



## Anatomy Of Illumination

*Kat Lahr*

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## **Anatomy Of Illumination** Kat Lahr

Only for the open-minded. In this collection we studied the insights humanity has and the experiences that get us there. Literary and visual artists from around the world explore moments when something which was not yet known to them is revealed. From the written word to photography, painting, mixed media and more, we dissected revelation and epiphany stories to better understand our human condition.

In this study we found that there is a tremendous amount of insight that humans get from interaction with our fellow human beings and that certain people come in and out of our lives for a reason. We also found that revelations and epiphanies sometimes come quickly and are immediately felt, while others are slow lessons learned from reflection on experiences of our past.

10% of all sales from this issue get donated to the Art For A Cause organization.

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Thought Notebook Journal is based on a true story: humanity's story. The journal is a unique intersection between science and the humanities encouraging deep thinking to understand humanity's thoughts through study and inquiry. In recording into the notebook these real stories of life and the thoughts we generate about them, we get a glimpse into understanding a great deal about ourselves and society, where our conscious has been and the direction its going.

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--Contributors Include--

Jeremy Stensrud, Paula Marie Deubel, Atzin Garcia, Chad Repko, Tobias Oggendorf, Danielle Koch, CLS Ferguson, Rick Blum, Erin Meehan, Mia Halton, Tina Barton, Ann Girarde, Nicole Harkin, Susanne Wawra, Gary Gillespie, Caroline Knickmeier, LaVonne Roberts, Inna Telkova, Steven Jacobson, Joseph D. Reichs, Marianne Lyons, Robert Eric Shoemaker, Eric Carson, Robert Lampros, Alex Steiner, Walter Early, Achraf

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### **Troy Cabida says**

It had been a huge pleasure and eye opener getting to work alongside Kat with this issue. Such stirring stories that contorted, twisted and played around with the theme of illumination that never for one second steered far, always making sure it left readers both entertained and educated about the complexities of life.

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### **Laura says**

I got this journal from goodreads giveaway.

I realy enjoyed reading "Anatomy Of Illumination" . It's intriguing, thought provoking and very well written. I loved illustrations as well. I would love to read other journals in the series.

Overall, It's a very interesting read that I would recommend to anyone that wants to read something both intellectual and entertaining.

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