



Sh*tty Mom: The Parenting Guide for the Rest of Us

Laurie Kilmartin , Karen Moline , Alicia Ybarbo , Mary Ann Zoellner

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*Sh*tty Mom* is the ultimate parenting guide, written by four moms who have seen it all. As hilarious as it is universal, each chapter presents a common parenting scenario with advice on how to get through it in the easiest and most efficient way possible. With chapters such as “How to Sleep Until 9 A.M. Every Weekend” and “When Seeing an Infant Triggers a Mental Illness That Makes You Want to Have Another Baby,” as well as a Sh*tty Mom quiz, this is a must-have, laugh-out-loud funny book for the sh*tty parent in all of us.

Praise for *Sh*tty Mom*:

“A totally hilarious and uncensored look at some of the impossible situations we mothers find ourselves in.”
—TheBump.com

“Smartly, brashly, nearly criminally funny. It also—no small thing—carries a powerful message to all parents, but especially moms, that distilled to its essence is this: chill.” —Time.com

“As the attachment parenting craze has hit a zenith in American culture, four very funny moms—comedy writers, TV producers, and a novelist—blast open a long-locked safe filled with frustrations faced by all modern mothers, with sympathetic and sharp humor. . . . The authors’ unfiltered candor is a welcome reminder for readers that they’re not alone. . . .” —*Publishers Weekly* starred review

“Both funny and practical.” —Brooklyn Based.net

“Hilariously entertaining. A must-read survivor’s guide for every mother!”
—Christy Turlington Burns, founder of Every Mother Counts

“Finally, *Sh*tty Mom* does for motherhood what Chelsea Handler does for female scatology. It’s a long overdue little burst of honesty from the supposed minority of mothers who are, in fact, not that maternal. . . . After a generation of supermoms one-upping each other in dead earnest on playgrounds and schoolyards, the emerging mass appeal of *Sh*tty Mom* is a welcome relief.” —*The New York Observer*

“Witty, wise, and wicked! With tongue planted firmly in cheek, these savvy moms dispense some much needed comic relief about raising kids in our crazy culture.”?

—Dr. Harvey Karp, bestselling author of *The Happiest Baby on the Block*

“The most inappropriate parenting book I’ve ever read. Loved it. The perfect book for any mother who wants to laugh instead of cry at those cringe-worthy moments and the universal indignities we experience on a daily basis.”

—Jessica Seinfeld, bestselling cookbook author and founder of Baby Buggy

“An antidote to the hostage situation that is modern parenting...subversive, delicious, and spit-out-your-latte funny.”

—Pamela Druckerman, bestselling author of *Bringing Up Bebe*

Sh*tty Mom: The Parenting Guide for the Rest of Us Details

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From Reader Review Sh*tty Mom: The Parenting Guide for the Rest of Us for online ebook

Tricia says

I thought that Shitty Mom was shitty!

Sheila says

This book was Hilarious!!

Hahahahahaha.....

(I am STILL LOL-ing thinking about certain sections.)

I am SUPER proud to say that I raised my 20 year old daughter the “SH*TTY MOM” way!

(This was done out of pure instinct, as there were NO guide book/instructional manual back then!)

I do believe the “Sh*tty Mom” way works, as I am a proud Sh*tty Mom of a healthy, non teenage mother (YES!) with a 3.5 GPA; Structural Engineering major, in her Junior year. Whom I do believe, will put me up in a nice private nursing home, close to her house in the suburbs of Southern Cali, as opposed to the state run one in the downtown area of some nasty azz, cold northern city!

Read this book if you are a new Mom, old Mom, thinking about being a Mom, or EVEN a GrandMom!

You will laugh out loud and do what I did, read excerpts to your (Adult?) children saying, “I did it the Sh*tty Moms way and you all turned out pretty dam good”!

:-D

Kerry says

If nothing else, I know for a fact I'm not a Sh*tty Mum. I understand this book is intended primarily for entertainment purposes, but I'm kind of stunned that other reviewers consider it to be full of good advice.

I'm giving it two stars because it made me feel better about the kind of parent I am and because it was a good reminder that sometimes it is appropriate to lighten up. It's humorous, certainly, but also kind of horrifying.

Debby says

This book isn't nearly as hilarious as it seems to think it is, in my opinion. (Or maybe I'm just a stick in the mud with no sense of humor.) It tries too hard. It does make a few good points, but I just didn't find it all that

funny, and "funny," I think, is the point of this book. Oh well.

Erin says

First, let me clarify that this is a tongue-in-cheek parenting "guide." Some of the other reviewers seem to have missed that aspect. So while it's inappropriate, it's hilariously so, and as a sh*tty mom myself, I loved it. With chapters like "How to Drop Off Your Sick Kid at Daycare Before the Teacher Figures It Out" (if you don't take their temperature, you can't lie about their temperature!), "Worst Children's Book: The Giving Tree vs. Love You Forever" (I think we all know the winner here) and my personal favorite, "Someone Stole Your Baby Name! aka Ballad of the First Aidan Mom," this book had me rolling with the ugly-inhale gasp kind of laughter.

Structured like the many parenting guides out there, each chapter features little callout "tips" and "reminders." This one comes from the chapter, "Ten-Second Rule: Pacifier on the Ground," and states: "remember: if you are the kind of person who thought to bring a backup pacifier, this book is not for you. Sorry."

If you find these chapter titles give you a chuckle, you are going to love this book. If you are offended, even mildly, then maybe pass on this one. But you'll be missing out, and all the sh*tty moms like myself will be judging you. JUDGING. You. Now excuse me, my kid got a hold of my iPhone in the time it took to write this review, and I must go reclaim it before he closes my online shopping session.

*I received this ebook as an ARC via NetGalley.

Ellen C says

Not actual parenting advice... Just in case you didn't get the joke. It's just a great little funny book that will let you laugh at motherhood, and make you feel better about the stress involved. Quick read.

NovelJunkies says

Review - 5 Stars

If you answer yes to one or more of the following questions, this book is for you:

1. Have you ever opened a bottle of wine before your kids go to bed, and had at least 2 glasses?
2. When reading your child a bedtime story, do you skip words, sentences, maybe even pages hoping your kid won't notice?
3. Have you failed to get your kid in the bath tub for more than 4 days?

4. Do you bribe with candy and other tooth decaying treats just so you can get through Walmart without everyone staring at your screaming child?

5. Have you ever locked yourself in the bathroom just for a few moments of peace?

6. Have you ever told your kid his toy was broken just so you wouldn't have to get up and put batteries in it?

I am by no means admitting to doing any of the above atrocities. Just making that clear...

Any-who....Sh*tty Mom is a riot!! Loved every minute!!

Shelleyræ at Book'd Out says

If you can't answer 'yes' to at least one of the questions in the Sh*tty Mom quiz then I suggest you put this book down and walk away. It takes time to get a little perspective on the whole parenting thing so don't despair, in another year or two, or after another child or two, you will be ready to enjoy the irreverent advice and humour found in this tongue in cheek guide to motherhood.

Sh*tty Mom: The Guide for Good Enough Moms has a structure similar to the early parenting guides you read so intently while you were pregnant but with chapter headings such as "How To Hand Off the Newborn Who just Filled a Diaper" and "Stop Looking for a Great Babysitter and Settle for One who Shows Up", it lacks the traditional wise and scientifically proven judgements passed down from pediatricians whose own children were raised by their (bilingual) nannies.

Essentially this is a stand up comedy show script with lines written strictly for audience reaction. I couldn't help but snigger here and there and even laughed loud enough for my husband to ask 'what was so funny?' on occasion. There were scenes that went a little far, even for my relaxed mothering style, but I am sure a redneck somewhere thought they were hilarious.

Even though there is little in this book in the way of serious, or even legal, advice there is a kernel of wisdom buried under the snarky wit and carefree attitude of Sh*tty Mom. Parenting is, at times, exhausting, thankless, and insanely competitive. Sometimes "good enough" is the best you can do, and that's OK.

Karen says

Somewhere between 3.5-4 stars. It was pretty damn funny. They made fun of every kind of mom. You will laugh but some of it may miss the mark.

Rebecca says

One might wonder, considering the fact that I am not a parent, why on earth I've been reading so many humorous parenting memoirs lately. The answer? I have no idea, except that some of them (the good ones) make me smile during my breaks at work. Also, hey: someday I may be a parent and it is likely I will need

the laughs/ wisdom offered by these authors.

Sh*tty Mom is more pointed and more funny than most of the fluff in its genre. Several chapters--specifically those on baby-naming and dropping sick kids off at daycare--made me laugh out loud. Not a lot of honest-to-god advice here, but that doesn't strike me as the point. I'd recommend this book to any real-life parents, exhausted and exasperated, who need to chuckle before they cry.

Holly says

My brother sent me this and Sh*tty Mom For All Seasons: Half@assing It All Year Long for Mother's Day. He's always sending me funny books, like T-Rex Trying and Go The F*ck To Sleep. He really knocked it out of the park this time. Sh*tty Mom was hilarious and spot-on. I laughed so hard while reading it. I also commiserated with my mom and friends over it. A must-read for any mom who thinks she's doing it wrong. Trust me, you're not alone.

Jody says

I received an advanced copy from a bookseller friend - who either thinks I'm a sh*tty mom or that I have a good sense of humor. Ok, I'm not gonna lie, I could have written a few of these chapters, but I also do have a good sense of humor. Hilarious book! Any mom who doesn't think so takes themselves way too seriously.

Maria Shuffit says

I had a lot of mixed feelings about this book. I remember seeing it on the shelves years ago when I was working at a bookstore and the idea of having my own kid was a distant concern. I thought it must be full of snark and would likely be something to enjoy later down the line.

Well, that time is now. Like a lot of new mothers who struggle with anxiety and PPD, I have my times where I sit on the couch holding my infant and sobbing and apologizing to him because I am positive that I am the worst mother ever and he deserves so much better than me. I recently recalled this book and thought it might cheer me up, or at the very least, show me that there are much, much worse moms in the world than myself.

When I first started reading, I felt kind of disgusted. It sort of felt like this book was more for women who feel like motherhood is a terrible burden and might now be wishing that they had never even had kids. But I read on, and found little gems here and there that did what I was hoping for: made me feel better about myself. Not because it showed that I am any better than any other mother, but because it named the very habits that I tend to fall into and then get overwhelmed with guilt over them, and it made me realize that I'm not so alone. Yes, there are some really horrible tips in this book, but that is why it is shelved in the "humor" section and not "family and parenting." But there are actually some really useful tidbits in there, too, not the least of which is that we're all just exhausted and stressed out and will do something that might seem irresponsible and deplorable because we are only human and we just need a break. So this book might be called Sh*tty Mom, and might reference its readers and Sh*tty Moms, but honestly, it made me feel a lot LESS sh*tty about my ability to parent my kiddo.

Emily Dawley says

The most hilarious nonfiction book I've read since *Shit My Dad Says*. (I'm noticing that I've only been reading nonfiction books with shit in the title.) I laughed out loud at every chapter. One of my favorite lines is when they point out that "kid spelled backward is dik." This book takes the serious job of parenting and all of the pressure that comes with it and smacks it right upside the head.

Alison says

Hilarious! I laughed out loud before I even finished reading the Contents!

Take the Sh*tty Mom Quiz...go ahead. You know what you'll learn? That you are, like most of us, a Sh*tty Mom. And this is ok. The first step is acceptance, but the difference between this book and other parenting books is that this one will help you to be a sh*tty mom and come out the other side with good kids and a clean conscience.

This book isn't for everyone. For example, if you brought a back-up pacifier instead of wiping your shorts on the one you just dropped on the ground before sticking it back in your baby's mouth, this book is not for you.

Sh*tty Mom is broken up into twelve sections, each consisting of a few short chapters. The moms take you through it all - from the last thing you need to do before you give birth (yes, get your roots done) and how to sleep until 9 AM every weekend (preparation is key), to how to put a stop to the awful nickname your father-in-law gave your kid and what to do when it comes to your attention that your kid is merely average.

I was actually smacking myself in the forehead at how the Sh*tty moms prep the house for the kids on a Friday evening!

Every chapter is full of hilarious tips, tricks, and truths, but be warned, the moms aren't all jokes and f-bombs. They lend a lighthearted hand in some of moms' more important duties - how to make sure your kid doesn't become a PDA-hole, how to leave your kids to go on a business trip, and how to celebrate when you think your kid might be gay.

Throughout the book, the Sh*tty Moms have also put helpful tips every Sh*tty Mom should remember in a box with a light bulb. For example:

"Some moms make athletes, Sh*tty moms make fans. Somebody's got to yell at the TV on Super Bowl Sunday."

This team of authors pushes the envelope, gets their readers laughing, and reminds all of us moms, you don't have to be perfect to get it right.

I highly recommend this book as a gift for the new mom or a mom-friend in your life that needs to brush up on her Sh*tty Mom skills.

