



Moonology: Working with the Magic of Lunar Cycles

Yasmin Boland

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Moonology: Working with the Magic of Lunar Cycles Yasmin Boland

Did you know the cycles of the moon have a huge effect on our health, our mood, our relationships, and our work? By understanding these phases, we can work with them to improve and empower every aspect of our lives. In **Moonology** , world-renowned astrologist **Yasmin Boland** unveils:

- why connecting with the moon can change your life for the better
- powerful rituals and ceremonies for each moon phase
- how the moon connects us to nature and the cosmos
- how to work out where the moon is in each cycle
- international New Moon and Full Moon dates for the next 10 years

You will also learn affirmations, visualizations, and chants to use during each phase of the moon, and will discover the role of Angels, Goddesses, and Ascended Masters during the New and Full Moons. This is a book for all those wishing to deepen their connection with nature and take their spiritual practice to a new level.

Moonology: Working with the Magic of Lunar Cycles Details

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Author : Yasmin Boland

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From Reader Review Moonology: Working with the Magic of Lunar Cycles for online ebook

Natacha says

Such an interesting book! Loads of information.. Will start to create my "moon calender" now and try and live with the moon flow...

Corrie says

I thought that maybe there was information in here that I hadn't come across before in my readings. She does an excellent job in organizing everything. This book would be great for any beginners who are looking to learn more about the Moon, Her cycles, and Lunar Magic working.

Kellie says

Loved this. First foray into learning about the lunar cycles and how they relate to astrology and planning your life. I am excited to read more books about this and to get more into how menstrual cycles and feminine energy relate to the moon.

Leigh says

Do you ever buy a book with the hope that it will be interesting and insightful and it winds up actually just being one long teaser ad for the author's blog and/or website? I know I don't, but that's kind of what happened with Moonology, which I feel kind of dumb saying now given that the title of the book is a made-up word, but sometimes the thrill of buying physical books to live on my shelves is too strong to resist. As someone just beginning my studies of the moon, astrology, and other esoteric associations, I was disappointed.

There are some interesting details and associations in this book, particularly around the new and full moon meanings and rituals, but it works much better as a quick reference book, not a truly educational resource. Part of me wants to check out the author's website in the hopes that she has more for readers online, and another part of me is perturbed enough to not want to give her the clicks, especially given that much of this information can also be found online via a few quick searches.

teres says

a handy book! ive copied down some of the information but i'd love to buy this to have as personal reference.

Natalia says

Full Review is up on my blog - <https://boookishvegan.wordpress.com/2016/07/05/moonology-by-yasmin-boland/>...

MY FULL REVIEW:

Release Date: 5th July 2016

Genre: Non-Fiction & Spirituality & Astrology

Read: February 2018

Rating: ★★★★

Brief Description:

Did you know the cycles of the moon have a huge effect on our health, our mood, our relationships, and our work? By understanding these phases, we can work with them to improve and empower every aspect of our lives. In *Moonology*, world-renowned astrologist Yasmin Boland unveils:

- why connecting with the moon can change your life for the better
- powerful rituals and ceremonies for each moon phase
- how the moon connects us to nature and the cosmos
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You will also learn affirmations, visualizations, and chants to use during each phase of the moon, and will discover the role of Angels, Goddesses, and Ascended Masters during the New and Full Moons. This is a book for all those wishing to deepen their connection with nature and take their spiritual practice to a new level.

So I really wanted to love this book, I really did! As you can see I still gave it 4 stars as I really enjoyed it but at the same time the more I got into it, the harder it became for me to understand what the author was actually on about. I especially found it difficult to know if I was just supposed to focus on my own specific sign and house or if I was to follow all the signs and the houses. Plus, what does it mean when it says your star rising – I think mine is either Cancer or Gemini but I am not 100% sure. I know astrology can be a hard topic to get your head around but I am still very glad I picked this book up. Yes, at times I was confused but I still really enjoyed everything that I learned whilst reading this book.

I instantly love anything that mentions essential oils which Yasmin clearly did and I kind of wished she also had talked about what kind of crystals to use with each moon/lunar phase, as that just would have been the icing on the cake. I will definitely try to focus each month around the different signs and houses to be able to work on every aspect of my life as I love the idea of that.

This is definitely a shorter review than usual but I still hope you enjoyed and I definitely recommend this book to anyone who is interested in astrology, the lunar cycles, the moon, and just being more in tune with nature.

Olivia says

I have a love hate relationship with this book. I love the content which includes such aspects as an essential oil, mantra, meditation, dos and don'ts, and more for every House. There's meat for each New Moon and every Full Moon too. She included five appendices of information that I feel should have been introduced where appropriate throughout the book and leave the appendices for reference rather than key material. Being relatively green to astrology and to the changes and impact of the moon, I have a lot to learn. I dived into the book, highlighted A LOT, and inserted colored paperclips to mark key pages. I was psyched by Yasmin's material and planned to use the book to meditate through the lunar cycles this year (which I believe is Yasmin's intent for the reader too), but what I thought was a simply goal is DIFFICULT using her book. One "problem" is that Yasmin introduces the Rising Sign which is a more in-depth (and appropriate - my words) representation of yourself than the Sun Sign. But, as you work to understand all the material in the book, many times it isn't clear which sign to use. This is key because if you're able to use Yasmin's book as I believe she expected it to be used then it will be a personal experience based on your birth date, time, and location.

Yasmin references her moonology.com site A LOT. She recommended that you go there to learn this and that. Problem is that many things cost money, AND things have obviously moved since she wrote the book so some URLs are incorrect.

Lastly, although the book is busting with information I find it simply too difficult to follow easily. Minimally, it needs an index, perhaps additional appendices with the key charts (e.g., Finding your rising sign), consistent information on which sign to start with (i.e., sun or rising), an additional chapter that ties it all together, and enough information that I don't need to go to moonology.com and other astrological sites unless perhaps I want to know the sign for the day. Yasmin needs to decide whether Moonology is meant to be a standalone book or a hook for readers to join her site and pay for things.

I'm tossed about whether I will buy her Astrology book. If it's like Moonology I will need the internet and many hours of study to grasp the points.

Megan says

I'm not sure if it counts to say that I finished this book, because technically I skipped the section on the Daily Moon as I didn't feel I needed it (at the moment). And honestly, if you count all the sections I skimmed I probably read just under two thirds of the whole book.

And really, that tells you something.

I bought this book because I was looking forward to the moon specific information, I should have paid more attention to the write up because all the law of attraction, "new moon wishes" stuff was not what I was looking for. So I skimmed it. The fact that I felt like I was reading something written for someone in 8th grade, with the tone and language always making me feel like I was dumb, whenever she got to in depth explanations probably increased my desire to skim. That's the bad part, now the ugly (or is it just annoying).

I have several notes in my book that ask why the author insists on recommending the exact opposite of the energy that she just described. I.e.: Aries is impulsive, impetuous and energetic so this is the time to... sit down and plan the next 12 months? I... umm... No. Having finished reading the whole section I'd suggest you plan during Capricorn - which loves planning, control and is highly focused - or Virgo - which loves order and is perfectionistic and then do exactly what she says "infuse your plans with drive and determination" during Aries. This was not the only time where the advice went against the energy of the moon and I found this odd. It seems to me that the point of a tool like this is to learn to ride the current of the energy that IS not to teach you to try to force the energy into constraints. Maybe if there had been a section on what to constrain or watch out for (i.e. too impulsive in Aries, or overly controlling in Capricorn) as well as a section on what to nurture in each sign it would have been less grating, but the fact that some signs were all flow while others had these counter suggestions made me feel like we were seeing the author's own biases.

But what TRULY annoyed me (and in fact I skipped almost everything in the Full Moon section because of this) was the Full Moon advice. Full Moon is the peak, it is completion, it's the baby exploding into the world, it's people finally oohing and ahing over what you built. Why, in the name of all that is holy, at this point would you be releasing, and wrapping things up?

Let's think about this cycle like sex. The New Moon is when you start waggling eye brows and making it super clear what you're interested in. The Waxing Moon is foreplay and getting into it. And Full Moon is the orgasm. No one, in the middle of an orgasm is like: Ok pull out and let's review how this went. No. First you enjoy the orgasm, you celebrate, you revel in making crap happen. The whole release, review, forgive and gratitude those are all actions done during the Waning Moon. (A whole half cycle which our culture tends to overlook in a LOT of systems, btw.)

I theorize that you can't talk about the point in a cycle where plant seeds, and then talk about the point in the cycle where you get gorgeous flowers and get to celebrate what you grew and then... start the cycle over. The author knew she needed that coming down, but she doesn't mark another phase of the moon (though she does clearly explain all 8 phases in the beginning and you can see how she has the Full Moon repeating what goes with the last few phases there) so those things important to manifestation (forgiveness and gratitude) got shoved on to the Full Moon and we just skip celebration and sharing. Adding a section on something like the Dark Moon would have allowed the three natural points and processes - Planting, Celebrating, Releasing - to be marked in the book without any weird twisting and shaping.

But that said, I DO have a lot of highlights through out the books. I went through and made a reference table for myself on the moon in various signs and houses. I got some good astrological specific information from the book (like the fact that during the Full Moon the Sun and Moon are opposite each other in the chart). But I'm torn on who to recommend it to. Technically I think it should be recommended to people brand new to astrology because it's written directly to them and it's got some great basic information. But it also has somethings that are forced and wrong (ala Full Moon rant above) so then they'd go into their studies with errors. Likewise anyone who knows anything about the Law of Attraction is going to find this to be a basic primer and it might be a little too woo to someone completely new to it (though it is obviously written for them). Experienced astrologers will be annoyed by the little things that annoyed me. And in fact, I have a friend I wanted to recommend it to for the "when the moon is here" parts, but I didn't recommend it because I felt like I'd also need to send notes about what to ignore in it and how annoying is that?

So in the end while I did get some value out of it and it was worth what I paid for my ebook (\$2) I can't say that I highly recommend it. Sadly, because I think a good basic book is exactly the thing I needed on my reference shelf. Oh well.

Renata Shura says

A great compendium of information that I would have otherwise had to compile myself.

Arabella ~?AB?~ says

Very Informative!

Debbie Cordes says

Ahhh loved this! Excited to start working with moon and manifesting. So interesting! (Also going to her workshop this Saturday about manifesting with the moon ahhh!)

Corinne L. says

Very practical

Aline says

It definitely was of advantage that I have read her other book Astrology: A Guide to Understand Your Birth Chart first before going into this one. Because she talks about some very basic astrology things like 'Houses' in comparing with working with the moon. She does give a short overview for what the different 'Houses' are standing for, in case you don't know.

I liked it, but I was maybe expecting a bit more from it. Some things I already knew from other sources. I also never knew if I should pick my rising sign or my actual star sign, because my rising sign is Sagittarius, but my star sign is Capricorn and they're very (!) different, which leads to different things to focus on ...

I'm kinda sad I didn't like it more, but I'll definitely use it to work with it besides another moon book I have.

Rosie says

Really enjoyed this beginners introduction to astrology. Easy to read and take the relevant information on the new/full moons from but gives the reader more depth with daily moons and other moon phases, although I skipped a lot of the final chapter. I shall now be harnessing the power of the moon like the psychic Cancerian that I am!

Daniella says

Lots of info

I really loved the New Moon section. Good advice in general! Would recommend to anyone into the woo. Excited to incorporate into my routine.
