



Reset: A 30 Day Devotional to Renew, Refresh, and Restart Your Life in Christ

Jenny Lee Sulpizio

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Living a life of true faith comes with its own set of challenges and questions. We all have seasons of doubt or at the very least we've been in a place where a little bit of clarity could go a long way in fully understanding what it means to be a follower of Jesus. There's that sense of feeling stuck as you wrestle through questions like:

- Who is God and what is grace?
- Is unconditional love a real thing and what happens when life gets messy?
- Why is a relationship with Jesus so important and why does He care about me?

If you find yourself trudging through these questions and doubts — "Reset: A 30 Day Devotional to Renew, Refresh, and Restart Your Life in Christ" was written just for you. Written as a companion for Jenny Lee Sulpizio's latest book, "For the Love of God: A Woman's Guide to Finding Faith and Getting Grace", this book will guide you through faith-boosting challenges, Scripture-based insights, and real-life encouragement as you hit the reset button on your journey and discover what life looks like when you're following Jesus in true faith!

Reset: A 30 Day Devotional to Renew, Refresh, and Restart Your Life in Christ Details

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Rebecca Sanders says

Good, but not all that I was hoping for.

I enjoyed reading this book and studying the verses at the end of every day. However, it wasn't what I was hoping it would be. I was looking for a book to light a fire under me, to get me excited for Jesus, to motivate me to truly be a better Christian woman. This boo!m didn't do that for me.

Also, there were some days when I felt like the verses to study didn't go with the subject matter AT ALL.

That being said, I did enjoy this book, it just wasn't what I was looking for.

stacie says

Decent 30-day devotional for women. I found the devotionals enlightening and the recommended readings fit the daily devotional. I would recommend this to those who want to be renewed in their faith.

Cassy Acker says

I really like this devotion. I am a Christian but haven't fully lived my life the way God intended me to. I made a commitment to fully seek Him and wanted a devotion that I could read to remind me what God has called me to be and this devotion was it! I would definitely recommend it to anyone who is curious about starting a relationship with Jesus or reconnecting that relationship. It has been very beneficial .

Sissy Johnson says

This book came to me at a wonderful time. I started reading this just as I rededicated my life to the LORD and found this book to really help me on "resetting" my life. I kept finding myself wanting to read ahead and actually finished before 30 days had lapsed. The study scriptures with each day were wonderful. I would highly recommend this book to new Christian women, Christian women that have been with the LORD for many years and for Christian women like myself that have just rededicated their lives.

Marvy Herrera says

Wonderful devotions, i'm grateful i start my year with this devotion.

Diane Perry says

This was the perfect devotion for me. A couple of them I had to read over and over! They gave me such a renewal in my walk and my faith. Perfect timing in my life too.

Mike Hipp says

Enjoyed reading this at the same time as my wife. Lots of good thoughts of trusting God and discipline in our life

Nathaly says

Good devotional for young ladies

Great devotional to feel renewed in the Lord. Something to start in the morning, scriptures to hold onto the truth throughout the day.

CHARLOTTE CONTRERAS says

Good

I would read this book again. I love devotionals and study the word.
Recommend this book. Enjoyed and read the whole book in one sitting:)

Jessica says

I wasn't exactly impressed by this devotional but it wasn't horrible either. I liked the structure of it. It was set up to be short entry's for each day where the author shared some thoughts on each day's subject and then included a handful of verses for you to study on your own. It wasn't an in-depth kind of study, but rather, something that you could do on mornings when you didn't have as much time to devote to bible study. Granted, that was partly up to the reader. There were days where I felt I studied more than others simply based on how much time I dedicated to the endeavor and other times where it felt more based on the subject and content within that day's study.

I, at times, was confused whether or not this was a study for newer believers. Some of the entries felt like they were geared more toward newer Christians which I found a bit confusing because of the title of the book. I assumed it was a book to help people that were feeling like they just needed a bit of a revamp or refresher in their spiritual walk. It did accomplish that to a certain degree, though I wouldn't say it did a complete overhaul or anything. I honestly didn't feel after reading it that it had made too much of an impact or change in my life. Rather, it worked to remind me of many things I already knew and reiterate them or put them into a slightly different wording so that they held new meaning or value. The feeling of some things

being meant for newer Christians came in the entries that felt like they were sharing things that were rather obvious to the Christian faith and Salvation. It was like, those sections were explained as if to people who were still on the fence about salvation or who were still young in their faith. Nothing wrong with that. It's just that the title of the book implied that the contents would be for revitalizing and refreshing one's faith and relationship with God. I didn't feel that happen in my case, though others might find that they have or do experience that when they read this book.

There were also several cases where I read through the verses listed at the end of an entry and found that some of the verses didn't really connect or fit with what the author had been talking about. It wasn't so much that they didn't connect to the day's theme but, at times, it was more like they made a connection specifically to the author. I couldn't always understand the train of thought that went directly from the faith topic that day to the verse that I was reading. For the most part, this only happened a handful of times, but when it did, it was confusing and half made me wonder if the author hadn't accidentally put in the wrong verse or book of the bible reference.

I think for me, I felt like the contents of each day's devotional didn't really carry with me through the day. They weren't strong enough and in-depth enough to really dig into and dwell on throughout the day. It was like a temporary quench of thirst and often, I felt like it just wasn't enough for me. I needed something more substantial to dig into and consider throughout the day. Also, I didn't always feel like the entries connected me to God so much as the author. I would say, the best way to use this book is along with your own personal bible reading. Don't give up your own personal studies in place of this or you'll find it's not really enough.

The 30 day concept is something I've gravitated to. It's nice to spend only a month focused on a bible study rather than devoting several months to completing one book on one topic. However, at the same time, you tend to feel, or rather hope, that after the thirty days are over there will have been at least some sort of mild transformation in your life. This book held the promise of getting a person back on track – of helping you to strip away some of the worldliness and help you to begin to dedicate and focus more of your time in devotions. Sort of a life reset, not just a spiritual one. I personally didn't see that take place in my own spiritual walk and didn't feel encouraged or challenged to take such steps. This book, I hoped, would make me stop and think. Make me really consider things. Even the title sort of promised that. When we think of resetting something, we think of a restart and the opportunity to try again at something that we may be failing at or not succeeding in at the moment. I liked the idea of a reset for devotions and time with God. Unfortunately, this book didn't deliver on that. In order to reset something, you normally have to change tactics and start again with the knowledge that the first, second, etc, tries that you made didn't completely succeed. It assumes that something needs a renewed effort. This book, didn't embolden me in that sense in the area of devotions. If you are looking for a book that will help you to take action in your relationship with God and in devotions, this isn't it (unless you need the help of simply getting used to doing a devotional time, period). In the sense of taking faith based action, I much prefer Shelley Hitz and Lysa Terkeurst.

I do believe that this book could still be helpful and of use to many Christians, even if it wasn't for me. After all, God can use anything to draw his people closer to himself. Even if it's just one short entry that takes five minutes to read through. Sometimes, where God is concerned, it doesn't take much to reach that deep place in our hearts and help us to grow in our faith. So, I wouldn't say this book is a waste at all. I simply didn't care for it.

Susie says

I loved this book. It truly did give me a reset in my thinking about so many aspects of my Christian walk.
What a blessing!
