



You Matter More Than You Think: What A Woman Needs To Know About The Difference She Makes

Leslie Parrott

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Using her skills as a marriage and family therapist - and sharing stories from her personal journey - Leslie Parrott helps women recognize and celebrate the unique contribution God designed for their lives.

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Grace Salzer says

Love the title - a subject only women would want to talk about! Simple to read and there are some great points to ponder. Came away with a new self confidence in the difference I'm making in my seemingly boring, daily activities. Mum has said it's a great one to use in a study group - there have been some great discussions.

Sherryl says

I started this book on the nook. What a fantastic book. However I felt like there were so many things I wanted to highlight and write notes about, so I decided to order a hard copy....starting over on this one, with the workbook as well.

Still reading...am determined to finish this month. This is one of those books that you can read a chapter and then put it down for a bit as you embrace the thoughts that it talks about.

Laura says

I liked it from Chapter 12 to the end. She has a great concept that any strength or gift when taken to an extreme can become a weakness.

I got this book because the mom's group at church was using it with her video study. Unfortunately, I was only able to make one of the sessions so I can't comment too much on how they fit together.

I didn't like the section on gender because the sweeping generalizations do a disservice to both men and women who don't fit the typical mold. I would expect a psychology professor to understand that there can be as much variation within a group (i.e. women) as between groups (women vs men).

I think if I had been in the middle of a big life transition or feeling like I was not making a difference this might have moved me or spoken to me more. As someone who is happy with how I'm living my life there wasn't a lot of helpful content. It's an easy, chatty read like meeting a friend at a coffee shop. If that's what you're looking for, go for it! She shares lots of her own personal issues and some of those facing her friends.

Jenny Rose says

We are using this book as part of our Bible study materials at our church. What peaked my interest most was how did the author process and deal with the traumatic news: her father, a pastor, had been having an affair

and was leaving them for the other woman. While this is what I was curious about, the book focuses on how we make a difference—whether those differences are big, small, or even cause a domino effect. But it isn't just a pep talk reminding us that we do indeed make a difference, she also reminds us not to get so caught up in making a difference for others that we neglect ourselves.

The only thing I didn't like is the way she seemed to devote two chapters to gender differences. I agree men and women are different, but I don't think making an impact should be analyzed according to whether you're a man or woman.

This book shouldn't just be read by someone who is questioning why they are on this earth or what they can do with their life. I think this book is also for the woman who knows what her gifts and talents are and believes she is using them to God's glory. It definitely made me take a second look at how I'm serving where and if there are any changes I should make.

Stacy says

I'll give this book 4 stars for the first 6-8 chapters, 2 stars for the remaining chapters; for an average of 3 stars. Most of the points that you need to get from this book were in the first couple of (very good) chapters.

Anna says

Great book for the woman who thinks she isn't making a difference in the world around her. Very encouraging to get us to open our eyes to everyday opportunities to show God's love!

esther says

thought-provoking and extremely practical. this book had me exploring the halls of my mind....areas i didn't want to go over and those i never knew needed a re-visit. i recommend this to any female who intends to impact the world positively.

Amy Phelps says

i had trouble with this book. I would like to know about the difference I make during my life but this book didn't help me figure it out. I do understand that you don't have to be on a big scale to make a difference but at the same time I don't mentor anyone, counsel anyone, or help out at local shelters so it seems like I'm not making a difference at all.

Rebecca says

There's really nothing earth-shattering in this book, but there are good reminders throughout. It packs all the

things we know but get too busy to remember in one book, and the "ponder this" questions prompt you to stop and think about aspects of your life and influence we don't often reflect upon.

Janet says

This was a great book. So special to me, as it was a gift from a woman I met at work giving her a pedicure. She was a Godsend in a tough time in my life. A messenger (as he is so faithful to send us in times of trial and tribulation.) And I was a surprise to her as a Sister in Christ who wouldn't hide her light, even in dark times.

She was unaware we existed in such a City as this :) She came with her husband for a conference and planned to just stay in the room as there "couldn't be anything for a Christian woman who is definitely appointed and anointed to do in a casino... really? :) LOL...We were both so blessed by this obvious SPIRITUAL APPOINTMENT. This book got me through a really rough spot! Love you Lisa, Still here :) Life is an awesome journey! Still a work in progress.....

Lisa Whitney says

I truly wish I had done this book in a women's group. There were wonderful questions to ponder that I did write down in my reading journal, but to have discussed them with friends would have been heavenly! A good read to look inside yourself truly and see that you do make a difference.

Alissa says

I'm currently reading this with the women's Sunday school class at church. I'm not sure what I think of it yet. On the one hand it's good because it causes us to reflect on the areas of influence in our lives with family, friends, work, etc. On the other hand, it seems like it might be another one of those cases of Christian literature that has its agenda and then looks for scripture to support the preconceived message or idea. It doesn't necessarily take any scripture out of context or say anything false, rather it makes natural deductions from referenced verses. I suppose that's what makes me more nervous than anything. I'm often critical of this kind of literature, so we'll see. :)

Iva says

I happened upon this book a couple of years ago at a local library book sale. I can't even remember why I picked it up. I just know that I did and that it's sat on my shelf for the past two years, or so. It has survived not one, but two book purging. As part of my Reading Challenge this year, I chose this book to read. (I have some fiction books on my list, but most of them are non-fiction. My rationalization: if I'm going to challenge myself to read at least 24 books this year, I don't want to waste my time.)

This book definitely did not waste my time. Dr. Leslie Parrott is a family and marriage counselor who hosts marriage conferences with her husband, Dr. Les Parrott. Dr. Parrott is also a Christian. In this book, she highlights the differences in men and women. Instead of downplaying these differences or elevating them to

grandiose levels, she humbly relates these differences as strengths that not only set women apart from their male counterparts, but also serve as unique characteristics that we can use to make a difference in our worlds.

This isn't a "head shrinking" book. It's not a New Age book. It's simply an honest look at how the Creator made women different and what these differences look like in action. Her main focus is love - not self-serving or martyrdom - but love that seeks out those hurting or needing help; those who need encouragement. Love that hurts with friends hurt and rejoices when friends rejoice. "And now these three remain: faith, hope, and love. But the greatest of these is love" (1 Cor. 13.13)

Haley Arzt says

#NonfictionNovember

Shirley says

Just skimmed, but some good points reflecting how women, in particular, often don't realize the impact they are having on the people around them.
