



## **The Fist That Bound Me: A Stand Alone Novel**

*Trinity Dekane, Maria Harrison (Editor)*

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Jade is caught up in an abusive relationship with a man whom she revealed her life's hardest memories; entrusting him with her heart, he turns out to be the very thing she has been trying to escape. When Greg's abuse damn near kills Jade her sisters Corrina and Telissa step in and remove her from the home.

As Jade deals with her hurtful past and her current abusive relationship she is introduced to a new way of life and new friends. She seems to adjust well to her new environment, but when the past starts to reel its ugly head Jade fights to stand her ground.

Will she follow her heart and move forward or will she be snatched back into the depths of hell!

## **The Fist That Bound Me: A Stand Alone Novel Details**

Date : Published November 7th 2017 by Tiece Mickens Presents, LLC

ISBN :

Author : Trinity Dekane , Maria Harrison (Editor)

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Genre :



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## **From Reader Review The Fist That Bound Me: A Stand Alone Novel for online ebook**

### **Shanelle Shamlee says**

#### **Excellent Book**

This book had me in a wide range of emotions. Definitely a 5 Star read. My heart went out Jade and her sisters after all they went through with their father. The one person who was supposed to protect them turns out hurting them. I really enjoyed reading this book because it dealt with the Issue of Domestic Violence & Rape which a lot of women are dealing with today. I also like that it was very informative as well by providing statistics and sources for women to get help. Excellent and Powerful read.

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### **Dionne Payne says**

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Job Well Done, Trinity DeKane!! ?????.

The Research or Someone personally close, it took to create this phenomenal story. I would recommend this book to read. U never know who needs this or could relate in all areas of life. So much had taken place in the first three chapters. It made my Heart swell, because I knew there was more to come. I enjoyed this Book to the fullest, A must read ????.

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### **Paula Milan says**

#### **Satisfied Reader**

This book is a definite tear jerker. My heart went put to Jade,Corrina,Telissa and Dee. I hated their father in the worse way. I wish I could've reached through my phone and killed him myself. Malcolm was like a breath of fresh air to Jade. I love him. Greg was scum and used his badge for all the wrong reasons. That ending had me in tears. I never was a victim but my heart goes out to all who's going thru it. There's light at the end of the tunnel

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### **Tonya Riddick says**

#### **Just awesome**

I don't know where to start. This book was just so amazing from the first page to the last it grabs your attention you feel ever word, you experience the characters pain, their hurt it gives woman hope. Every person reading can relate to something in this book and I encourage everyone to share this book to another woman wether it be just to give them encouragement or hope it's a message that needs to be heard ! I'm so thankful for the opportunity to be apart of such a awesome author and wonderful woman god is using you to

spread the message there is a way out you can survive you will get thru it ❤️?thank you trinity

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### **Carla Thomas says**

#### **Phenomenal Book!!!**

OMG this book was beyond good. The things these sister went through from child hood and into adult was just heart breaking. To know that your own family can do those things to you is horrific... But it really was harder on Jade since she experience it more from Greg too. Glad his punk behind got dealt with. Malcolm was just the sunshine that Jade needed. Happy Ending after all. This is a great lesson to learn for those who goes through the same thing there are ppl out there that really listen to you. Wonderful job Trinity ?????

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### **Denise Gilliam says**

Omg this book definitely a eye opener. I have never read a book like this before it had so much raw emotion in it. All I can say because I don't wanna tell the story baby read this book. It will definitely open your eyes to domestic violence like you have read before. Trinity you told this story baby girl. I'm definitely a fan you wrote your heart and and I appreciate you and your book. Please read this book you will not be disappointed at all.

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### **Arlena says**

Title: The Fist That Bound Me

Author: Trinity DeKane

Publisher: Tiece Mickens Presents, LLC

Rating: Five

Review:

"The Fist That Bound Me" by Trinity Dekane

My Thoughts...

What a well written story with so much sadness and emotional pain that dealt with such domestic abusive violence that happened to these girls [Jade, Corrina, Telissa & Dee] that many have gone through. How they made it through it was really a horrible story. I still wish Jade would have told her mother on just what was going on with her father. But oh well this happens and naturally Jade would end up with someone like Greg who used 'his badge for all the wrong reasons.' However, thank God Malcolm comes into the picture and to learn the rest of the story you will have to pick up this phenomenal good read to see who well this author brings out this journey all out to the reader. I found this story a very realistic one and that ending was really something!

I love what the author also presents to the readers concerning this subject matter at the end of the read. Would I recommend this novel? YES!

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## **Pat Smith says**

### **Not for the faint of heart**

I almost gave up on this book in the first chapter. I had to put it down. Too dang raw. Too sad. But then I was curious to know these girls' fates and I was praying for victory. This book showed that people respond differently to abuse - some overcome, some don't but there's varying degrees of survival. I found this a difficult read; even though I knew it was about abuse, it threw me that the victims were so young when it started. I don't know how they were able to trust anyone having suffered what they went through. A wealth of resources and information at the end of the book, making this reason enough to download if you or loved ones are experiencing any type of abuse.

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## **Iasia Davis says**

### **Very emotional**

This was a great book with a disturbing subject matter. Which had bring tears to my eyes through out the book. Abuse needs to be talked about more often maybe more. Victims will speak up about it. The fact the statistics and resources was found in the book meant tat the author took her time to do the research to give good information about this subject matter. Well written Trinity Dekane

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## **teresa wheaton says**

### **Excellent**

Excellent and powerful read! Jades testimony had me emotional and gave me hope! This story is the perfect example of someone in a position of power abusing that power and this story shows that there is a way out! I highly recommend this read and at times it was hard for me to read! In reality this is some women's day to day lives and I applaud Trinity for writing this story!

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## **Maureen says**

### **INCEST AND DOMESTIC VIOLENCE TWO VERY SERIOUS SUBJECTS !**

Once again The Author did an outstanding job. She addresses two very serious subjects, in such a way. That you definitely will, feel some type of way. Three Sisters the main characters grow up, with so much heartache and pain. That it becomes unbearable for one of the Sisters, that she commit suicide. Take a ride with these Sisters, as they embark on a emotional journey. I would and did recommend, this book because not only does it have the potential to save a life. Its quite a well written and pleasurable read. My rating for this book, is 5 ? 's.

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### **Denetta Banks says**

This story had me feeling a wide range of emotions. Well written with a steady flow. The life the main character had to endure was not only hard but challenging. The pain, the sorrow and the physical abuse had me all over the place. The author has done a great job dealing with real life issues in a way that will spark many conversations, also making the reader understand a little more of the affects of sexual abuse on a child's life. Thank you Trinity DeKane for a great read and the great resources at the end.

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### **I'kia Nicole says**

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You know how to pull out every emotion when reading your books. This book was no different. I know I cried, I was sad, and threw my phone several times. I can't wait to read your next book.

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### **Maebelle Richardson says**

OMG this book was phenomenal and had me in my feeling. These sisters was some strong women and I'm so glad they had a happy ending. This is one of those stories that had me on the edge of my seat. Their daddy was a scum bag and he got just what he deserved. Greg was one of those men that used his badge to cover his deceit and I was so glad when the mom killed him. Jade went through some things but became a stronger person in the end. Trinity Dekane has done it again with a very powerful must read.

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### **Aniya Walton says**

#### **Very sad but good**

It was good open you to a lot of stuff people really go through this but scared to talk. Definitely will have you in your feelings . Their dad in this story was trifling how could you look at your daughters in a sexually way and how can you do those things and it cause a child's life because she felt like she would never end so sad ! And Greg preyed on his wife because he knew she was week from the start . Just thinking that she got raped by her course always smh and was pregnant smh . I pray for any and everybody that's going through !

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