

The Straight Girl's Guide
to Sleeping with Chicks



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"You can't swing a dead cat at a bridal shower without hitting a straight chick who's slept with another woman, who's thought about it, or who's ready to make the move as soon as someone breaks out the booze."

Such are the incisive pearls of wisdom to be heard from straight chick and girl-on-girl dabbler Jen Sincero, author of *The Straight Girl's Guide to Sleeping with Chicks*. A deliciously sexy how-to guide, it gives curious straight women the complete inside scoop on girl-on-girl action -- from pickup lines and virgin jitters to threesomes, techniques, and toys. Drawing on personal experience and hundreds of interviews with straight girls who've slept with lesbians, straight girls who've slept with straight girls, lesbians who've slept with straight girls, and straight girls who've done both or neither, Sincero covers the A to Z of the experience including:

- **Obtaining a visitor's pass to the girls-only club**
- The super-huge importance of sticking your hand down your pants
- The straight girl's starter kit -- from nail clippers to cocktails to get her in the mood
- "Gettin' Some 101" -- positions, techniques, and instructional photos
- "And Boy Makes Three!" -- how to have a threesome that's fun for all
- Suggestions for further viewing and reading and much, much more

Packed with expertly toned advice that is at once laugh-out-loud hilarious and fundamentally practical, *The Straight Girl's Guide to Sleeping with Chicks* is ideal for any woman looking to spice things up with a boyfriend, break the ice with a best friend, or simply add a few just-in-case items to her sexual menu.

The Straight Girl's Guide to Sleeping with Chicks Details

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Author : Jen Sincero

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From Reader Review The Straight Girl's Guide to Sleeping with Chicks for online ebook

Haleigh Clark says

This is the kind of book that, if it were possible to go back in time, I would give to my 17 year old self, as I patiently and calmly explained to her that there was nothing wrong with her, and that she'd end up married to a devilishly handsome guy anyhow, but everything that she is feeling is valid, normal, and frankly, FUN!

Sincero is fun and sassy. Most refreshing is that there's a certain realness to the playfulness that she uses when discussing girl-on-girl sexuality. I suppose I'm saying that her book comes across as being really authentic, and that's refreshing. She teases out the nuances of our culture, and points a lot of curious (pun definitely intended) gals down avenues that they themselves may have only considered in secret, or really late at night, while drunk, on the Internet. She's very entertaining and you'll definitely find that certain parts will be more dog-eared than others. That's okay, and kinda the point.

She also doesn't leave out the silly and funny details of shacking up with another gal. As has been mentioned, just because you're a woman, doesn't mean that you magically know exactly what all other women necessarily need, or want. Yes, there's an element of a second wave sisterhood in here, where we begin exploring our own bodies, so as to understand just how they work, but I don't think that's entirely a bad thing. We were all born as beautiful, sexual beings, and all Sincero is asking of us is to live up to our birthright by fooling around (drunken or not) with a female friend.

p.s. If you ever want to piss off your Mother-in-law in a way that she won't soon recover from, be sure to leave this one out in plain sight when they visit. :P

Weinz says

It is the time of year where gifts are exchanged between friends of all levels. There are the "we're not close enough for me to spend too much so here is what I got on sale last year" gifts, the "I didn't know you were getting me anything so here is a bottle of lotion" gift, the "your tastes are completely foreign to me so here is a gift card" gift and then the co-worker gifts. The co-worker gifts range from card to actual gifts. At my firm these gifts are normally bottles of wine, cheesy daily calendars no one wants, candles and the rare occurrence of foot cream that I'm still baffled about.

Imagine my delight when I came to work this morning and found that unmistakable rectangle shaped present all wrapped and waiting for me. And yet another surprise when said present was this book. What message shall I take from this gift? From my co-worker well aware of my current relationship status and lack thereof. It troubles the mind and makes me question the gun coffee mug filled with corn dog chap stick I got him.

Alice Urchin says

When I picked this book out, I actually thought it was going to have more about how gender roles work in lesbian relationships, how flirting with women might be different from flirting with men, coming out advice,

dating tips, etc., but I was completely wrong. This is a sex book, and let's be honest, any girl who picks this book up—much less follows the graphic advice written within—is almost certainly NOT 100% straight. The title of this book is way off; it should really be called The Inexperienced Girl's Guide to Lesbian Sex. That being said, it's a pretty in-depth guide for pleasing a woman sexually without the use of a penis (which, in my opinion, is not a major loss). There are parts of this book that EVERYONE would benefit from reading—especially straight men. She covers all kinds of variations on tons of different sex acts and even has a whole chapter on the pros, cons and different uses of all sorts of sex today. The descriptions are graphic but usually sort of funny. The narrator's sassy, irreverent voice was mostly humorous but I sometimes found it to be annoying. She uses a lot of ridiculous slang words for vagina and masturbation that are hard to take seriously, but I guess the theme of the book is that sex should be fun and not taken too seriously. The author prefaces the book by pointing out that she doesn't agree with the gay/straight binary but that she feels the need to use "gay" vs. "straight" for lack of better terms, which made me feel a bit better about some of the language and reasoning that I didn't agree with in the book, but it still bothered me that she kept saying "straight." It also bothered me a little that she didn't encourage "straight" women who are having lesbian fantasies and enjoying acting on them to reexamine their sexual identities, but perhaps that would be a different book...

Belinda says

This book dives deeply into waters unbeknownst to most of us, of different sexual orientations. This book also contradicts what I just said - It is also for the curious and the doubtful. It inspires you to embrace your sexuality and make the most out of the bodies we have and the people we share it with.

The author pens her own experiences along with brief accounts by others whom she surveyed for the book, and supplies some humorous yet helpful examples of Barbie in positions with girls along with other diagrams, etc; She encompasses both fact and experiences and appeals to a wide demographic. Those curious, those experimenting, those who are straight, those who are gay, those who are bisexual, those who are looking for a giggle and those who think it'll make a great centerpiece on the coffee table at their next cocktail party.

Erin Koski says

This was a very cute and funny book. I really enjoyed the pictures using barbie dolls as examples. I almost wanted to buy this book and leave it lying around for my husband to read, to give him some good ideas about what else girls like. Some of the ideas about getting girls drunk to improve your chances seem sort of lame to me, but I read this for humor anyway so take it at that.

April says

I have read this book cover to cover multiple times (that is a complete lie . . . but I've read the "good parts" dozens of times). The author is absolutely hysterical about a subject that could otherwise be just downright creepy for straight girls. She presents some incredibly insightful and easy to follow "instructions" to anyone who is thinking about "going there" but afraid they won't have the faintest idea what to do once they get there.

Be honest with yourself. You wouldn't be reading this review if you weren't curious. Trust me when I say that whether you are newly gay, bi-curious, or a confident hetero who just wants to see what the big deal is about a little girl on girl action, this is \$20 very well spent. You'll be entertained, grossed out in parts, and may well find a couple of well worn "go to" pages that you re-visit when no one is looking.

Enjoy. I did and it changed my life and perception of the girl/girl relationship forever.

Rebecca says

This book felt oddly biphobic and misogynistic for a book about literal same sex acts for ladies.

Cara says

I got this book because I was curious about whether my body is typical or if there's something weird about it, to be brutally honest. A how-to manual for having sex with chicks is maybe a roundabout way of finding that out, now that I think about it, but whatever. I don't always think things through all the way, but my policy is: when in doubt, read the book. Learning is always valuable.

Given what I wanted to get out of it, some chapters were not that interesting. It probably sounds like I protest too much considering that I picked this book up, but I really have no interest in sleeping with chicks. I even took the author's 10-question quiz (and got a 1). So all the stuff about how to score with a chick was interesting from an anthropological standpoint but not really what I was looking for.

So, what did I find? I have two observations.

1) Reading about sex positions is hard work, trying to imagine who is where and how, and trying to picture how these things are supposed to be happening without someone getting carpal tunnel or something. (The book did have a few helpful Barbie-on-Barbie illustrations, but they were far from comprehensive.)

It seems like someone's wrist would be hopelessly crushed in most of the scenarios described, or they just wouldn't be able to reach. It was kind of like a words-only kama sutra, except here it's improbably long arms that seem to be required. Or maybe my arms are unusually short? New area for body neurosis?

It was surprisingly un-hot reading.

2) Most of the techniques described sounded like exactly the stuff I find unpleasantly twangy or too intense. So maybe everyone else really does like that stuff and I'm just weird? But it's hard to say, given that it's a book.

But the happy end result is that I don't care any more. I certainly don't feel feel any *more* normal as a result of reading this, which I hadn't realized was my goal, but what does it matter anyway? I like what I like. What other chicks like isn't really my problem. (Unless I change my mind and start sleeping with them, of course.)

Lala says

Someone suggested I read this book and I was like, "What, is my game off?" This book was kind of sad and foolish. But it's funny, because I think a lot of women do 80% of the advice given but licking another chick's kitty is like the deal breaker or something.

Lisa says

Totally offensive. Could be called "The Insensitive and Internalized-Homophobia-Plagued Girl's Guide to Treating the People She Sleeps with Badly."

Ahavah says

I see that some reviewers take issue with the title/approach and feel that this book supports homophobia. I've given that some thought, but I tend to think that it is more geared towards women like myself who have only had straight experiences and are curious about female sexuality. The book tries to encourage women to let go of stigma attached to their genitals and their sexuality and embrace a whole buffet of sexual experiences. Things might be for you, it might not, and that's okay. That goes for sleeping with women, anal, whatever. I personally think it's a decent book for the curious, and it lets people label themselves. Since it normalizes female love affairs and lesbian sex, I don't feel that it's too homophobic.

Sincero's humor is a bit try-hard for me, and I'd call it 'aggravating' more than 'sassy', but that's a matter of personal taste. I'm not sure I really dug the Barbie doll sex position pictures – I prefer drawn pics – but some folks might find them helpful for visualizing. I did learn quite a lot. It's at least given me new ideas of things to try with myself or in my erotica writing, whether I ever get to explore lady love or not. It has one of the best resource appendices that I've seen, and I'm glad I bought the book for that alone. It lists books, websites, movies, porn, and sex shops, but the author also talks a little about each one and lets you know what they're like. That's going to be invaluable for me. I'd probably call this more 3.5 stars from me, but I have to round lower rather than higher compared to some of the other books on sexuality that I've been reading lately.

Sarah says

I followed all the tips and suggestions in this book and now I'm a lesbian. No longer a straight girl, I believe this is a one-time-use book. =/

Aerie says

The Straight Girl's Guide to Sleeping With Chicks by Jen Sincero is, as you might guess, a book for women about how to have sex with other women.

From the title and the girly pink cover design, I must admit was initially a little skeptical whether this would turn out to be a quality book. However, my appreciation for the book grew once the author explained in the introduction that her ideal title for the book would be "*A Guide for Women Who Usually Have Sexual Relationships with Men and Who Would Now Like to Explore Sexual Relationships and/or Brief Encounters with Women.*" In this introduction, the author talks about problems with labels such as "straight", the fluidity of sexual orientation, and explains everything in a very open and sex-positive way. I appreciated how she never makes statements such as "If you do/like *that* then that means you are *this*."

This book is written in a casual manner, as if you were listening to advice from a close female friend. Although on occasion this writing style comes across as somewhat unprofessional, overall it makes the book easy and fun to read.

A good chunk of the book is tips and techniques for having sex with a woman, including fingering, oral sex, anal play, strap-on harnesses, safer sex solutions, and so on. Although not everything is specific to sex between *two* vulva-owners, there is a good chunk of information you won't find in a typical cis-centric sex book. At the same time, this book definitely isn't written for lesbians who are clear and confident in their sexual orientation. Although *The Straight Girl's Guide* caters to a very specific audience, it addresses its audience very well.

I particularly enjoyed the amusing images, in which naked Barbies with Sharpie'd tattoos are getting it on (complete with tiny strap-ons!), as well as the little anecdotes scattered throughout the book. The author offers some good tips on how to meet other women, although I felt that too many of her suggestions involved going to a lesbian bar and/or just drinking alcohol until you magically feel comfortable. For those who are only interested in girl sex advice to have FFM threesomes, an entire chapter is devoted to negotiating these successfully.

Of course, as a sex toy review blogger, my brain went into High Alert Mode whenever I came across mention of sex toys. When it comes to toy materials, this book's nine-year-old information needs a serious update. The author recommends jelly toys, which are toxic, porous, and can cause chemical burns *inside of your vagina*. And since putting a condom on a jelly toy won't necessarily protect you from Chernobyl-in-your-Pants, any modern tome of sex information should only recommend toys made from body-safe materials and reputable brands.

Overall, I really enjoyed *The Straight Girl's Guide to Sleeping with Chicks*, and would recommend this book to any woman who is interested in exploring sexual relationships with other women.

Check out the whole review on my blog!

Carvedwood says

At first, I found the humor in this book to be a little too broad, a little too sassy-chick-with-an-attitude, while I usually prefer a more sharp, biting sense of humor. Then I realized that any hint of sarcasm would have been detrimental; a lot of straight or bicurious chicks are already primed to be afraid of the topic, but the author's attitude screams "I'm not afraid and you shouldn't be, either!" There is definitely no sense of

mockery in this book, which very quickly put me at ease and allowed me to enjoy the author's voice as well as process the information.

And there is a *lot* of information. I found it much more informative, in fact, than any of the lesbian how-to books I've read so far. Part of it, I think, is that it was written specifically for chicks like myself: straight, but curious (for one reason or another) about what it's like to have sex with another woman. It's difficult to wade through a lesbian how-to book - there's a very limited empathy, or even none at all, to help. Straight chicks don't automatically understand lesbians just because we have the same body parts. This book bridges that gap by demystifying the subject in ways that straight chicks can relate to.

Another part is that Jen Sincero doesn't fade-to-black. She doesn't assume you already know how a woman's body works just because you're a woman, so she's very graphic about the details of what women can get up to together. That's very helpful. For a woman who's only been with men, sex with women is rather like building a pre-fab bookshelf. You've seen the picture of the finished product, you know how to put books on the shelves, but actually assembling all the pieces is too overwhelming to contemplate. To continue the analogy, this book is like finding the assembly directions. Sincero gives you a list of the tools that come with the kit, and tells you step-by-step how to use them to build your lovely furniture without stripping the screws, breaking any panels, or abandoning the project in a fit of inadequacy.

It's funny, engaging, and informative, and definitely a better bet for straight chicks than any amount of lesbian sex books.

Angélica says

Hard fucking pass. This "you-go-giiiiirl", shallow "sex posi" trashfire of a book is incredibly misogynistic, bigoted, lesbophobic, biphobic, etc.
