



# What Color Is Your Parachute? Workbook

*Richard Nelson Bolles*

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## **What Color Is Your Parachute? Workbook** Richard Nelson Bolles

A job-hunter's workbook based on the author's acclaimed Parachute tool, known as the Flower Exercise. It includes worksheets that focus on translating personal interests into marketable job skills, while exploring issues such as emotional and spiritual fulfillment in the workplace.

## **What Color Is Your Parachute? Workbook Details**

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# From Reader Review What Color Is Your Parachute? Workbook for online ebook

## Erin says

So, I didn't actually read it... I flipped pages, skimmed here and there. My husband read it though and it is really cool. Whether you are looking for a job or just interested in finding out more about yourself this book will open your eyes. I would recommend it to anyone- it is a great resource!

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## Alexandra says

I found this as a very practical guide on how to look for a job, in an efficient manner. Book mostly useful during economic crisis and not only, it includes points, guidance and also multiple online sites or references on how to apply for a job in US, how to prepare for an interview. But it also points out that you just don't need just to prepare, but be ready, grow your skills and expertise in your domain.

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## Rosa says

I have heard a lot of stories about "What Color Is Your Parachute?" The reputation of this book is pretty good. A very useful book to use, if you have no idea what career is best for you to follow.

This is good to use, if you have gotten laid off your career or if you are unhappy with your current career and want to switch careers.

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## Jessica says

I thought this was an excellent, thought provoking book. Just what I needed! I think it would be an excellent gift choice for a high school or college graduate. I know I will go back to it several times before deciding on a career. There are many steps in the book to refer back to, depending on the stage you are in during your job/career search.

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## Dave says

This is one of those books that you think is hokey on the surface. Well, it isn't.

I had a friend tell me that she first read this book back in high school and that it is a good idea to re-read the new edition of the book each year..

The exercises were valuable, if only because they allowed to realize and understand things about myself and

my goals that I already subconsciously knew, but would express to myself.

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### **Christine says**

the book does offer some helpful tips for the job search process, but i don't remember particularly enjoying this book.

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### **Ian says**

A workbook... life-changing. I recommend completing this BEFORE engaging the other WCIYP books.

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### **Beth Knight says**

It was kind of a pain to complete, but it brought what I want to do, as far as work goes, into focus.

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### **David says**

Working through this workbook takes quite a bit of time, but the effort is worth it The result is a clearer understanding of who you are and where you are heading in life.

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### **Christina says**

All of the work books with grids, charts and exercises inside are a waste of time, imho. Although I do think there is something to the Meyers-Briggs stuff. I have somewhat of a plan now but not with the help of this book, but rather just living and \*doing\* gave me an idea. Much of the exercises are forgettable upon completion, quite frankly. As for jobs, I believe in this economy, it's just enough to get one (and wise) to just reach out to as MANY opportunities as possible and worry about pie-in-the-sky stuff later... that's just my take. Respectable series of books though.

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### **John Nguyen says**

It is called the Bible for job-hunters and is revised every year (yes, I mean every year, since 1970, the latest version is 2013) to keep up with the time.

Not only does it talk about techniques, but also the matter of psychological issue. The whole book is presented under massive useful information that will change your life.

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## **Stacy says**

So, the writing style was amusing, but this book is better for someone who has no clue how to look for a job - the majority of the advice in here was something that I have already read, OR it was something that does not apply to a specific field. I would say that it was a good pep talk, but for me, it wasn't realistic.

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## **Scott Dinsmore says**

Why I Read this Book: After reading What Color Is Your Parachute, I wanted to be sure I did all of the steps necessary to get the clearest view possible of my career direction.

Review:

This is the supplemental workbook to accompany What Color Is Your Parachute 2006 that is discussed here. I say supplemental because it is something that must be purchased separate from the main book. I disagree with this piece being supplemental because the exercises detailed in this workbook are fundamental in getting a solid and clear grasp on what your career path should be. Therefore I believe the two pieces should always be bought, sold, read and completed as one package.

This workbook does a fantastic job of stepping the reader through every part of the Flower Petal Exercise, which is arguably the most beneficial component to the What Color Is Your Parachute school of study. The workbook steps you through a number of activities that allow you to clarify key job-related components that will lead you to "A Picture of the Job of Your Dreams," according to Bolles.

These key components are built off your determined transferable skills. Examples of such skills are teaching other people, speaking to a large group and resolving conflicts. The components that spring from the skills include your ideal geography, interests, people environments, values, working conditions, salary and level of responsibility. There is huge value in getting all of these thoughts down on paper. Not only will you be much clearer about your ideal career, but you will also be much clearer about who you are as a person and what is truly important to you. If you were to get nothing out of these exercises except for clearly defining your values, the workbook would be worth its weight in gold.

Please take this tool seriously. It is something that can be so very powerful when used in its full capacity. I will warn you again as I did with What Color Is Your Parachute. This workbook is not something you will be able to read through and call it a day if you are expecting to get anything of value from it. It will take work. In fact it will take a lot of work. But if you get into it and excited about what you are going to learn about yourself then you will have a great time going through the exercises. Any time you find yourself with the opportunity to learn more about whom you are as an individual, it is fundamental that you seize that opportunity. Never will you regret it. I know I haven't.

Judging by my research and experience in this field, there really is no other resource that offers the type of eye-opening discoveries about yourself and your ideal career as this system Richard Bolles has put together in his book and the accompanying workbook. My recommendation is to buy this workbook at the same time you purchase the most recent copy of What Color Is Your Parachute and complete them both within a week

or two. You will be amazed at the insight that such seemingly elementary exercises can provide. Time to get started.

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### **Connie Conine says**

Ok

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### **Bryce says**

One of the most useful resources to discover what direction my path leads. I would recommend to anyone considering a career change. I formed a workgroup with a couple other people who were changing careers, and shared the results of the exercises, and resources. The chapter on how to get unstuck is psychological gold for when I am feeling overburdened and discouraged. Don't just flip through this one, put the work in to get the best results from the exercises and you may be amazed at the results like I was.

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