



Staying Close: Stopping the Natural Drift Toward Isolation in Marriage

Dennis Rainey

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Countless married couples end up living alone – in the same house. Over twenty-eight years of conducting "Weekend to Remember" conferences have convinced Dennis and Barbara Rainey that isolation is the number-one problem in marriages today. But they believe it's possible to overcome "marital drift" and experience the miracle of oneness. This book provides a positive, workable strategy for keeping your marriage vital and intimate. Included are proven principles and hands-on exercises to help you:

- understand the personal and cultural forces that isolate you from your spouse
- manage your schedules, workloads, roles, and responsibilities without losing sight of each other
- allow for (and enjoy) individual differences while maintaining unity
- build an atmosphere of cooperation by meeting each other more than halfway
- "affair-proof" your relationship (or heal it after the fact)
- grow closer during hard times instead of letting your troubles pull you apart
- create a "safe" atmosphere for transparent communication
- discover the secrets of a mutually rewarding sex life
- leave a legacy of love and unity to your family and friends

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Michael Bruemmer says

Great book

It was easy to read and left me wanting to participate in the Homebuilders series. Thanks for making it fun.

Mark says

Really enjoyed this book. They are such down to earth people and really relate to everyone. Familylife is one of the best marriage helpers out there. If you have a chance to go to one of their seminars or listen to them, I would highly recommend it.

Pwilliams115 says

Excellent book for new couples, marriedd or not, on how to gain a better understanding of your mate. Loved it!
