



# The Libby Garrett Intervention

*Kelly Oram*

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## **The Libby Garrett Intervention** Kelly Oram

Libby Garrett is addicted to Owen Jackson's hot lovin'. But the sexy, popular college basketball player doesn't appreciate all of Libby's awesomeness. He refuses to be exclusive or even admit to people that they're dating. The relationship is ruining Libby and she's the only one who can't see it.

When Libby's behavior spirals completely out of control, her best friend Avery Shaw and the rest of the Science Squad stage an intervention hoping to cure Libby of her harmful Owen addiction. They put her through her very own Twelve Step program--Owen's Anonymous--and recruit the help of a sexy, broody, hard as nails coffee man to be her official sponsor.

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Adam Koepp has watched Libby Garrett for years. How could he not notice the sassy girl with the purple skateboard and helmet plastered with cat stickers? But in all the years he's crushed on her, Libby has failed to take notice of him. Why would she when he was just a nobody high school drop out who served her apple cider several times a week? Especially when she was hooking up with a guy like Owen Jackson--a guy with a college scholarship and more abs than Kyle Hamilton.

Adam finally gets the chance to meet Libby when his co-worker Avery Shaw recruits him to take Libby on the journey of a lifetime. With his ability to play Bad Cop and his experience with the Twelve Step program he's the perfect candidate to be Libby's sponsor. But will he be able to keep his personal feelings out of the matter and really help her the way she needs? And will Libby hate him when he forces her to take an honest look at herself?

## **The Libby Garrett Intervention Details**

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Author : Kelly Oram

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# From Reader Review The Libby Garrett Intervention for online ebook

Bee says

Istyria book blog ~ B's world of enchanted books

**I could sum up this book in one gif, really.** But what would be the fun in that? I needs to share the love I feel for it, though calling it a review will be kind of a stretch. Hmm... Let's call it a gush-fest extravaganza! Yes, that's perfect. Why? Cause **I got myself my first ever bookcrush and his name is Adam Koepp. F-ing swoon. Seriously. So much swoon.**

*The Libby Garrett Intervention* can be called the next book in the *Science Squad* series, though you can read it as a standalone. I do advice against that because The Avery Shaw Experiment is fantastic and you have to read it. This one follows Avery's best friend Libby, who I adored in TASE. Libby has changed in the last year and not for the better. Ever since this thing started with the popular, hot Owen. But it's not good for Libby because Owen only uses her for sex and nothing more. He refuses to be her boyfriend and avoids being seen together because Libby doesn't exactly have the "perfect" body. So Avery stages an intervention and does Libby's twelve-step program to get rid of her addiction to Owen starts and her sponsor is the sexy, stubborn Adam whom she calls Coffee Man. But she doesn't know that Adam has had eyes for Libby for a while and taking on this job as her sponsor may ruin his chances with her.

Before I start gushing about Adam, which is inevitable, I'll try to tell you about all the other things in this book. **I love Kelly Oram and she never fails to disappoint me.** So of course the writing was amazing, it always is. Kelly once again reaffirms why she is one of my favorite contemporary authors. **She knows how to go from a light and fluffy mood, to swoony or dead-serious in a heartbeat. And this one has all of it.** Serious, heartbreaking moments that made me tear up, light and fluffy ones that made me laugh and giggle and so much swoon that my heart almost couldn't take it anymore. Honestly, **I think Kelly deserves way more attention for her novels.** If you're a contemporary fan, please check out one of her books. Start with this series or Cinder & Ella or V is for Virgin. They're all so amazing and so very underrated.

Now the characters. **I always love the characters in Kelly's books. She just knows how to make them feel real.** I want to be friends with these characters. Laugh and cry with them. It was awesome seeing Avery and Grayson again and the other members of the Science Squad, and they I hope get their own books too! I loved Libby's parents so much, they were so awesome! Especially her dad. I loved his bromance with Adam, whom I'll get to in a bit. I also loved Kate, Adam's sister. **Libby... I had a bumpy road with her. She made a lot of bad choices at first but she redeemed herself over the course of the novel and in the end I do love her.** But she did have to win me over and that took a while. Now.. **ADAM! Gosh, how can I even begin describing this guy? He's so imperfectly perfect.** I loved him right away and I just fell for him, hard. **By the time I was halfway through this book I was really struggling to root for the romance because I just wanted to jump into the book and steal him for myself.** (Though I did root for it and it was amazing!) I could gush about him for ages, but I'd rather you pick up this book and discover for yourself how amazing he is.

*The Libby Garrett Intervention* is another home-run for Kelly Oram. **Combining swoony, heartfelt and**

**fluffy moments with heartbreaking ones that make you tear up or just full-on cry, this book is a YA Contemporary must-read.** Go discover the awesome that is Kelly Oram, now!

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### **Fanny says**

The Libby Garrett Intervention es el segundo libro de la serie ( por ahora ) llamada Science Squad creada por Kelly Oram aunque puede ser leído como independiente y tiene como protagonistas a Libby, a quien conocemos en The Avery Shaw Experiment y a Adam, un nuevo personaje.

No voy a mentir, estaba muy emocionada cuando me enteré de que habría un segundo libro, desgraciadamente la historia de Adam y Libby no alcanzo a cumplir todas mis expectativas, si, fue una lectura ligera, tierna y rápida de leer pero no conseguí emocionarme como lo hizo su predecesora, le faltó esa " chispa " que tuvo la historia de Avery y Grayson.

Además GRAN parte de las tres estrellas que le puse son por Adam y Kate, que fueron unos personajes maravillosos pero si tuviera que ponerle una puntuación por la protagonista femenina le hubiera puesto la menor puntuación posible, es cierto que yo no sentí ese gran cariño que sintieron otras personas por ella en el libro anterior pero aun así no esperaba que fuera un personaje tan insoportable e inmadura.

En fin, un libro rápido de leer y entretenido, eso sí, te aconsejo que te armes de paciencia porque la vas a necesitar cuando conozcas a Libby.

2.75 Estrellas!

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### **Kelly Oram says**

Woot woot! The science geeks are back this October, in the sequel/companion to The Avery Shaw Experiment! Wild and crazy Libby Garrett is taking her own journey and I can't wait for you guys to take it with her. I'm so excited for this book!!! I'll have a cover for you in August, and keep you updated about any fun stuff I have planned as the date gets closer. :)

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### **LauRita says**

Gosh Owen why did you have to mess things up... was hoping you were the HEA!

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### **Fafa's Book Corner says**

Review posted on Fafa's Book Corner !

Beware spoilers ahead!

Back in 2015 I read the first book *The Avery Shaw Experiment*. I did enjoy the book but it had its flaws. I got an email from GR about the sequel (this book) and was surprised. Libby was one of my favourite characters and I was excited to read this. I immediately added it and then bought the e-book. I am happy to say that I liked this book!

This book takes place a year after the previous book. Libby has been seeing Owen for the past year. But she hasn't realized just how much the relationship has taken a toll on her. Owen and Libby have spent the whole night together. When the book begins they go to get some coffee from Libby's favourite coffee store.

Avery has recently been working at the coffee shop and Libby tends to come every single day. They enter and the guy who normally makes Libby's drink takes their orders. Libby asks for an apple cider. Which said guy knows because he's usually the one that makes it for her. The guy turns out to be Adam and they talk for a bit. Libby being Libby mentions that he should smile more often. Owen gets offended that she's flirting with the coffee guy.

When Owen places his order he makes a comment about Libby's weight. Offended and hurt Libby excuses herself and goes to the bathroom. Owen arrives and convinces her that it was just because he was angry at Adam. Owen sweet talks Libby and she takes him to the break room where the two proceed to have sex.

Adam for the life of him cannot understand why girls always end up choosing awful boyfriends. Is it because they have good looks and popularity? Who knows. You are then told that Adam has had a crush on Libby since he was 14 years old. He used to go to the same high school but dropped out so he could provide for his little sister Kate.

A delivery guy comes to deliver some coffee stuff and Adam takes him to the break room. Much to his surprise he finds Libby and Owen on the sofa. He kicks them out. And leaves the room before he does something stupid. Avery, Grayson, and the rest of the science squad enter. Avery explains that because Libby didn't show up they lost and Tara (her partner) couldn't present their idea. Adam feeling terrible takes Grayson and Avery to explain them that Libby's been with Owen.

Once they're in a corner and he starts to explain them everything. Libby and Owen come out. At first they don't notice Avery and Grayson standing. But then Avery gets Libby's attention. Libby and Owen are shocked to see their best friends. Grayson asks why Owen never told him that he was spending time with his girlfriend. And Owen replies that they aren't dating. Adam cuts in and mentions that Libby and Owen were in the break room.

Owen gets mad at Adam but before they can get in an actual fight Grayson takes him out. Avery is on the verge of tears and apologizes to Adam. Libby interjects that it's not Avery's fault but Adam's. Adam then tells her about Tara. And Libby immediately starts to apologize to Avery. Avery is not having it. After some rude but true words from Adam Libby leaves right in front in of the rest of the science squad.

Adam manages to calm Avery down. The two of them talk about how Owen has changed Libby. Libby is no longer confident in herself. She's ditched her friends on numerous occasions to spend time with Owen. After some more talking Avery asks for Adam's help in staging an intervention.

This book was much better than *The Avery Shaw Experiment*! I love how the author included abusive relationships and didn't try to romanticize it! As usual the writing style was good and captured Libby and Adam very well! I liked reading about the intervention and then later on the twelve step program. It was very interesting and educational.

Throughout the book you are shown exactly how Libby changed. She started wearing different clothes for Owen (she actually stopped wearing all her cat shirts). She dyed her hair blonde. She ditched all her friends and didn't even notice it when they stopped hanging out with her all together. And lastly she stuck with Owen because she believed that no other guy would love her due to her weight. To her it was better to have a physical relationship with someone because then at least she'd be wanted. It was truly heart breaking. I loved it when she started taking steps to move on from Owen and focus on herself. And she made amends to everyone she hurt. Which was very sweet.

Adam has had a very hard life. His father ditched his family when he was young and after that his mother became an alcoholic. He and his sister tried staging and intervention for their mother but it didn't work. When he was 18 he moved out and became the legal guardian for Kate. He's had a crush on Libby since he was 14. And in all the years they went to the same skate park and serving apple cider she hasn't noticed him. He's pretty sure that she won't ever like him. When Avery mentions the intervention he decides to help Libby. All while trying to keep his personal feelings in a bag. I really loved Adam! I liked him way more than Grayson. He was honest and stood up for the people he loved. At times he was brutal in his honesty but it's better than lying and sugar coating in my opinion. He tries very hard to set aside his personal feelings and help Libby. He was a great mentor and helped her a lot.

I loved all the friendships and family support in this book! Libby's friends and parents were so sweet. When Adam explained her parents the situation they took it well and were happy to have Adam help Libby. Her parents were also pretty funny. Adams sister Kate was a lot like him. She was protective of Adam and tried to get Libby and Adam together. I loved her! If there's going to be a third book I hope it'll be about her! The science squad had Libby's back throughout the whole journey.

Adam was perfect for Libby! He cared about her and treated her the way she deserved to be treated. The romance is really slow burn. Adam didn't want to pressure Libby into a relationship because she was still trying to move on from Owen. They waited until they were ready to start dating. Which happens literally at the end of the book. There's plenty of tension and Adam restraining himself and setting his feelings aside.

Note there is more focus on sex in this book than there was in the first book. Also you don't have to read the first book to read this book. But I suggest that you so that you can really see the differences in Libby's behaviour. I didn't have any problems with this book. I just didn't love it. Hence the four star rating.

Overall this was a great book! I recommend it to fans of the author, fans of the first book, and anyone who is looking for a book about abusive relationships.

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## Fuzaila says

It was good to see the Science Squad back, **but there was no real plot**. While The Avery Shaw Experiment was well-planned and executed, this one felt like an unnecessary addition. **There was absolutely zero science involved, except for some unpronounceable scientific terms used as curses** whose meaning no one knows and no one might even bother to find out. **The only thing I loved was how real Adam's character felt, and the skateboarding thing was also a very nice addition.** Libby's parents are unbelievable with their openness, Libby herself felt more like a slut, and **the way this book addressed issue of body-weight and addiction was commendable.** But the intervention thing? Don't even bother. That was a ruse for the romantic development between Adam and Libby. I rather did not like how the book addressed science nerds and geeks to be socially inept and their tastes to be bizarre and unlikeable, but I did appreciate

Libby's eclectic tastes.

**THE BEST PART OF THIS BOOK?** The sibling relationship between Adam and Kate. That has to be one of the best siblings I've come across in fiction. It felt so real and it was so heart-touching. Absolutely loved how they treated each other, teased and loved and cared and annoyed the hell outta each other.

All in all, this was a more adult version of TASE, with more focus on the sex. There isn't much to write, really, because the plot was utterly predictable and substance-less.

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**Cassie Mae says**

5 Coffee Man Stars

\*\*\*WARNING, if you start reading this book at midnight, you shall receive no sleep\*\*\*

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**✿?az?? - th? ?ock C?ick ?airy✿ says**

After reading this book, I suddenly feel like having a toast.

♥ This one's for every friend who takes their roles to heart. They're there to help you snap out of the wrong funk you're in, even if it takes brutal measures.

♥ This one's for all young adults who have it hard in life. Know that some people are there to help and learn when to accept their help.

♥ This one's for each and every person who knows the value of sacrifice. You make the world turn into a better place.

♥ This one's for all parents out there who take time to build a real relationship with their sons/daughters. You are all needed and we are blessed to have you.

and lastly...

♥ This one's for all the girls out there who has ever felt inadequate, insecure, invisible or what have you. Remember that the first opinion that matters is yours. Love yourself. Love yourself harder. Love yourself, do good and everything just follows.

Such a powerful book. It's like a suckerpunch to the heart.

Full review to come near release date.

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## Dulce María says

Más como 4.5 este libro me causo un par de conflictos debido a Adam y es que aunque me encanto lo maduro que era, que se hiciera cargo de su hermana y todos sus problemas sin quejarse (o complicarse la vida como muchos otros protagonistas) me gusto, pero por otro lado no me gustaban sus arrebatos de ira ni cuando le decía a Libby que se dejaba tratar como puta y se vestía como tal, entiendo el punto y lo que la autora intentaba hacer pero aún así me la pasaba como

Además me abría gustado que alguien más fuera el "guía espiritual" de Libby, ya que creo que no esta bien que Adam la ayudara a superar a Owen y al mismo tiempo tuviera todos estos sentimientos por ella creo que tuvieron que esperar un tiempo para empezar su relación.

Saben para mi es difícil comprender ¿porque personas grandiosas salen con idiotas? y cada vez que le ocurre a alguna de mis amigas no logro hacerlas entrar en razón por más que lo intente, este libro me ayudo a recordar que a veces no te quedas por "amor" sino por cosas mucho más profundas que esa, creo que es importante visibilizar más este tipo de abusos que pueden ser igual o más catastróficos que el abuso físico, ya que hablamos de una codependencia y un abuso que te haces a ti misma.

Fuera de eso me gusto mucho el libro, amo a Kelly Oram y sus historias simples pero hermosas, me gusto seguir viendo a Avery y Greyson y aprecio demasiado las menciones a Kylie, las crónicas de Cinder, etc.

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## Jamie (The Kansan Reader) says

Sorry to bump this but found a couple mistakes I couldn't leave alone.

My edition: Kindle

Pages: 352

Series: Science Squad #2

Rating: 4.5

Review: We met Libby in The Avery Shaw Experiment as Avery's best friend. Libby wants Owen Jackson. She wasn't to much of a big character in the first book but we did see the start of the weird relationship (if you want to call it that) between her and Owen. Owen always was calling her weird and acting like he didn't like her. From the first book we can already tell Owen is a huge A-hole.

Now we get to hear their story in this book. Well at least Libby's story and Adam's. Who is Adam you say?

*You look like James Dean and have the heart of Mr. Darcy.*



Adam works at the same coffee shop as Avery. He has had a crush on Libby for a long time. When Avery comes to him with help for Libby's addiction to Owen's sexual needs for Libby. Adam has dealt with someone who has an addiction. Maybe not an unhealthy relationship but still addiction never the less. Like the first book Avery turns to science. Instead of the seven stages of grief Libby is to go through with the twelve steps to addiction. Adam is going to be her sponsor.

This one even though it had it's humor and quiriness that the first one had it was hard for me to read. No it wasn't boring or anything like that. No this is a hard read for me due to the insecurities the book brings forth.

*There is no Link Larkin out there waiting for me.*

Libby has self-esteem issues do to her weight. Unfortunately she has a disease that makes it where she can't lose the weight. Dealing with this and Owen's embarrassment to be seen with Libby breaks her down to where she is blowing off her friends and being mean.

Now when I was in high school, actually even now, I have problems with my weight. I look fine everywhere else until we get to my stomach. It seems to be the only place that does gain weight. I tend to look pregnant. I've been very self conscious about this. This is one of the reasons this was hard to read.

Throughout my high school I didn't have much of the weight problem as I do now but it was still there and I learned to hide it well. Also I had a huge crush on one guy who only dated me for three days. I had a crush on this guy since my eighth grade year till I was a junior in high school. Looking back on it my friendship/barely there relationship was unhealthy. I let him have power over me. It hurt when I saw him dating other people and when someone would tell me about what he said about me behind my back it really hurt and chipped away more.

Senior year I had moved to a new state and school and I thought I had finally gotten over him and moved on when a boy there asked me out. I felt great. I had a boost. Over time I started realizing that I was transforming into someone I'm not for him. I said I didn't like country music, which I like any kind of music. I said I would rather live in the city but actually I would rather live in the mountains secluded. I just went from having one unhealthy relationship to another. Even after senior year it continued. I even became one of those girls that used sex to feel special. I ended up hating myself and losing a lot of friends who just didn't care what happened to me. Finally after my first year at college I came home and had some self exploring. I finally found myself.

Now I'm in a much healthier relationship with a man who accepts me as being me. Yeah at times it looks like we are fighting or being mean to each other but really we are just teasing and having fun. Grant it I still have some of those insecurities today but there not as bad and I'm still on the journey to get myself fully back but that is what life is all about.

Libby's story hit home for me. I was picturing myself as Libby. Only difference is that I don't have crazy cat shirts and I'm not good at science or math. I do recommend this series.

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Review to come

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## Meli Videla says

Why? Why do I love every single word this woman writes? Is like she casted a spell on me. Is like she was my freaking fairy godmother. She make me laugh, cry, and have serious thoughts about my life. I mean it. I can't believe how awesome she is.

Plus, I have the pleasure to know her (not in person, but hey! A girl can dream) and she is this funny, chatty, generous person that I freaking love. Seriously, Kelly. You're amazing. Thank you for everything (seems like I always tell you this, but It never gets old). Love you so much <3

Go pre-order this awesome book!(As soon as it becomes available). You guys won't regret it!

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## Amelie says

Die Libby Garrett Intervention. Ja, ich weiß echt nicht, was ich dazu sagen soll. Ich glaube, dass das Buch vielen, wirklich sehr sehr vielen Leuten unglaublich gut gefallen wird. Andererseits wird es auch sehr sehr viele Leute geben, die den ersten Band kennen und diesen hier schrecklich finden.

Der Anfang dieser Geschichte hier war wirklich hart, denn Libby ist einfach nicht mehr die Libby, die man aus dem ersten Buch kennt. Sie hat sich an den größten Vollepp der Nation gehängt... Okay, eigentlich gibt es noch größere Volleppen, was auch ein Teil des Buches war, der mir gefallen hat. Ich zumindest konnte Libbys Unsicherheiten durchaus verstehen. Was ich nicht verstehen konnte, das war das Verhalten ihren Mitmenschen gegenüber, von dem der erste Teil des Buches geprägt ist. Genau dieser Teil wird es sein, an dem das Buch scheitern würde, wenn man es nicht mag. Allerdings ist The Libby Garrett Intervention die Geschichte einer jungen Frau, die erneut zu sich selbst findet und dabei auch lernt, was Liebe ist.

Adam ne... Adam. Adam ist einfach... ARGH. Eigentlich ist er viel zu überperfekt, weil er so rücksichtsvoll mit ihr ist. Ich hätte sie manchmal am liebsten GESCHLAGEN, aber er? Gott... Adam lässt einem das Herz bluten, gerade auch weil man hier auch seine Sicht hat.

Ich finde es übrigens gut, dass es hier mal eine übergewichtige Protagonistin gibt, weil sowas... ist halt sehr sehr sehr sehr sehr sehr sehr selten. Allerdings wurde diese Tatsache irgendwie wieder zerstört, weil Libby ist ja krank und nur deshalb ist sie dick. Also Kelly Oram: Wenn schon denn schon! Allerdings konnte sie so diese ganze "ungesund" Debatte umgehen. Das Buch ist dadurch auch weder so ausgerichtet, dass Übergewicht irgendwie verharmlost wird, noch dass Libby sich verändert, so wie das in den meisten Geschichten der Fall ist. Ich finde, dass die inneren Konflikte unheimlich gut transportiert wurden, frage mich aber, ob manche, der nie mit Übergewicht zu kämpfen hatten, Libby als Protagonistin nicht manchmal etwas nervig finden würde. Ich kann mir vorstellen, dass einige ihr Verhalten gegenüber Owen nicht nachvollziehen werden, weil es selbst mir schon echt schwer gefallen ist.

Insgesamt ist es aber nicht Libby selbst, die das Buch gut machte, sondern Adam, weil er... er ist halt einfach Adam und Adam ist toll xD Hab ich schon erwähnt, dass er Skater ist? Und dass er sich um seine kleine Schwester kümmern muss? Achja...

Was ich auch sagen muss, dass es in dem Buch deutlich mehr um Sex geht, als noch im ersten. OHNE dass es hier tatsächlich Sexszenen geben würde. Das klingt jetzt echt seltsam, aber Libbys Beziehung mit Owen ist (zumindest für ihn) eher körperlich und in vielen Gesprächen, die sie während ihres "Entzugs" macht, geht es daher auch viel darum. Zu Beginn dachte ich, das ganze würde ins Erotische gehen, aber wie bereits

gesagt: Keine Sexszenen. Es gibt auch gerade mal nur ca. 3-5 Kussszenen.

Insgesamt vergebe ich so 3,5 Sterne, einfach weil das Buch an so vielen Stellen auch einfach lustig war xD Das pupsende Einhorn in Libbys Zimmer ne... Und ihre Katzenshirts... Einfach alles. Trotzdem gab es auch einiges, was mich gestört hat und ich kann nicht sagen, ob ich das Buch nicht schlechter gefunden hätte, wenn ich es zu einem anderen Zeitpunkt gelesen hätte.

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## **Mel says**

Dios, este libro... ¿Cómo hacer una reseña sobre él? La verdad es que fue IMPRESIONANTE. Me encantó que los protagonistas no fueran como los típicos personajes. Él nada como lo usual, nada de chico estrella, perfecto, mujeriego y ególatra; más bien todo lo contrario. Adam fue un personaje pocas veces visto... habiendo abandonado la escuela para hacerse cargo de su hermana, prácticamente sin dinero, súper humilde y aun amor de persona (¡Un Adam para mí, por favor!). Libby, bueno ¿qué decir de ella? Por momentos, al principio del libro debo admitir que no me caía muy bien, pero creo que esa era la esencia del personaje. Ella es una chica con MUCHOS problemas de autoestima y a quien le ha afectado muchísimo el bullying, intencionado o no, (como a todos) y su principal problema es la falta de auto valoración.

El crecimiento de ambos personajes es maravilloso. Como luchan con sus problemas y enfrentan sus demonios de frente y juntos, apoyándose siempre.

Creo que Kelly captó perfectamente la forma en que el bullying afecta a los adolescentes (y a todos) y estoy muy contenta con eso, porque suele ser un tema que se toma a la ligera y en realidad es algo muy serio.

Este libro fue un verdadero viaje que incluso yo tomé con ellos. Me reí y me emocioné junto a Libby y Adam, y la escritura de Kelly como siempre ligera y llevadera, el libro prácticamente se lee solo...

5 estrellas y me quedo corta. <3

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## **Bonnie-Anne Carmichael (Love Triangles Are Fucking Stupid.) says**

This was the most offensive, sexist, slut shaming piece of trash filled with the most horrible and selfish characters that I've ever read. I'm actually disgusted. Oh and according to this book if you are a manager in a coffee shop you are "worthless." Seriously? Fuck this book.

I feel sick.

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## **Muse-ic ? says**

3.75

Wow. I've officially determined that Owen is a patoot.

Is that a word? Yes, it is. According to the urban dictionary, it's a watered-down word for "butt".

It's amazing how Libby transformed from the last book to the beginning of this one. She still had her strong personality, but it was directed at the wrong cause, unfortunately. It's all Owen's fault. Indirectly, he made Libby less sure of herself and her weight. But she was addicted to Owen. Even though he was horrible to her. Not really outright, but he didn't want to date her, he didn't like being seen with her in public...etc. That

should have been a big red flag for Libby, but she was blinded by it because she was addicted to him. Her science geek friends decide to help her using a twelve step program, and have the sponsor be Adam Koepp (don't ask me how that's pronounced because your guess is as good as mine), the 19-year-old manager of Libby's favorite coffee shop where Avery also works. Adam agrees because he's secretly in love with Libby.

I definitely enjoy The Avery Shaw Experiment more, but this was a nice refreshing read. I liked the "love yourself" aspect because that is truly important.

If there is something you don't like about yourself that you want to change, so be it. But do it because **YOU** want to, NOT because somebody (society and the media included) influenced you to do so by making you feel bad about yourself!

Unfortunately, most products and commercials (mostly the commercials, the products hardly ever give the outcomes they claim) are directed at making people feel inadequate about themselves so they feel the need to buy something they never needed in the first place!

It's like a conspiracy! Let's be honest, diet coke will NOT give you abs! In fact, it's almost WORSE than regular soda because artificial sweeteners are so bad for the health! They may be zero calories, but the side affects are so much worse. And don't even get me started on the alcohol commercials! It's all about making you feel like you need something to improve yourself and/or your life. These giant corporations don't even care about your individual health (for the most part), but for every person they make feel more insecure about themselves, they make more money!

In fact, I just saw a commercial for a soda brand that I will not mention that said something along the lines of "support women's health".

But I've decided not to post it here so I don't get tracked down and sued ^\_^

## **Back to the book**

This definitely had me hooked.

In fact.....all of Kelly's books hook me in!

I love what a strong and sassy person Libby is. Owen aside, she has such a great personality!

I wasn't really attracted to Adam. I liked him and everything he did for Libby was amazing! His attitude was awesome and I've heard he's easy on the eyes ;)

I just don't consider him a book boyfriend really. And there is no way he can top Grayson!

I loved the skating/snowboarding/free boarding sporty aspect of it! It's too bad they don't live next to the ocean, then they could add surfing to that list!

I loved Adam's friends! Really chill bunch.

But you know who's more awesome?? Libby's Nerd Herd....LOVE those guys! They always make me laugh! And Brandon with his grandpas *REALLY* old-fashioned tux for prom? That was definitely one of my favorite scenes!

When Libby insults, she goes all out---In Latin! That was one of my favorite aspects!

For example:

**Equus Ferus Feces**--Horse Shit

**Gluteus Maximus**--ass

**Canis Lupus familiaris**--I don't know

And many more!  
It was new and I liked it!

I found two typos. One said "want" instead of "what". So where it should have said "What I want", it said "want I want".

The other one was "jut" instead of "just".

The word "sexy" was used a lot.

Also "derrière"...but HEY! French! I love French! So it's okay :D

I do think this is worth the read, so go pick it up!

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