



Exhale

Laxmi Hariharan

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EXHALE, A Many Lives - Ascendants short story

Synopsis:

Sofia must mate with Kris and birth a race superior to humans, but she cannot accept her fate. Can she create her own destiny?

About *Many Lives - Ascendants* series:

The *Ascendants* series is a follow up to the *Many Lives series*. It's about a species called Ascendants and their race to survive by mating with humans. Ascendants are highly evolved psychic beings who need to re-integrate the weaknesses of the human race in order to bring balance and propagate their own species. *Exhale* is an inspiration for this series.

Exhale Details

Date :

ISBN :

Author : Laxmi Hariharan

Format : ebook 40 pages

Genre : Fantasy, Paranormal, Novella

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From Reader Review Exhale for online ebook

Dianne says

Would you feel prepared to hear you are the vessel to birth a race far superior to humans? Sofia is overwhelmed, unnerved and unsure of what to do. Does she believe in the fate that has been chosen for her? Is she strong enough to either embrace her future in a bear hug or to walk away, shutting the door on what could have been? It's all or nothing, but with each choice comes a price...

Laxmi Hariharan's **EXHALE** is a very brief, yet intense story of one troubled young woman's journey as she sidesteps her destiny in hopes of gaining the power to decide her own fate. Short, filled with turmoil of the most raw kind. Two souls will be forever changed by Sofia's actions...

For Reviews & More: <http://tometender.blogspot.com>

Jennifer Goins says

JUST got done reading the book called Exhale (Manny Lives Standalone/ Spinoff) by the author Laxmi Hariharan I was given this book for my honest review this is a new author to me. I have to say that at first I couldn't seem to get into reading this book for starter the print in the book is kinda small so it was harder for me to read. Once I got use to reading the print in the book I was able to read this book and have to say it wasn't all that bad. Even know this author is new to me I can't wait to read more from this author you can find more about this author by signing up to her newsletter.

Kelshei says

First, the disclaimer: this is a novella that does not tell a complete story. I have not read any of the other novels in the Many Lives series, but I understand that this is a prequel novella. As a result, it is assumed that the reader knows what happens next in the action and, as someone who has not read the novel(s) for which this is a prequel, I was left a little disappointed. However, the writing is good and I found the story very interesting, regardless of the fact that I only had part of the action. This is a story of destiny and what happens when you fight your destiny. Sofia had very definite plans for herself and her future, and those plans were threatened when her grandmother told Sofia about Sofia's destiny. However, in novels of this type, one always runs into trouble when one scoffs at, and ignores, one's destiny, and that happens to Sofia. I am very interested in finding out what happens next and I did truly enjoy the world that the author has created.

Reviewed by HR Duby for Romance Authors that Rock

Quirkyreader says

Another wonderful short story by a new and upcoming writer Laxmi Hariharan. If you knew what your fate was would you follow it or run away?

Ruby McDemon says

I'm all for people finding their own way and doing their own thing, but why fight destiny when it feels so right? If your destiny is to make things better and it feels amazing even if it wasn't in your original plan I'm all for diving in head first and finding myself in a new way. Not really happy with some people's decisions in this story even though it does follow the common theme in this series of people not getting to live for very long.

Zoe says

I was given this book by Laxmi and want to leave an honest review.

Omg where to start....

I loved this book, it pulls you into it wanting to know more.

You can imagine Fia (Sofia) being thrown this curve ball and not knowing if her grandmother (also called Sofia) is senile or telling her the truth, but how can she be, nothing ever happens like this. How can she not have known this about her grandmother, not even suspected.

She feels drawn to Bombay and meets Kris who has been expecting her or a Sofia maybe her grandmother, she wants answers but can't stay fighting the pull she feels to him. She has to get away and the best or easiest way is to pretend it never happened right?

I didn't know what to expect when I started reading this book but as you read you try to put yourself in Fia's shoes how would you feel. I can't see myself believing any of it myself either. It was written brilliantly and I was willing her to take Kris on and see where it went, or tell Kris to be gentle with her while she tried to work it all out and not to rush things.

The storyline was perfect and Fia was believable with her reactions to it all.

She wanted a normal life but will it ever be that again? Will she eventually realise her body was pre-set for this whatever this was and there was nothing she could do to stop it, or would she eventually run far enough to forget about it and lead another life rather than follow her destiny.... just make her own.

It had some great twists and it kept me on the edge from when I picked it up. Laxmi has a way of pulling you into a book memorizing you with the words as they twist around pulling you and your imagination into the book, I couldn't put it down once I picked it up and read it in a day. I can't wait for the next book to see where it leads.

I'd recommend it to anyone that likes a paranormal fantasy book. It's able to be read as a stand alone but follows on from the Many Lives Series another I would recommend reading because it's a great series.

Allie Arana says

Short novella giving the reader of the series some background information for the Kris and Tara story in the

book titled Claimed of the Many Lives series. Exhale provides details regarding Kris and his reluctance to fall in love again. It was difficult to understand why he rejected Tara so much to the point that it even seems like he held a grudge, which he does but not against Tara. In Exhale, Kris reveals why losing someone he loved marked him to the point in which he doesn't want to love again. Also, Sofia also known as Fia, is the woman Kris is destined to fall in love. However Fia allows her fear to dictate her actions and sets Kris on a path where he lives with guilt and is broken to the point in which he never wants to love again.

Sophie Koufes says

This novella is a very brief, yet intense story about one troubled young woman's journey as she sidesteps her destiny in hopes of gaining the power to decide her own fate. A short story brimming with turmoil. Two souls will be forever changed by Sofia's actions... A brief glimpse into the background of Kris in Claimed in the Many Lives Series. In order to best understand this story you should read the other books in this series.

Jennifer says

So, having not read any of the novels in the Many Lives Stories this short story landed as kind of odd. I assume many lives implies some sort of incarnation?

In this book the main character, Sofia, is told she has a golden womb and supposed to breed a child that will advance the human race with a sort of angel. Seems interesting. They meet and have a metaphysical connection that allows them to read each other thoughts and feelings. Interesting. The angel, Kris, seems wonderful.

But Sofia cannot accept this concept, so commits suicide to see if she really has personal choice in this? Really? I see Kris gets his own book, book 4. I liked him enough to want to read his book, but I don't know that I could read the other three first as this is an example of how the main characters deal with the concept of destiny. Maybe the author is saying you have many lives to get it right but I don't know that's comforting.

Coco.V says

? FREE on Amazon today (11/24/2017)! ?

Ana says

Be Your Own.....

I like the way this author portrays this very different approach of the ever submissive female....Usually in other books I've read the woman may not accept an attraction and her destiny at first, but accepts it soon after, Not Sophia, no she turns around and goes after the goals she always intended for herself until her eyes are opened to the reality of life years later and that what she thought she wanted is not that, but is what she was destined for.

This prequel has made me hungry for knowledge, knowledge of what is to be. I'm on my way to purchase Claimed and learn what Sophia and Kris get up to when they finally come together after 3 years.

Whitney says

I have been provided with a copy of Exhale by the author for an impartial review. I really enjoyed this short story it was super easy to read and it left me wanting more. This short story is a standalone story in the Ascendants/Many Lives series and can be read in any order without too much confusion. I can't wait to read more of this series.

Tiblu says

What was this ?

Sofia is sooo selfish.... Ok, get wanting to choose her own life and her own destiny but she just seems to reject everything out of hand and Kris just let's her,....

She doesn't really try to understand, yes ok, it all a bit crazy and seems beyond far fetched but she doesn't even try...

Soo she runs off to live her life "her way", not everything goes according to plans, and yet when she sees Kris again, she's brimming over w/bitterness and resentment towards a man she barely knows ,spent less than a day with him last time they met,yet acts like she has every reason the world to hate and resent him and SPOILER ALERT ?

She very SELFISHLY kills herself,I'm sorry for the spoiler, but I've battled depression most of my life,while ppl have said suicide is the Ultimate act of selfishness,yet all I've ever seen it as was a way to stop the pain.... Soo to say this ticked (not the word I want to use,but afraid I won't be published if I use what I want) me off is putting lightly!!!

Fia here is just being a spoiled and very very selfish beyotch !!!

If Kris was a bad guy or tried to hurt her or force her that might have been one thing,hell all things considered ? He was too nice really...

Long story short, a 22 year old woman gets told by her grandmother she is supposed to help birth a new race and bring an incredible new change in the humans on earth, she isn't interested or even curious or intrigued by the idea..... No, all she can think of is what about me, what about what I want,after her grandmother dies and she has to believe the truth of her words she seeks out the man who should be her mate, she doesn't really let him explain but she doesn't really want to listen,then 3 years later after living on her own terms and is still unhappy, Kris shows up while she is drowning her sorrows, and she again doesn't give him a chance and again he lets her walk away, only this time it's permanent...

I'm sorry but I don't have a clue how this incredibly selfish beyotch and this weak man are supposed to make me want to read anything else ?

Selfish is weak not strong, wanting to end your suffering is one thing but that is not what this was...

Sorry I know I've made my point but this really really hurt my feelings and ticked me off!

Stephanie says

I am hoping there is a HEA coming for Kris. Maybe Sofia won't be so selfish in the next book. Clearly she was selfish and had no clue what anyone else would think or feel!! ARRGHH!!

But my frustrations aside.... I love that it wasn't a "by the book HEA" I loved that it left me hanging. I definitely have to say it had a surprise ending for sure!

Topsues says

Exhale is a story about a girl running away from her destiny. The story is short but makes you realise that not everything that is set in your life should be true, you can have a choice. I won't spoil things and tell you what decision the character made. I could see the places in my mind and feel the emotions of the characters, which I believe is the sign of a good book. I recommend that you take the time to transport yourself away for a while
