



Rainbow HAND Reflexology/ Acupressure Massage Chart

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Full color professional illustrated chart of Hand Reflexology and the related Acupressure points of this ancient healing system. LARGE TYPE, special bright color-coding by CHAKRAS makes easy learning for novices. Includes points massaged for frequently used and valuable purposes, including: Tension/Stress relief, Health, Colds & Sinuses, Arthritis, Addictions, Headaches, Hiccups, Nausea, CHAKRAS, etc. Also illustrates the specific 7 endocrine glands and correlating chakra points in the Hand. This is the only chart specially COLOR CODED BY THE CHAKRAS and 7 endocrine glands for easiest learning. Used by many professional massage and reflexology schools. The special detailed color-coded illustrations make it also easy learning for first-timers. 8.5 x 11 in. 2-sided, Laminated, full color illustrations. See all 12 Charts in the Inner Light Resources Rainbow Charts Series: Search by publisher: Inner Light Resources

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