



Build the Perfect Bug Out Bag: Your 72-Hour Disaster Survival Kit

Creek Stewart

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From Reader Review Build the Perfect Bug Out Bag: Your 72-Hour Disaster Survival Kit for online ebook

Diana Davies says

Very well set out

I like how the book is written out in categories, with advice about various equipment , recommendations, pros and cons , etc.

I also appreciate the consideration that we are not all able to go out and spend thousands . The list of bogs and page at the back and the check list are both fantastic for ongoing propping, always with the reminder that the best equipment is not any use if you don't practice and ran how to use it.

Beau Johnston says

This book is a fantastic start for anyone who wants to be prepared in an emergency situation.

"But I don't live in an area that's likely to be hit by (insert excuse here)". That doesn't matter. You might live in area that experiences natural disasters such as flood, bushfire, earthquakes, tornadoes or cyclones. It doesn't matter what form the emergency takes, you need to do your preparation long before the disaster hits.

It's too late to pack a suitcase and grab some food once a disaster has occurred.

This book isn't advocating that you stock up on weapons and have an apocalypse-proof cabin up in mountains. No, it is basic advice on what you should have packed in a bag, ready to go, so you can escape the disaster and have a few essential supplies with you.

Are any of you parents? To those who answered yes; toward the end of the pregnancy did you have a bag of supplies packed and left in the car, or by the front door, ready to go once it was time?

If you answered yes to the second question too, ask yourself why you don't have a similar plan in place for an unscheduled emergency.

This book isn't the be-all and end-all of disaster preparation. There are many skills you need to learn and master. No, this book doesn't have all the answers; no book does. But it's a good place to start.

Jeff says

Well organized book with valuable information. As the author states at the start of the book, there are very few times that it will be beneficial to evacuate your home. However, some disasters require that staying is simply not safe. Creek completes the book discussing how even the best BOB (bug out bag) is only a fraction of what you need for a successful evacuation. Creek describes skills you can develop and plans to make to have a stressful / dangerous time, become less so.

Kay says

Although it's impossible to anticipate everything, this book provides thoughtful and thorough information with plenty of illustrations and references for further study. I always learn useful things reading or watching Creek Stewart (Fat Guys in the Woods plus plenty of videos on the internet). This book covers Bug Out Bags (to the uninitiated, what to pack in a disaster/emergency when one has to leave home and get to safety-- hopefully within 72 hours-- when conditions are terrible). Not everything covered works for everyone which is why he offers options based on different situations and locations including pets (although he obviously has no idea what to do with cats but who does). There is lots of good advice in this book from important papers to pack and how to keep them safe to more what one would expect--shelter, water purification, shelter, and packing light. This is great information.

Jon(athan) Nakapalau says

A BOB (Bug Out Bag) is filled with everything you will need to survive for 72 hours (the estimated time it will take you to get help during a disaster). This book is the deepest BOB I have ever read - excellent emergency resource for you and your family.

Rye Bailey says

Practical, easy to read, book by Creek. He covers all the essentials, gives varying ranges for price options on certain types/brands of gear, but reminds the reader that knowledge is the best piece of equipment for your BOB. Great resource for a TEOTWAWKI scenario.

Luke says

Probably one of the most important books I've ever read. Everyone should either own a copy or be familiar with the topic. You never know when disaster will strike and do the best thing you can do is to be prepared. This book will help you build a top-notch Bug Out bag.

It's chock-full of helpful links, topics, and exercises, in addition to the primary info about your Bag.

Great read.

John says

This book is a great blue print on setting up a 72 hour Bug out Bag. It details the equipment needed and how to use them along with how to store them in the bag. It also steps further beyond the bag and suggest basic surveil planning in case of some natural or other disasters. I definitely recommend this for anyone looking to

take some proactive safety measures. On a personal note with recent climate changes and uncertainty in the political arena I have chosen to live by the words I rather have one and never need it than need one and never have it. So it's a good idea to have a BOB ready to go in an emergency.

William Parham says

This is definitely one of the best books on the subject. I've read more comprehensive books, but there aren't many so well laid out.

Creek is a well informed educator who's actually done the legwork to be an authority on survival techniques. He also doesn't seem to be a gun-hugging wackjob with a political agenda to push. He also keeps the Jesus stuff to a bare minimum. His faith is obviously important to him, but he gets that his faith might not be your faith (or, lack thereof). A real boon in the genre, which tends to skew heavily towards the political right and bible thumping.

There is much good information given about people with special needs and planning for disaster with them in mind. This book is very much a book about Bugging Out for three days. It isn't a weekend Rambo guide. Creek makes lots of product recommendations that make sense in the real world. It is not a book about gearing up for the long march through the zombie apocalypse. He recommends no long guns, and the first aid section doesn't mention a blow out kit. This is a book designed to help get you started on the path of preparing yourself and loved ones for an almost inevitable disaster such as an earthquake, hurricane, or local disruption.

In a perfect world almost every chapter would have been expanded and discussed further, but in reality there was no real need to. This is meant to be a guide to get someone up to speed from nothing, no matter an individual's skill set or budget. There is even a chapter where Creek builds a bare bones, but serviceable, BOB in one trip to WalMart for \$300.

If there was anything that I thought was really lacking in the book, I would say that it was the omission of any discussion of Ham radio in the Comms section (not that many other books in the genre discuss Ham radio either). In fact, that chapter was the weakest part of the book for me.

Overall a highly recommended intro to the Bug Out Bag, and basic prepping in general.

Scott Joseph says

Creek Stewart advises a common sense approach to putting together basic supplies in the case of disaster. As we live in Tornado prone North Texas we are putting together two backpacks with enough supplies to last a few days. Creek also teaches some valuable skills that will come in handy when I next go camping.

David Gilmore says

Let me start off by saying that this is the first Bug Out/disaster preparedness book I've ever read - so I have nothing else to compare it to at this point. With that said, I took a tremendous amount of information from it.

Creek does a great job of focusing on the items you need to make sure you have with you in the event you need to bug out. The thing I appreciated most was that he did it in a very matter of fact manner and kept some of the apocalyptic tone out of it that you may run into from time to time with survivalists.

EVERYONE needs to think about these things. Forget about the big things we hear like nuclear assault, terrorist attack or the zombie apocalypse. I live in earthquake territory, so that's the thing I am thinking about as I go through this exercise. Everyone - no matter where they live - has some kind of disaster they should have to plan for. I work in an industry that deals with disaster preparedness, and when the fit hits the shan you'll be happy you took the hours you did for planning, preperation and practice. When the disaster hits, you will be so amped up it will be hard to keep your head about you. You'll be happy you took the time prior to develop and practice a plan.

Creek makes it very clear that you should view this book as a set of guidelines and you need to tailor your Bug Out Bag (BOB) for your particular scenario. One of the main differences between Creek situation and mine is he lives in a much more rural area than I do. I'm in one of the largest metropolitan cities in the world. Our challenges are different. But he gives ideas on how to handle my challenges as well, and gives me a lot to think about.

I borrowed this book from my local library, but I'll be buying a copy for when I start putting my BOB together in the next month or so. The back of the book has tables in it that ell you how much of each item you should pack based on your age, skill level, and how many people are bugging out with you.

Highly suggest you give this book a read

Kelly says

Ah, lists. They so appeal to my OCD self. I read this along side another, broader book on how to prepare for the end of the world as we know it, aka TEOTWAWKI.

Good book, but I'm glad I live where and how this doesn't matter to me. I can walk home from work if I have to (though I'd rather not, since it would take all the daylight hours in March.) I live someplace that most folks would be trying to GET TO if TEOTWAWKI occurred.

Katie says

Obviously I'm not an expert - that's why I read this book - so I can't provide an outside verification of the thoroughness of Stewart's advice. Having said that, my perception is that it is very thorough. Stewart lays everything out in an organized manner that makes sense for us noobs. He details several different options, gives his preferred items or recommended gear, and explains why he chose this piece over that piece.

Overall, it gives you an in-depth look, but without overwhelming you with too much information. He cites Occam's Razor - Keep It Simple, Stupid - and that's how he lays it out. Simple is best - the more moving parts you have the harder your system is to maintain and the more likely it is to break down. It was a great book to help you simplify your preconceptions of what a Bug Out Bag should be, while still making sure you're covered in all areas.

Chris Doelle says

Packed with greatness

I expected this book to be a simple, quick read about a a bug out bag. It was so much more. This book is a comprehensive collection of everything you need when putting together your bug our bag as well as how to prepare - how to survive - how to increase your chances of survival and so much more.

Reed says

I absolutely love this book. Creek Stewart has written many books about bugging out, but this one is the first one I have purchased. The sections are very well organized, and the descriptions clear and concise. His lists of equipment are also very well organized, and his recommendations are on-point. Five stars!
