



HEIDI PRIEBE

How You'll Do Everything Based On Your Personality Type

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So you know your four-letter personality type. You know what some of your strengths and weaknesses are. You know which career you ought to pursue and which situations you shine in.

But now it's time to explore everything the research won't tell you.

In this entertaining collection, Heidi Priebe, author of The Comprehensive ENFP Survival Guide and prominent writer of all things Myers-Briggs, explains how you'll grow up, hook up, break up and everything else in between, based on your personality type.

How You'll Do Everything Based On Your Personality Type Details

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From Reader Review How You'll Do Everything Based On Your Personality Type for online ebook

Jara says

Very fun, fast read! Eerily insightful. The language is too spicy for me in some descriptions, which keeps it from receiving 5 stars. I recommend it for MBTI beginners and people with a sense of humor. If you're interested in using MBTI for personal or interpersonal growth, then check out "Godly Personalities: Growing Spiritually in Your Created Personality Type" by Roger Deemer, especially if you're Christian.

Aneil says

Outstanding, spot-on, insightful, and hilarious guide to Type.

As a big fan of the MBTI, I think this is the best unofficial guide to how this personality theory shapes our perspective, ways we process information, where we get our energy, and how we order our lives I've read to date. It will be my unofficial handbook I'll be sharing with all my students and clients.

Grace Kim says

I love reading about personality types and have read several books and information about INFPs and ISFPs (I tend to have mixtures of both types). There are a few things I've come to realize from reading these books. First, although the descriptions may ring true to you and you really feel like the author is describing you, don't limit yourself to the words on those pages. Particularly when it comes to weaknesses or flaws of your personality type, we could use our personality type as an excuse. Second, you will not fit 100% into the mold of your personality type. This book really draws on the stereotypes of each personality type to determine how each type will act/react in certain situations. Stereotypes are just guidelines to help understand the general entity of a group of people, but when you start dealing with individuals, you will likely find that they may sometimes fit the stereotypes, while other times, they may stray far, far from them.

I enjoyed reading this book. It was very entertaining, and I would think of my friends who were certain personality types, read those descriptions, and see if they would do things that way. The problem was that I found that in many instances, when I read about my personality type, the descriptions didn't seem to match me at all. Our personalities can be influenced by core values, nurture factors, religious/faith-based worldview, and many other elements in our lives. So as entertaining and fun as this book was, I caution others to take the information in this book with a grain of salt.

Aditya I.P. says

Things you'd easily find on tumblr and thought catalog.

Erica says

Fun, fast read. Great to read with friends/family. Clarified my type for me really nicely--had thought I was INTJ for a long time, but now it looks like I trend toward INFJ.

Cláudia says

Interesting, fun read.

Susan says

A quick primer on MBTI followed by essentially the silly lists that have been posted on Thought Catalogue over time. The intro being wholly useless for those with advanced knowledge in the subject and the lists don't lend themselves well to the audio format. Again, the book would be better to scan through them to read the one's relevant to you. I don't know any ESTPs or ISFPs... also it can be a bit tedious and again the lists are better taken in short bits here and there not continuously for my entire 40 minute commute! I still love you though, Heidi, and happy to have spent my \$1.99 on the audio :)

2/7/18: Since I also have the ebook I may continue with that format instead...

Lauren says

I am a sucker for Meyers-Briggs Type Indicator posts. So, when I stumbled upon Heidi Priebe's articles on Thought Catalog, I pretty much fell in love.

See, I'm an INFP. Which means 98% of the time, I feel misunderstood and that nobody "gets me". When I read an article that nails how I am when I'm thriving, what exhausts me, and what kind of employee I am, well, I feel this sense of *finally* being understood (and if you don't know your MBTI, I recommend checking out 16personalities.com)

When I saw Priebe's new book, *How You'll Do Everything Based On Your Personality Type*, I was like...shit yes. I need this in my life. And it was \$0.00 in the Kindle store, so DOUBLE SCORE.

I read it in an evening, giggling over the different chapters and how I do things based on my type (and the people I'm with the most often and how they do things). Some were a tad off, but hey, you can't fit everyone in one of sixteen boxes. It was a quick, easy, enjoyable read.

4/5 on Goodreads because I love the information. I'm glad I didn't sink money into it, though, because all (or most) of the chapters can be found on Thought Catalog.

Emy says

well :/ i have no idea what to say/comment.

I am interested in psychology, personality types and stuff like that (that's why i picked up that book), it was interesting and new for me to "read" about more than just the typical "personality types", i even managed to find which one i am (or i thought so, i'm not sure if i'm an INTJ or an ISTJ)
but i don't know why i feel like something was missing :(

Laura says

Such a fun read

It gives an insight to each personality to help understand and help each other. I would recommend this book to anyone interested in Meyers Briggs

Jose Vallejo says

It was a fun read, but not much of a read either. Not much content for a single MBTI type but it goes over all of the types. Most of these things can be found online.

katherine campbell says

Insightful

As a ENFJ\INFJ partnered to a INTP THIS WAS very revealing and spot on to us and our relationship. Easy to read and discuss . Might be a great next read for book club! Thanks!

Brittany Porter says

I love this

This book is so fun & true! My friend and I sat here reading it and laughing at the accuracy this book has all afternoon. A+. 10/10. Would recommend.

Shantoria says

Pretty accurate

I'm an INFJ and found this to be entertaining. For the most part it was very accurate when explaining my

thought process and I could relate to a lot of the chapters. But when it talked about who I was in high school or what my heaven would be like etc, the book kept making me seem like a brainiac and that's definitely not me. I don't care about straight A's and I'm not trying to be a goody-goody.

Mariah says

Quick, fun read. It's light hearted take on MBTI gives you a little insight and makes you laugh in the process. Not to be taken too seriously, Heidi Priebe pinpoints general traits of the personality types that can relate to almost anyone who falls under that particular umbrella. It's slightly reminiscent of those teen magazine personality tests.
