



God Wears Lipstick: Kabbalah for Women

Karen Berg

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For millennia, the spiritual science known as Kabbalah has not only been skewed towards men and their issues, but women have literally been forbidden to study it — and in many cases, still are. Now, Karen Berg, co-director of The Kabbalah Centre, the largest international organization devoted to teaching and promoting Kabbalah wisdom, breaks this barrier. *God Wears Lipstick* contains the tools for women to dramatically increase their sense of fulfillment, passion, communication, and understanding of life. The author covers such subjects as what it means to be a woman, the meaning of life and love, transforming potential, attracting the perfect mate, and how to create a better sex life. The book is structured around Kabbalistic "tools" — the Sharing Tool, the Conflict Tool, the Effort Tool — which makes its ancient lessons intelligible and inspiring to modern readers.

God Wears Lipstick: Kabbalah for Women Details

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Author : Karen Berg

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From Reader Review God Wears Lipstick: Kabbalah for Women for online ebook

Ginny Hanson says

Every woman should read this. I've never felt more at peace with my femininity and role as a woman- in my current family, future family, or career family.

Paulette Ortiz says

Una introducción muy simple que sirve para saber si continuar con el estudio de la Kabbalah o no.

Indira Pino says

La Espiritualidad consiste en aceptar que toda la razón de ser de nuestra existencia está en Compartir.

"Estás en este mundo para aprender. Por lo tanto comienza por aprender a disfrutar del proceso".

Dipa says

In some ways it reminds me a little of Eat, Pray, Love. Karen Berg has written this book in a simple way, so if you're not someone who reads a lot, you'll find this book easy to understand and digest. It's an interesting read and makes you think about ordinary everyday situations in a different way, even if you're not particularly spiritual. All in all, it's not my favourite book in the world, but gave me a few new ideas to chew on.

Astraia says

This book actually turned me off to Kabbalah. This reminds you that Kabbala is an ancient practice and retains its misogyny.

Tiare says

Enfocada al público femenino, la autora introduce ideas básicas de Kabbalah para luego centrarse en su aplicación cotidiana.

El libro está compuesto de capítulos breves, escritos en forma clara, amena y directa. Soy bastante ignorante de la Kabbalah, pero al menos en cuanto a la interpretación Berg, me parece interesante en algunos aspectos,

mientras que en otros difiero absolutamente de lo planteado por la autora. Sin perjuicio de ello, el libro consiguió despertar mi curiosidad por conocer más de la Kabbalah, lo que resulta su aporte más valioso.

Elizabeth Olsen says

I usually don't like books about religion, but this one really interested me from the beginning. It wasn't abstract, she teaches you in a way that really makes sense in real life. I bought the book honestly for the title. I wanted to read about religion, any religion that doesn't think of women as evil or less than. I didn't know that women were forbidden to study Kaballah, and that this book wasn't so much pro woman as it was simply wise. I think I learned from it, I understood it and it helped me look at different aspects of life in a new more constructive way without boring me.

Misti says

Fantastic book. Thought provoking and powerful for women!

Danielle says

Was a fast read. Wouldn't recommend it to someone if s/he is going to scrutinize the author as many have here (on Goodreads). However, if you are willing to understand that Berg wanted many people to grasp the basics of ancient teachings, you'll do just fine with the book. My relatives are religious, Orthodox Jewish people and have studied Kabbalah. I like Berg's perspective because it makes sense to me that in today's global economy to market knowledge, not hide it away. People want knowledge and she did a great job at explaining it for the masses.

Liss Mon says

I love all this book! It help me to love more to be a woman and discover all the skills and purpose on this life. Invite me to read more about Kabbalah and practice it. It has a lot of information to open more the own concience. Is easy to read and understand and helps to works on the spiritual life.

Karina Taboelle says

Una opción sencilla para entender la Kabblah desde la misión y visión de la mujer.

Barrystein says

Like Yehuda Berg's book, this work is well-organized and precise as it presents important basics of kabbalah (i.e., the mystical part of Judaism) for female Millennials.

This book, along with other means (e.g., music bands like "Kabbalah Cowboy" <https://soundcloud.com/user-472120778>...) is hopefully moving Kabbalah more into the mainstream. Recommended.

Alysia Poochay says

What is the author trying to say? What important issues is the author bringing up?(Considering themes, ideas that come up over and over throughout the book)

- The author kept bringing up the understandings of relationships, how people who enter into our lives have differences and how we need to learn how to accept them. I think this was a tool I definitely needed to learn because now I am becoming more mature in my nature life.

What techniques did the author use to make their point?(Humor, sympathy toward the characters or situations, dramatic events)

- The author had many different tones in the novel, I believe she carried the caring sympathy of when it came to the hard situation for information that people needed to know. All through the book the author was very detailed and inspirational.

Did the author reach their intended audience?

- Yes the novel recommended all women of many ages to give inspiring knowledge to carry on throughout our daily lives.

Is writing effective in getting across the author's ideas?

- Of course, I find writing very effective and recommending of our personal ideas to give everyone an understanding.

What was the authors purpose?

- To give those who are struggling in situations that need general ideas on having a positive outcome.

What are the strengths and weaknesses of the book?

- I think the authors weakness was when she was explaining about grief and loss, the chapter was only a page long, and did not have a big detailed idea.

What is your overall reaction to the book? Did you find it interesting, moving, dull?

- I definitely loved this book, I found this book very useful to me and while I needed advice on how to move forward from my weak situations I was dealing with. This book saved my social life and saved my personality from becoming a negative thinker, this book really gave me the ambition to reevaluate my thoughts. I highly recommend this book to the young and old audience readers I find this book uplifting.

Adriana Lema says

Me gustó mucho las herramientas kabbalísticas, sigo sintiéndolo un poco machista para mi gusto.

Fácil y rápido de leer.

Deja más cosas positivas que negativas

Traci says

Spirituality is about accepting that our whole reason for being is to share. It is about being able to see what's wrong with ourselves, accepting the idea that we can change, and then showing a willingness to actually transform ourselves.

We die for one of two reasons -- either we've achieved what we were supposed to accomplish spiritually in this lifetime, and we're clear, clean, and corrected. Or, we die because there's no way we're going to achieve the correction in this lifetime.

If you keep finding yourself in the same drama -- you have not yet learned a certain lesson that life is presenting you.

Learn to make choices in your life that have the effect of clearing rather than clouding your vision.

Learn to become proactive instead of reactive.

Learn to be a sharer rather than a receiver-for-the-self-alone.

Learn to practice restriction.

The desire to receive for the self alone is the root of all evil. Spending too much time concentrating on yourself -- the gravitational pull of "me, me, me" -- is the seed of all problems. When you worry about yourself, the Creator can't come in. There is no room, because someone is already there looking after you. (you)

It is your greatest challenges that bring the greatest gifts. If you approach your difficulties from the perspective of a victim, then you will experience little if any growth.

Allow others to be themselves in all your relationships. Focus on yourself and take responsibility for what's happening with you.

Recognize why your partner behaves as he/she does in your relationship. Identify what this brings up FOR YOU and start working on it IN YOU.

People are sent into the world with different tasks that are as specific to them as their fingerprints. He gives us specific challenges to work with so that we can transform our nature.

If you find it difficult to tolerate someone -- remember that you are no different than they are. You also have much to correct. This is the path your soul has chosen.

You need someone who is on your wavelength, so that you can love him for who and what he is, not for who you hope he'll become.

Tikune -- the part of ourselves that we need to correct in this lifetime. Your tikune is everything you do when you follow the path of least resistance, as this path is usually made up of self-centered bad habits. One sure sign that you are coming up against your tikune is the feeling of emotional discomfort. All the people and situations in your life that truly bother you are merely participants in your process of correction. Everything you consider a problem is really an opportunity the Light has sent you.

You keep attracting the same type of problem in your life because there is something in YOU that needs to change.

People have every kind of excuse for the bad state of their lives, but the truth of the matter is that a soul is put into a situation that provides the ideal conditions for it to do its job, whatever that may be. When we take full responsibility for ourselves, we become aligned with cosmic forces that are intent on helping us grow.
