than I expected it to be the mystery and the HOT sexy scenes were enough to make blush a time or two. Burn out is one spicy story that had more than just your typical romance I enjoyed every element that this story held. Ruthi Kight can write my bed time stories for the rest of my life and I would love her for it. I am so looking forward to reading more for Ruthi Kight!

Anny hernandez says

*** I receive an ARC copy of this book for an honest review ***

I'm so glad that I got to read this book it was amazing and I end up loving it.

This book was refreshing, I did not know what to expect when I started reading it. At first I kept asking myself what am I reading, because I couldn't put the book down I read it in one day. I love the characters and how everything play out in this story. Love it how this story make you think that the characters are going a little crazy, when is totally the other way around.

I love the character of Delia, ten years ago she when through a horrible experience that cost her to hide, now Delia have to go back to the world that she did not know anymore, and now she have to figure out how to live in the town that no one wants to know nothing about her, and are afraid of her, her family is gone, so she is all by herself in the world. I love her attitude, love it how she doesn't give a rat ass about what the people in town think of her. Love it how she held her head up high after her being through so much, and how she is trying to put her life back on tracks.

Love the character of Liam now what can I say about him, Liam has heard the story heard the rumors and know that he should stay away. but he doesn't I love how he start to care for Delia, and how he wants to be there for her no matter what anybody say, he also has his own deamonds that he needs to deal with. I love his attitude and the way he always trying to seduce Delia and how charming he is.

Can't say more because I don't want spoil the book. But I love how this story has its mystery and how every time I though I had the book figure out, it just through me a curve ball and it twist everything around. I love a book that has its twist I really enjoy this book and I recommend that you get to read it and love it as much as I did.

I want to thank Author Ruthi Kight for introducing me to this great story and this awesome characters can't wait to read more of her books.

Petra Gleason says

This review contains spoilers!

There are way to many unanswered questions in this one to give it a 3 star. It started out really strong and I liked Liam, even though you find out he was hired to get to know her. But, here are some of the glaring ones? Why does the Dr. at the facility hate her as much as she does? Did Delia's mother sleep with her husband? Just and evil bitch? What?... And lets not forget that the Dr. works at a state facility, there are programs to help someone who has literally NO practical experience with dealing with the outside world. Use them! Liam has a whole strained relationship with his parents... why? What happened? They keep him from Delia? How, he's a grown ass man! Why was Mike killed? A warning? If it was a warning... or they were getting to close, why not kill all of them? What actually happened when her family died? You never actually find out. Her near death experience has her father telling her that her future is with Liam and she has to go back, but the author says that Liam and Delia don't get a happy ending, because it wouldn't be real. Really? What about the Lion King moment you just gave Delia? Does that smack as real? I have no problem with unresolved story lines in a book as long as there are follow up books to resolve them, but this one is a stand alone and left me questioning way to much to score it higher.

Pauline Creeden says

3.5 Stars. Delia is quite an interesting character. The book begins with her in a mental institution. She plays chicken with her therapist...and everyone else who is authority above her. She swears like a sailor...actually, no - she would make a sailor blush in a swearing contest.

And then there's the fact that she runs around like a chihuahua in heat. Constantly. Although she swears she's a virgin. But she is one, messed-up piece of work. She's strongly independent to the point of being hard-headed and her love interest has his own baggage as well. There is no knight in shining armor in this story, and Delia isn't the most gentile of southern belles.

Overall, I felt that the excessive swearing was way overdone - as if for shock value. The sex scenes were also surprising, but not necessarily in a good way. More like an ewwww...gross kind of way for me. But then I am an admitted reader of clean fiction and this one is far from clean. Afterward, I needed a shower. Of

course, when I picked up this book, I knew I what I was getting into...sort of. It is clearly labeled as New Adult. But I guess I just hope for too much when I hope for sex to be a product of love instead of lust. *sigh* And my weigh in on the ending? (There's much debate on goodreads over this, and the author even included a note to justify her end.) I agree that the book ended appropriately for the characters involved.

This book won't be for all, but some will surely enjoy the angst, lust, and mystery.

Echo says

I received an ARC in exchange for an honest review.

Incredibly awesome writing that had me laughing almost nonstop. The storyline was original and kept me interested throughout and while it did have a few things that I didn't particularly love, it didn't stop me from really liking this book. Delia, the MC, is really the shining character for me, it was awesome being in her head and Liam, her love interest, is pure YUM.

After 10 years of living in what Delia refers to as "the wacky shack" she is finally released and on her first day back in town she meets the absolutely delicious Liam. From the very moment they meet, the chemistry between them sparked, the dialogue between them is off the charts hilarious and laden with sexual tension. I loved this relationship, it was fun while having a bit of angst to it.

Delia, was completely and utterly likable. I love the way she sees the world, her swearing had me grinning and her reactions to everything around her was awesome. A diagnosed pyromaniac, she deals with a lot of 'crazy' and I really connected with her and found her relatable because of it. Hands down, one of my favorite MC's.

Liam was delish. This man, excuse me while I swoon for a second. . .okay, sorry, I'm back :) I liked him a lot, when he seemingly takes Delia on and becomes, I don't know, I want to say her friend, but. . . well he becomes something for her when she has no one and I like him because of it. With a past that is kept secret and never completely explored, he has his own skeletons in the closet but I like how he is and how he is with Delia rocks. Plus, there is this one scene that had me dropping my jaw with how sexy it was - you'll see when you get to it, it's kinda freaking awesome.

Over all, my only complaint about Burn Out is that I felt that the ending was to rushed and I really would have loved for the story to have taken longer to get me from point a to point b. But even with that complaint I really, really liked this book. I will give out this one warning though, the ending may piss you off, I personally didn't have a problem with it but it does end in a way that die hard romantics that love a perfectly perfect HEA probably won't like. That being said, if you are looking for your next New Adult or you just like your MC's to be full of fire and pure awesomeness then this definitely a book worth reading.

Originally posted on Me, Myself & Books Blog
<http://memyselfandbooksblog.blogspot.com>

Sue Ellen Robertson says

The main character Delia has been in an institute for the past ten years due to an incident she claims she did not do. On her release day she meets gorgeous Liam. They immediately clicked and started talking; but when they open up about each other it kind of broke my heart a little. Two people who have secrets of their own find each other, think about the little adventure that you will find when you open up this book. I loved Delia from the beginning, she didn't sugar coat anything especially what she thought or said. I love a book with twists and the author throws you a twist in this which set me back and I had to go and re-read it just to make sure I read it correctly (definitely was not a bad thing to re-read it just wanted to make sure I was actually not having mind games being played) lol.

What choices do you think Delia and Liam will do and how far will they go to find out the truth behind their secrets? I am letting you know this book is well worth the read and you will not regret what the author has done with it. I have read other books by Ms. Kight and she truly shows that she has the ability to write various stories and each have their own finds within.

Although I enjoyed the book I didn't want it to end the way it did but the author did what was best for the characters which in my books is what makes it worth, and I do hope that there may be another book to this one. Keep your pitchforks and everything out of sight you will understand as I did on why the ending ended the way it did. I would like to know of what Delia's next adventures will be.

I encourage you to read this book and find out about the secrets, lies, tragedy and how one girl grows stronger by it and learns to move on. Thank you to the Author for bringing another great novel to us!

Ikelia 'Bookoholic Anom' Francis says

This was a nice refreshing story and a nice break from all the erotica books that I have been reading lately (which I love that genre). What Ruthi Kight did with this story was simply great! Nothing of what I expected it to be and I love that. I always love to find out within the pages of a story that is it not what I thought it would be about and it doesn't end how I think it should. Just one of the reasons why I like to read so much.

“...in stepped the good doctor, her smug smile firmly in place. Would she still be so smug if I were to let my fists loose upon her face?”

Here we have the main character Delia who is coming out of rehab center for being a pyromaniac and setting her house on fire as a child, which ended tragically. After spending half her life within the walls of the center she is finally being released. She should be happy right? Hmmmm not exactly since she is being put out of the facility with just a bag of belongings, \$100 to her name and a bus ticket to get the hell out of Sunny Shores. While she is happy to be ride of that place she doesn't know exactly how she is going to survive on her own. Being in a facility like that for half your life and not being taught how to take care of yourself or learn anything of real value can be scary for anyone. Especially for someone who the whole town has shunned you and you and can't even go into a food establishment to get a quick meal before you starve to death. Well Delia, is much stronger than you might give her credit for. She doesn't take shit, she doesn't whine and complain, she does what she has to do. Growing up the way she did, it is inevitable for her to be any other way. Yea she has her moments where she doesn't think she will make it, but that doesn't stop her

for trying.

“Guys like him knew they were walking fuck-me advertisements.”

“Careful. It’s a little too soon to fall for me.”

Her first night out of the center she meets a handsomely, attractive young man by the name of Liam. She actually tends to run into him on more than one occasion and he is setting her hormones on constant overdrive every time she thinks of his sexy smile and dripping with sex body. Eventually Liam decides to give her a hand and allow her to crash on his couch for as long as she needs. It doesn't take a scientist to know that the sexually tension between the two of them is on fire. At first they try and deny it, but slowly the walls start coming down, but one or the other will do something to mess up the moment and then they are back at an awkward stage. Delia seems to slowly be able to trust Liam, but she really has no choice because he is the only one that isn't judging her and constantly reminding her of what she did when she was a young girl. He genuinely wants to help her. The chemistry between them whether it is sexual or friendly is undeniable. They get along so well, but at the same time one of them are harboring secrets that could destroy whatever relationship they have.

“This time it was straight sleep. Do not pass Go. Do not molest the Monopoly Man.”

The storyline of the Burn Out is fresh and new and that is what I liked most about it. Mainly focused on the importance of the story and less about the sex, but that doesn't mean there isn't any hot sex scenes in the book because you would be wrong there are and not full sex scenes either, but still put your body on fire.

“His ass, in those jeans, was insane! Did guys in real life actually have bodies like that? Especially ones that kept their noses in books?”

Liam is one of those people that you don't run into anymore that is really a great guy with a great heart that only really wants to help however he can. He also loved to read and always had his nose in a book. Can we say swoon! Nothing sexier than a man that loves to read and is very intelligent, plus he is such a sweetheart, yet he can still be a douche bag. Let's be honest even the nicest guys can still be a “douchebag canoe.” There is just one thing that really bothers me when it comes to Liam though, we find out some information on Liam, but I don't feel like it is enough information. We find out why and how he ended up in Sunny shores and that it is because of his family, but it never goes into detail about him. I know that the book is mainly based around Delia, but I feel like Liam was an important part of her life that we should have received more background information on Liam and his demons. I think this would also explain why he took up a certain job with no questions asked.

“Then how ‘bout this? I want to come with you. I want to spend time with you.”

While things seem to be going as well as can be expected for Delia, suddenly we find out that the events that took place-involving Delia and that one faithful night might not have entirely played out the way she remembered. There is someone else that was there that knows more to the story, but is willing to kill again to keep it a hidden secret. With this tidbit of information Delia starts digging and she has Liam and her boss Mike to help her. However, it doesn't take long after they starting planning for things to take a turn for the worse.

Sometimes there are more than two sides to every story. That is the message I take from this whole story. Not everything you hear on the news, radio, and by word of mouth is always the correct story. Thinking like that can ruin people's lives for no good reason.

“Never feel that you have to hide how good I make you feel.”

I will tell you there are no cliffhangers in this story for those of you that hate cliffhangers, but it will leave you maybe wanting more, or questioning as to why it had to end the way it did. It will leave some of you content and satisfied, and for others (like myself) it will feel like a cliff hanger or that something is missing and you need more information. Still a really great story and I would definitely recommend it.
