



## Sex, Drugs and Asperger's Syndrome (ASD): A User Guide to Adulthood

*Luke Jackson , Tony Attwood (Foreword)*

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Luke Jackson's unabridged and sparkling sequel to his best-selling user guide to adolescence *Freaks, Geeks and Asperger Syndrome* is the must-read handbook for teenagers and young adults on the autism spectrum. With devastating clarity, Luke focuses on the pitfalls involved in navigating the transition to adulthood, and the challenges of adult life. He covers everything from bullying and drugs to socialising, sex, negotiating relationships, and finding and keeping your first job.

## **Sex, Drugs and Asperger's Syndrome (ASD): A User Guide to Adulthood Details**

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## **From Reader Review Sex, Drugs and Asperger's Syndrome (ASD): A User Guide to Adulthood for online ebook**

### **Colin says**

Some great tips on relationships, sex, and conversation that I hope to remember to employ.

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### **Dominique says**

Since getting diagnosed as Autistic last year at 42 I've been reading books about ASD and this is the first book I've found that I'd actually recommend people read.

It's well written, very informative and covers subjects often skipped in books about Autism - namely sex, relationships and what skills adult autistics need that are different to kids or younger teens.

Not covered unfortunately is the dreaded living situation of HOUSEMATES. Living with people who you're not genetically related to or in a relationship with comes with all sorts of issues. When you can't read none verbal social cues and to feel in control you follow a regulated daily routine living with housemates can be really good or turn into a living hell.

My only disappointment in this book is it's written by a male so it has a male view point and unfortunately doesn't cover "female only issues". If the author could collaborate with a female Aspi to add Periods, OH F... I Might Be Pregnant, Detecting Sexual Predators Looking For A Victim, Body Image Issues (the pressure to look pretty) and Dealing With Unspoken Gender Bias (how to negotiate a job contract to exclude helping on reception because all FEMALE employees are just expected to do that) this book would be perfect

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### **Samantha says**

my only complaint is that it wasn't longer! well-written, completely relatable, very helpful book.

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### **Cat says**

Fascinating book. Kudos to Luke Jackson on this, his second book. As he has ASD, he's very uniquely qualified to guiding and teaching about ASD. His first book was written when he was 13 and is a guide for younger children with ASD. This book covers teens and YAs. Lots of info for anyone interested in learning about ASD. It's a fairly quick read, nothing technical, no medical jargon, etc... just a very interesting book with lots of insight into ASD.

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### **Violet Raven says**

Really well written; conversational and accessible, but intelligent and humorous. One of the best books on what growing up and becoming an adult with AS is like.

The title is deliberately provocative - but the content does cover the topics with maturity and a refreshing direct approach to informing the reader, covering each issue with a no-nonsense and non judgemental approach, and bullet points!

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### **Katie says**

I really enjoyed reading Luke Jackson's sequel to *Freaks, Geeks and Asperger Syndrome* which he wrote when he was 13. The book details the point he is at in his life now and his advice on working, relationships and managing the changing expectations life throws at you and making sense of Asperger Syndrome and changes related with it. I would recommend this book to everyone with an interest in autism and people with autism. I hope he writes more and if he does I will definitely read it.

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### **Sarah says**

Not read the whole book yet, but from what I have read Luke's writing is excellent - lively and clear. In terms of content, this is a book about a very important and sadly neglected topic; there's a lack of recognition of the fact that children with ASDs grow up to be adults with ASDs!! I appreciate how candid Luke is about his experiences with mental health difficulties. Also love the fact that there's a chapter on sex and relationships... Shockingly (>sarcasm<), many people with ASDs have romantic and sexual relationships! There definitely needs to be more literature on the topic, especially from individuals with ASDs.

I'd recommend this book to any adult with high-functioning autism (I say high-functioning because I lack knowledge about people with ASDs who are considered to be low-functioning; I appreciate that functioning labels have their problems, but yeah), as well as parents of children and adults with HFA, teachers (not just ones who are aware of having students with HFA; it's often undiagnosed), siblings, friends...

Perhaps my only criticism as of yet is that Luke appears to be coming from a place of privilege that maybe distorts his perception of some things? He claims that disclosing a diagnosis of autism does not disadvantage job applicants in any way. I just don't think that's true. Legally it may be, but in reality employers discriminate. I've observed how my ex-boss didn't employ any white people, which was almost definitely discrimination when one considers the demographics of my city and the fact that he was basically employing anyone with the ability to talk. Perhaps Luke has benefitted from class privilege that has made the discrimination rampant in the world of work invisible to him (not that he comes across as a Eton type or anything - there are degrees). I don't know... But it's something for him to think about (I do need to go back to the book and read it in full, though - perhaps I'll retract this opinion later on).

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### **Megan says**

Very well written book. I asked for an Arc so I could relate this for my brother who is an Aspy. I really like the information was presented in a way for both ASD and non ASD could relate to. Very well done!

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**Jenny says**

Excellent!

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**Pat Rosenberg says**

never received the book so cannot review

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