



Healing Is Voltage: The Handbook

Jerry L. Tennant

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Every cell in the body is designed to run at -20 to -25 millivolts. To heal, we must make new cells. To make a new cell requires -50 millivolts. Chronic disease occurs when voltage drops below -20 and/or you cannot achieve -50 millivolts to make new cells. Thus chronic disease is always defined by having low voltage. This book tells you how to measure your voltage in each organ, how to correct it, and how to determine why your voltage dropped enough to allow you to get sick.

Healing Is Voltage: The Handbook Details

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Claudia says

FIVE big stars for sure...this is the kind of health info I've been yearning far too long to read. A big Bravo! to Dr Tennant for all of his suffering, researching, and discoveries and for compiling all of his great info into a 500 page book chuck-full of info the whole world needs to be aware of in order to truly LIVE!

This book is one I'll read and study for most of my life.

Marjan says

This is one confused book. It feels like three books mixed together (not just put together, but actually randomly mixed). On one hand there are many interesting and really remarkable ideas, on the other it desperately needs good editing to put those ideas in proper order and shape, which looks like it has been made by a schoolboy.

Joe says

Presents the interesting idea that adjusting voltage in our body can create healing.

Belann says

Although the book was very interesting, there was not much for the average person to take away, other than the thyroid is a big factor in creating voltage in the body. If you bought the Tennant biomodulator at \$2,750, then the information might be more usable. Nevertheless, it is important to know that in order for new cells to be made you must have a voltage of 50 millivolts. If you are low on voltage, you are declining rather than rebuilding. He does suggest some practical ways to increase energy/voltage such as sunshine, and walking in the grass.

Herman J says

A new paradigm for healing. Kudos to Jerry Tennant. Very well researched and explodes many truths as really myths or without foundation. A call for a return to pure science, not statistics. Don't just treat the symptom, treat the underlying cause of disease

Jessica says

I made it to page 227 and stopped when I scanned through the remainder of the book and realized how many pages were advertising the author's ridiculously expensive products. He spends much of the book trying to sell you his special little plastic device that costs \$2,750! Major red flag.

This book has some helpful morsels on general health, but that's not unique. As someone who studies a lot about health, I didn't learn anything new but some information was reinforced. I was frustrated that the author either grossly oversimplified things or explained them in ways that no lay person could understand. I feel like you would need to a background in physics or electrical engineering to know whether his information on those topics is valid. Not to mention, some things he claims are just completely untrue. For instance, he claims that tea is bad for your health with no explanation as to why - then later in the book he suggests cleansing your liver by drinking tea and his special essential oil blends.

Overall, I'm disappointed.

Anita says

The information is invaluable for preventing and treating cancer and it goes hand in hand with information found in The Body Electric. At times though it is difficult to follow the authors thoughts and the editing is horrible.
