



THE SECRET * TO TRUE * HAPPINESS

Enjoy Today, Embrace Tomorrow



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The Secret to True Happiness: Enjoy Today, Embrace Tomorrow

Joyce Meyer

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The Secret to True Happiness: Enjoy Today, Embrace Tomorrow Joyce Meyer

For all the technology, conveniences, and advantages we experience in today's world, many of us struggle just to get through each day. After coming through what seemed like a lifetime of abuse, hardship, and oppression, Joyce Meyer has come to live every day in victory and joy. In her new book, she spreads the word that an exciting, enjoyable life is available to everyone! The breakthrough for Joyce came when she started to look at herself through God's eyes. There, she not only saw the truth about herself and changes she needed to make, but came to know His unconditional love. Joyce has packed this book with biblical principles and practical application revealing secrets she has discovered for living a full and joyful life. After reading this informative and entertaining book, you will be ready to ENJOY TODAY and EMBRACE TOMORROW.

The Secret to True Happiness: Enjoy Today, Embrace Tomorrow Details

Date : Published April 29th 2008 by FaithWords (first published April 17th 2008)

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Author : Joyce Meyer

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Ice says

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There, she not only saw the truth about herself and changes she needed to make, but came to know His unconditional love. Joyce has packed this book with biblical principles and practical application revealing secrets she has discovered for living a full and joyful life. After reading this informative and entertaining book, you will be ready to ENJOY TODAY and EMBRACE TOMORROW.

Sharang Limaye says

A book full of homilies. Not one new idea or thought. And completely offputting for non-believers, but then that comes with the territory. I am sure there are lost souls out there in need of succour who may gain something from Meyer's book. But even they could do a lot better than this. Disappointed.

Franty Ozora says

Menambah semangat hidup sekali!!! :)

Carol Horton says

audio book

Gina says

This book is a good "reminder" to what is important in life. It is an easy-read and gives me "pause" on how I look at some priorities.

Tiffany says

I bought this for encouragement during a struggle awhile back, however it was mainly confirming truths

already revealed by the Heavenly Father to me for years, it is an excellent read and will help in the renewing of your mind.

Shalonda Williams-McClendon says

I own it. Yet to read it.

Sarah says

<http://smallworldreads.blogspot.com/2...>

Cheesy title, I know. I would probably never read a book with this title except that I received this signed copy to review—and I always read review copies. But hopefully the title of Joyce Meyer's newest book will attract readers less persnickety than I, because it is well worth it.

I do not usually read books "like this." I don't read self-help and I rarely read "Christian living" books, unless I'm reading specifically for a Bible study. I so dislike books fluffy best-sellers like The Prayer of Jabez and Don't Sweat the Small Stuff that I have built up an aversion to the genre in general. I've heard great things about Joyce Meyers for years now, but this is my first encounter with her—and I applaud her.

Her approach is straightforward. If you want true happiness, stop whining and start enjoying. Stop comparing yourself to other people, stop being self-focused, stop being so dramatic, and start enjoying your everyday life. The root of unhappiness, she says, is self-centeredness.

When we are self-centered, we expect people around us to exist for our benefit. We think they should work to keep us happy, do what we want, and put us first. And by all means, they should never do anything to irritate us, frustrate us, or inconvenience us. ... The overwhelming majority of the unhappiness, upset, and frustration we feel comes from not having things we want or from having to deal with situations we don't want. When our personal desires are not being met, we fall into discontent—and this is selfish.

This isn't an earth-shattering book. There aren't any magic tricks; it's just good, common sense laid out in a practical way with suggestions for getting over yourself and choosing, each day, to be happy.

Katlyn Webb says

Best shelf help. Ok I've ever read. It felt like she wrote it just for me

Sarah Lowe says

This is wonderful—you choose how happy you are.

Calei Johnson says

Unfortunately, I listened to it on an audio CD where the narrator's voice was rather unique and therefore quite distracting. I feel my rating would have been higher otherwise. :)

Rachel says

The clear cut principals that are given in this book are so simple that the reader may be shocked that they didn't think of it themselves. There are also humorous stories spread throughout the book that are sure to make the reader smile and I appreciate that given the subject matter. I learned to enjoy life one day at a time and to soak it up and savor it.

Zann says

This book touches on many topics, which is something I really like about it. If you want to learn more on a particular topic, you can pick up one of Joyce's other books and focus on just one thing, but for me, this book was great. Some things discussed I already knew, but didn't mind reading about again and reenforcing. Very good book.

Jodie says

I listened to this book on CD, and I did not really enjoy it. I honestly think part of the issue was the reader's voice but I didn't get anything out of the book until the very end. In the last chapter she says "Enjoy the Ordinary". It's not a new concept but it was a good reminder just when I needed it. I just wish I hadn't had to listen to all of the previous chapters to get it.

Diana S says

A Great Read! This is a book I'm definitely going to have to make into a study. By re-reading a chapter each month and slowing taking in all the wonderful steps to happiness. :)
