



My Secret Bully

Trudy Ludwig , Abigail Marble (Illustrator)

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THE SECRET'S OUT ON BULLYING

Here is the all-too-familiar story of Monica. She and Katie have been friends since kindergarten. Monica loves being around her when she's nice. But there are times when Katie can be just plain mean. And Monica doesn't understand why.

Monica is a target of **relational aggression**, emotional bullying among friends who will use name-calling and manipulation to humiliate and exclude. But with a little help from a supportive adult—her mother—Monica learns to cope and thrive by facing her fears and reclaiming power from her bully.

Including a foreword by the founder of the The Ophelia Project, as well as helpful tips, discussion questions, and additional resources, *My Secret Bully* is a vital resource for children, parents, teachers, and counselors.

From the Hardcover edition.

My Secret Bully Details

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ISBN :

Author : Trudy Ludwig , Abigail Marble (Illustrator)

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Genre : Childrens, Picture Books, Fiction, Realistic Fiction

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From Reader Review My Secret Bully for online ebook

Sierra says

I really like this ,because it teach's a lesson for kids not to Bully other kids.

Ms Threlkeld says

Important message, but very text heavy for a picture book and the writing felt didactic.

Michele Knott says

This is a really important book. Bullying isn't always in-your-face, loud, mean, and physical. It can be verbal and quiet, but enough to hurt. Ludwig does an amazing job writing books that are important for kids.

Summer says

This book was ok! I didn't like the way Katie was acting to Monica, it was very mean!!);

Rozana says

Highly recommended. I use this book with parents & children alike to understand what bullying is, even when it is done by your closest, best of friends!

It shows a clear distinction between who is a friend is & who a secret bully is. Sometimes it is a fine line. There is a poster that comes with it. The story includes guidelines for teachers/parents.

Alexis Waltemeyer says

My Secret Bully by Trudy Ludwig is a contemporary realistic fiction book. My Secret Bully is about a young girl who is bullied by her very own best friend. Monica and Katie have been best friends since Kindergarten but ever since Katie has made new friends, she is only nice to Monica when they are alone. Monica becomes sick and upset and eventually tells her mother what has been going on after missing so much time at school. Her mother gives her advice and Monica takes it. The next day at school Monica tells Katie that she will not stand for being bullied anymore and that real friends do not bully one another. At the end of the book, Monica is no longer friends with Katie but Monica makes new real friends and she never wants to speak to Katie again.

The general age group for My Secret Bully would primary into intermediate. I think this because the words that are mention is this book may be too advanced for a younger child.

The pictures in this book were colored with paint. The pictures are made with different colors, but each shade is dark. All of the faces in this book are unhappy and the lines are not definite.

I would most definitely recommend this book. I would recommend this book for all age groups, from children first starting school and up. A child should understand that they may become bullied, but they need to stick up for themselves and not give up. A person should recognize that even people close to you who will hurt you and may even betray you.

Jennifer says

This story clearly explains what bullying can look and feel like and how to handle it in a positive way. Highly recommended.

Theresa says

I happened across this book at the library where I work and I SO wish that I'd seen something like this when I was in middle school. My best friend was also my worst bully (for YEARS). She did damage to my self-image and my middle school/high school experience that can never be fully undone. We stopped speaking after graduation, but I wish I'd known sooner that I wasn't in the wrong. Trudy Ludwig very accurately represents the feelings of guilt a little girl feels when her friends start to turn on her; how you start blaming yourself for being "too sensitive" or no fun. I would highly recommend parents share this book with their little ones, whether or not they have friend drama yet. It teaches confidence and self-worth, and reminds kids that you can't go wrong by being open with your parents.

Caitlin says

A good read for 4th-5th grade girls about relational aggression.

Cindy Mitchell *Kiss the Book* says

Ludwig, Trudy My Secret Bully PICTURE BOOK illustrations by Abigail Marble. Tricycle Press, 2005.

Monica and Katie have been best friends since kindergarten, but Katie's behavior has changed lately and her whispery attacks are destroying Monica's self-esteem. Finally, a heart-to-heart with her mother gives Monica the tools and strength to stand up for herself.

Excellent material for a serious discussion about bullying in a Teacher Advisory.

MS - ESSENTIAL

Cheney says

Great for plot development, conflict, and making connections.

Haley says

This is another children's book that I read for a child development class. It is a useful book to teach children about the more unspoken form of bullying: relational aggression. This refers to when someone causes harm by damaging someone else's relationships for social status. The book does a great job at introducing this topic and teaching children to remove those toxic people from their lives and stick up for themselves. However, it could do more by providing more solutions to the problem so that children have options. The solution in the story seemed to be a bit too simple; often times, it is not this way in reality.

Sherri Kashaka says

This book was a good read for both my 1st and 3rd graders and showing different kinds of friendships and what to look at when finding friendships!!!!

Laine says

i went thru this exact thing when i was a kid. wish i'd had someone like monica's mom to properly tell me how to handle it. SUPER RELEVANT! and easy to understand. A+

Simona Abagiu says

A great children's book for children and adults alike. I loved the simplicity of the story and the strength of the message. I will share this story with the children I will teach for sure.
