



## Driving Me Mad

*Lindsay Paige*

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**Driving Me Mad** Lindsay Paige

He was my therapist.

She was my client.

He's the person I lean on and turn to.

She's the person who brings me relief when there seems to be none.

He makes me smile and laugh when anxiety and depression consume me.

She helps me breathe when depression is choking me.

I don't know how to live without him.

I don't know how to be honest with her.

Are we driving each other mad?

## Driving Me Mad Details

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## From Reader Review Driving Me Mad for online ebook

### Tawnee says

[ The characters better have a HEA, or I'm gonna be really upset. I feel like they deserve to be happy together, and if that means taking a year apart to get to a good, stable place in their lives, so be it. If they meet back up and one/both of them are in a new relationship, I don't know how

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### Anubha says

3.5 stars!!! but thousands of bear hugs for people dealing with anxiety and depression.

I shouldn't have read the blurb for book 2 before finishing this one because it kinda ruined this book for me a little, I already knew what will be the end there was no guessing there. So please don't even give a look to blurb of book #2.

Though this was a bit slow paced for my taste, I liked it. I liked how things unfolded, how the lead characters looked after one another, how they always prioritized each other's careers before everything else. I like it when people not only give priority to their careers but also to their partner's careers, pushing them to do best. This story also provided me a great way to see how much people suffer from inside in anxiety and made me see how I can help these people.

This story was not something that I usually read. I have always found myself gravitating towards more dramatic stories maybe because I think that life is already full of so many complications why go for more sad type of complications in leisure time stories too. But I think I have to change this thinking, these type of stories could show us how there is still hope even in the darkest times.

I don't know anybody who is going through anxiety and depression of this magnitude. After reading this I am amazed to see how much strong these people are, how brave they are to continue and give it a tough fight and not give in. I just want to give them a bear hug. While reading I so wished to go into those pages and hug them so tight, tell them that everything is gonna be fine I am here with you, you just exist and I'll push you forward.

Initially I was able to relate to Brit's anxiety attacks, though I never had that frequent attacks but I occasionally had few when I was over worried about something and I'd just break down until my mom or a friend hold me, let me cry and tell me how I am gonna go through.

As the book progressed I was amazed to see how strong Brittany is and I really liked her relationship with her best friend Rebecca. Rebecca was the perfect friend, she was there for Brit till the end, knew when she need to leave her alone and when she need to stay. I also liked how understanding Britt's parents were. I just wished her parents and Rebecca had more scenes.

Trace was good. The way he looked after Brittany was endearing but I really wished that he looked after himself if not the same way at least 50% of that. I really wished he communicated more with someone in his life.

All in all it was a good read which was evenly panned out and nicely dealt with all the themes of the plot.

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## **Carey Fletcher says**

Lindsay really knows how to tell a heart-wrenching story!

I have to admit that after reading the synopsis for this one, I wasn't too sure about it. While I read a wide range of things, I do have some prudish tendencies. I was bothered by the fact that the story involved a therapist/patient relationship. But without going into details I will just say that I was ok with the details of this relationship. I also have to admit that I was wavering on my issues with it just with the mention of the therapist's name - Trace Lexington. I don't know what it is, but it just said "hot guy" to me.

Then we get to see Brittany and Trace's relationship progress from friendship to something more. It was sweet to watch/read. I loved how just talking to Trace could calm Brittany. I have several favorite scenes that I really want to tell you all about, but I don't want to give away any part of this book.

Lindsay does an excellent job of taking the reader into the lives of Brittany and Trace as they suffer through the very worst of times. I have to admit that I often found myself agreeing with Brittany and Trace about whether their relationship was good for them. They are both suffering so much. But they are the only people in their lives who truly understands what the other is going through. She took us into the minds of both Brittany and Trace and gave me insight into how they could see suicide as a way out.

Be prepared to read book two (anxiously awaiting it here) because you will not get all the answers here in this book.

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## **Sunny says**

I was not sure about this book at first. A lot of times, I like to read books that could never really happen. I read to escape life. I am really glad that I read this one. Luckily, I don't deal with anxiety but I do deal with depression.

This book was great. I honestly felt the anxiety that Brittany was feeling. She is basically at the point of not being able to function in life. I can't imagine how horrible that is but during some of her attacks I could feel the pressure on my chest. I could feel the wanting to be sick and just wanted to close the book so I would not have to deal with her. So I would stop reading and within about five to ten minutes I would start reading again because I needed to know what was happening.

Brittany is out of control with her anxiety and depression. She became friends with Trace after she left for college and was no longer using him as her therapist. Trace deals with his own depression issues. I liked seeing their relationship but I also had some issues with it. It is a very fine line that I think they walked since he was her therapist and it caused me a little stress. I liked Trace even though I really wanted to choke him. I am pretty sure one of the first things teach in all psych classes is that you can't treat yourself.

I am giving this book 4.6 stars out of 5. I don't want to say too much because I don't want to give the story away but I will say that Lindsay did a wonderful job of showing emotions of the characters and I can't wait

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for the next book!!!

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### **Lindsay Catari says**

3.5 Troubled stars.!!

This was totally and completely unexpected on a such a good way.!! I've never read a book with this topics and I confess that I've never met anyone with anxiety or depression but God, I would hug them for been so brave.!

can't wait to next book to come out!! I need to know what would happen!! haha

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### **Logan Hr says**

This book was one of those that touched my soul because of the issues that the characters went through.. And honestly this is why I love this author so much.. Her books touch you deeply in your heart

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### **Haddie Harper says**

That ending! Dang it, Madam Lindsay, you know how to get a reader going! And to think it is only the first book.

The author captures and describes depression and anxiety so well. The character and their BAD DAYS were so vivid that I had to space out my time reading it because I was getting so worked up. I was crying mostly; it had its moments where I laughed and smiled, but it was so painful to read. Which is probably why it took me nearly a week to read. But it is amazing, and now I need to know what happens next!

### **I won a copy of this book through giveaway.**

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### **Chelsy says**

"Existing is an accomplishment. It may seem like we're putting forth the minimal effort by doing the basics and going through the motions, but that's not the case." - Trace, (Chapter Twenty-Six)

Brittany, who copes with anxiety and depression, and Trace, who copes with depression, navigate the beginning their romantic relationship in Book 1 of this series. This novel illustrates the obstacles of a relationship while offering the reader a rare glimpse into the everyday world of coping with mental health issues. Brittany and Trace's story will continue in Book 2, which will be released later this year.

What I love most about Lindsay Paige is that she takes such delicate care and compassion with her stories. I love Lindsay's way of writing about mental health issues in a way that is simple and meaningful to the

distressing nature of anxiety and depression, which is often internalized. The above quote from the book really helps the reader understand the illness beyond the stereotypical portrayal. Her writing is comforting and really captures the struggle of coping with anxiety and depression within a romantic relationship.

I highly recommend 'Driving Me Mad' and will be eagerly waiting for Book 2!

\*I received a free Advance Reader Copy in exchange for my honest thoughts/opinions of the author's book.\*

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