

indigo



F. D. SOUL

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F. D. Soul's first collection of poetry and prose. Written for those who have ever wondered what a heart looks like outside of the human body. This book is a breath. it's that plunge into fear as your heart stops as if perhaps it won't remember how to catch the next beat (but always does). and it's wincing. biting the pillow. laughing even though you can hear your ribs cracking. this book is walking through a Weeping Willow with your fingers outstretched. lips brushed against a forehead. sticking your head out the window just to feel the day in your hair. tears drying against the soft skin beneath your chin. this book is how I save myself.

Indigo Details

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Author : F.D. Soul

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Genre : Poetry

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From Reader Review Indigo for online ebook

Rachel Nicole Wagner says

Touching and Healing

Reasons I love poetry #8272837493

I really needed this book of poetry right now with the way I'm feeling and things I'm dealing with in my heart and soul. This has given me healing in some ways and touched the ugh between my ribs. I would definitely recommend this to ANYONE. If you love poetry or not. Amazing work of poetry.

Xo,
Rach

Isa says

Stunning, raw, deep, precious, heavy, tender, courageous and immeasurably beautiful!

Arvenig says

This year I finally got into poetry with “The Princess Saves Herself in this One” and now I’m reading similar poetry books. I actually discovered this book via F. D. Soul’s instagram where she posts some of her poems (you can find her [here](#))

This book is divided in three sections: “Skin of Brick & a Breaking Heart”, “The Mending of Veins” and “Bare Feet & Universe Breathing”; and has 55 poems. It deals with some episodes of her life with a development through the sections.

I really enjoyed reading this book (even if it’s so short I finished it in half an hour *sigh*), although I actually didn’t relate to all the poems (probably because I’m still pretty young), but with the one I related to I felt I really strong connection.

Her poems are raw, genuine and deep. I feel like she wrote everything without filters and like she poured herself into every poem she has written and I love this thing! Also, I think her book is really inspiring for those who like to write poetry and there are a lot of original metaphors.

I hope she will publish another book with her poetry since on her account I’ve found some poems that aren’t in the book.

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Kelli Smith says

This book was definitely worth the wait. F.D Soul speaks of brokenness and regrowth with such exceptional softness and rawness. It is such a personal insight which also hits close to home. She speaks of matters and anecdotes from her own life, however it is so easy to feel as if they were written just for you. I think a little piece of this book will live in the back of my mind forever. I would recommend it to anyone who is struggling or enduring their own brokenness and hardships, or to anyone who simply wants to read something beautiful.

Rachel Kelley says

Lovely, simple, and poignant collection of poetry. I dog-eared many pages throughout and intend to go back to them often.

Soul's writing is reflective of the current trends in Insta-poetry, but I most appreciated her longer works that steered away from this micro-poetry. The formatting for the book was slightly confusing at times, and I found myself referencing the table of contents to sort a few of the poems while reading.

Celine DePoitiers says

I must admit that I don't usually read poetry, because I'm more of a fantasy kind of girl, but this book has completely fascinated me, from the cover to the last page.

The poems remind me of Lang Leav style and Nikita Gill, and they have a softness, even when talking about harsh things, that make this book a real masterpiece.

The strength that transpires from every page is deep. The needing to grow and heal is strong and captivating. While she speaks of her own life, you have the sensation that she's talking right in your ear, whispering secrets and hurt, confidentially.

The keyword for these poems is definitely courage.

Courage to put down in words all the things that hurt most, like she says:

'a poet's guide to healing,
write the things that hurt'

This book has made me think about all the things that we have to face in life, all the hurt and all the messes we make. It has also given me a lot of matters to reflect on.

If you want a modern collection of well written poems, that can make you think, you really NEED to read this one.

So I'll give it 4/5, because it has made me experience a new way to face the problems of life.

Yerasly says

I enjoyed this, not LOVED it, but enjoyed it. Some of the poems were really good, and some were just

"meh". I think this is her debut poetry book? Either way, will defiantly check out more of her writing.

F.D. Soul says

Thankyou so much to everyone who's picked up this baby and had a read. There's so much of me in here, and getting positive feedback from you lovely humans is the best feeling in the world. Endless love to all of you x

Isabelle says

Captivating

This poet knows her own voice. It feels as though they know how to appreciate the little things in life. The imagery is rich but somehow the poetry still feels very light and uplifting. The sections are structured for easy reading. The whole book is so relatable and full of lovely quotes that I can take away with me! A genuinely enjoyable read.

Avid Booker says

It was decent. Some of the poems I felt with a passion and some of them felt like random spoutings of words strung together to try to sound deep for the sake of it being "poetry".

I liked it. But I didn't love it.

Morgan Nikola-Wren says

I took my time with this book, careful to savor it, and a month later, I'm still thinking about it.

Simultaneously fierce and tender--much like the stunning parallels to nature that she draws throughout her work--F.D. Soul finds delicate parts of your spirit, cradles them in her hands, and wraps them in words that will assure you, "someone else gets it." I finished the book wishing so badly that I could hug her. Thank you, thank you, thank you!

Elies N says

After following F.D. Soul on Instagram, it would have been impossible not to want to purchase this book. When I received the book, I was unable to put it down until I read it from cover to cover. Even still, I cannot wait to read it again & again. This will be a book of poetry that I will cherish and turn to for years to come. The poetry is not only eloquently written, but relatable, and beautifully capricious. I was hooked by page 3,

which just so happened to be the very first poem. I would recommend this book to any lover of poetry in your life.

Marisa says

Indigo was absolutely incredible! If you've read Your Soul is a River by Nikita Gill, then you'll love Indigo. It's written beautifully, and definitely made me cry a few times. Everyone should read this. It's raw, emotional, pure, and just absolutely ethereal. This book evokes emotions unlike any other book I've read, and I've read a lot. If you're not a fan of poetry, then this collection of poetry obviously isn't for you. But if you like poetry even a little bit, or you can appreciate the art, then you must read this book. All in all, it really is amazing.

Brittany says

Beautiful. This made my heart hurt

Bobbieshiann says

do not ever let agony get
comfortable beneath your skin.

- you are not a home for heartbreak.
