



Through the Open Door: To the Vastness of Your True Being

Eckhart Tolle

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Once you've experienced the power of the present moment, what's next? Eckhart Tolle, who ignited a spiritual awakening in the West with his best-selling *The Power of Now* (New World Library, 1999), invites listeners to join him on a path that takes us even further into the profound experience of pure presence.

Through the Open Door is Eckhart's highly anticipated return to audio, featuring new teachings on: Achieving Space Consciousness, learning to focus on the underlying field from which all forms and thoughts arise Refining your alertness to become alive and present with every cell of your body ? The illusions that lead to suffering, spiritual longing, and the need for more time in our lives and how to dispel them. How to discover true liberation beyond the limits of the thinking mind and the little self, and more. Eckhart's listeners often report that they play his recordings time and again in order to experience his unique ability to transport them to a state of awakened consciousness. Now, the legions of fans who turn to this modern spiritual beacon for guidance are invited to follow him Through the Open Door into a new world of vast aliveness.

Through the Open Door: To the Vastness of Your True Being Details

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Colleen Patricia says

Great Audio CDs. Spiritual, uplifting & speaks about our thoughts and controlling them.

Stephanie says

I just listened to this 2-disc CD set. Very good. One of the better sets by Tolle. This is a recording of two separate live seminars. I very much enjoyed the atmosphere of the lectures, the message was concise and to-the-point, and there was a nice sprinkling of humor. I would recommend this to anyone as their first introduction to Tolle.

C2015 says

This was fantastic. Such perfect descriptions and demonstration of the little me, egoic mind!

Kevin Summers says

Sample quote: "Where is life? Here, now. Life cannot exist separately from here and now. So any denial of the now, resistance to the now, running away from the now, mentally always trying to get to the next moment because fulfillment is there somewhere and you miss this: Now."

Laurie says

I really love this CD.

It is clear and concise. Live in the now. Surrender to what is even if you don't like it and watch your life transform.

Be willing to let go of your thoughts. Realize that your thoughts are not you. There is no way you can understand the universe with your mind.

Very well done.

Martha Childers says

Mindfulness is popular ... and useful. Tolle shares a path to being in the moment, bringing peace and life.

Jackie says

It all sounds simplistic, and further questions do not have to be answered according to Mr Tolle: live in the now, and the universe is with you.

L says

Profound yet humorous, Tolle has a way of imparting wisdom that is so on point and gentle. This is short and deserves multiple listenings.

Mubarak Chaudhry says

Ordinary
