



## **Discipline Without Shouting or Spanking-Free Chapters: Aggressive Behavior, Behaving Shyly, Fighting Cleanup Routines, Getting Out of Bed at Night, "Hyper" Activity, Lying**

*Jerry L. Wyckoff, Barbara C. Unell*

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Discipline without Shouting or Spanking is a practical guide that shows parents how to manage the most difficult part of parenting. It provides proven methods for handling more than 30 of the most common forms of childhood misbehaviors. Practical solutions lead to practical results! These free chapters will help you get started on a calmer path; Aggressive Behavior, Behaving Shyly, Fighting Cleanup Routines, Getting Out of Bed at Night, "Hyper" Activity, and Lying<br><br>Discipline Without Shouting or Spanking offers effective, practical, nonviolent options for correcting the most common behavior problems of preschoolers. You will learn how to deal with misbehavior including temper tantrums, whining, negativity, sibling rivalry, possessiveness, aggressive behavior, resisting bedtime, playing with food, and many more problems -- without shouting or spanking. The authors' advice will help you be a more effective parent and discipline your child in a loving yet firm way, without damaging self-esteem or natural curiosity about the world. This easy-to-use text has been formatted like a first-aid manual for handling misbehavior. It has already helped over 700,000 parents.

**Discipline Without Shouting or Spanking-Free Chapters: Aggressive Behavior, Behaving Shyly, Fighting Cleanup Routines, Getting Out of Bed at Night, "Hyper" Activity, Lying Details**

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# **From Reader Review Discipline Without Shouting or Spanking-Free Chapters: Aggressive Behavior, Behaving Shyly, Fighting Cleanup Routines, Getting Out of Bed at Night, "Hyper" Activity, Lying for online ebook**

**shelly says**

## **Children**

A few good tips. Most of what it says makes a lot of sense. Some information will be of good use

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**Ashley says**

## **Developmentally appropriate discipline**

Nice ideas for parents of preschool aged children. The real life examples are great, too. I would recommend reading this book.

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**Rojo says**

## **Practical**

Good read with practical advice. The examples at the end of each chapter help drive home the points layed out. I recommend for anyone with small children.

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**Blake says**

## **Lol it was fun**

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**Lawrence says**

FALSE

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**Carrie-Marie arruda says****Loved this book**

it helped me talk and tame my 3 1/2 year old sister.  
I wish I could give it 100,000 stars!!!!

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**Hanah Redman says****Good overview**

Well written and a lot of good points. A little pedantic at times but overall a lot of good tips.

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**Anne says****Informative**

Very informative... Very elaborate examples. I like how structured the contents is. Now it's time to apply it. I believe all that is written. In this book.

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**Michele says**

Not very helpful. Not much new. I did only have part of the book since it was free, but I feel like even what I read was a waste of time.

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**kimberly says****great starter book**

I love that they touched the basics of children habits. I gave it 4 stars I would have like a little more detail on certain habits.

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## **Nate says**

### **Very intriguing book so far**

this doctor provides a strategic way to punish a child without fear, but logic. she seems to know what she's talking about.

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## **Maria Rodas says**

### **Good info**

Author explains why, how and when to correct and apply methods. Also gives examples on each chapter on how you can apply discipline.

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## **Sue says**

The assumption of this book seems to be that most parents are inconsistent and harsh with their children; a sad indictment of Western society. The authors advise staying calm, and addressing issues directly, explaining why corporal punishment and yelling are counter-productive.

I didn't find anything new in this book; indeed, I found the emphasis on 'rules' (albeit flexible) to be a bit coercive, and I thought it a pity that the book did not define the distinction between punishment (revenge), discipline (teaching) and consequences (the natural or logical result of some action).

Nevertheless, there is some sound advice about ways of relating to children and engaging with them - I just hope this will be read by some who genuinely wish to try a more constructive form of parenting.

While the free edition of this book is not very long, it's nicely presented and edited in such a way that it feels complete in itself - it's not just a few pages, but contains about a third of the full text. I would recommend it in a low-key way to any parents feeling caught up in an angry battle with their children; if useful, it might be worth getting hold of the full edition.

Three and a half stars would be fairer.

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## **Sheena says**

### **Great tips parenting toddlers.**

Great tips parenting toddlers. I felt like some of this was good basic review. But I did get some new tips and ideas.

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**Sasha DeYoung says**

**Nice read**

Thanks...was filled with useful information,I can't wait to put these to practice for my kids. Short,sweet and to the point.

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