



## True Love

*Jennifer Lopez*

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# True Love

Jennifer Lopez

## True Love Jennifer Lopez

In Jennifer Lopez's first ever book, *True Love*, she explores one of her life's most defining periods—the transformative two-year journey of how, as an artist and a mother, she confronted her greatest challenges, identified her biggest fears, and ultimately emerged a stronger person than she's ever been. Guided by both intimate and electrifying photographs, *True Love* an honest and revealing personal diary with hard-won lessons and heartfelt recollections and an empowering story of self-reflection, rediscovery, and resilience.

Completely full-color, with photos throughout and lavishly designed, *True Love* is a stunning and timeless book that features more than 200 never-before-seen images from Lopez's personal archives, showing candid moments with her family and friends and providing a rare behind-the-scenes look at the life of a pop music icon travelling, rehearsing, and performing around the world.

## True Love Details

Date : Published November 4th 2014 by Celebra (first published October 28th 2014)

ISBN :

Author : Jennifer Lopez

Format : Kindle Edition 266 pages

Genre : Nonfiction, Biography, Autobiography, Memoir

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## From Reader Review True Love for online ebook

### Jen says

I admire Jennifer Lopez because she does care and try, isn't coasting, has done some good acting, and continues to become a stronger singer. In True Love, she doesn't hide anything about the personal process of learning to love and value herself, even if parts of it sound goofy - which it kind of even doesn't, because she is so earnest and sincere.

The book is structured on the journey from Jennifer's divorce to her first world tour, and her personal story is linked to the different sections of the stage show and the set list. It is not written in a super-professional style, which seems very realistic for a non-writer. While she acknowledges some editing help, I do believe she wrote it herself - no ghostwriter.

This is a beautiful book with loads of photos from her tour, and candid family shots. The whole thing is printed on heavy, glossy paper with photos, pull quotes, song lyrics, etc stylized in colour and on separate pages in a way I have not seen before.

Recommended for fans.

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### Nicole says

I was pleasantly surprised after reading this. I'm not really a huge Jennifer Lopez fan and never intended to read this book, but I thumbed through it at the bookstore and it piqued my interest.

The book is about her first world tour and how it coincided with her search for happiness and True Love (loving herself). She was very introspective and sweet throughout. I enjoyed her honesty about who she is as a woman, mother, (ex)wife and girlfriend.

This isn't a tell all book about her past loves but she does mention them and does divulge more than I expected about her marriage and life with Marc Anthony. She also includes a ton of pictures of herself, the tour and her family.

It was a very easy and fast read. Recommended to J. Lo fans, Latinas and women going through a tough time in their relationship.

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### Nadia Leona Yunis says

A MUST read ladies!

It's amazing how each book we read also helps us heal some area of our life - this book has done exactly that and I'm grateful for the lessons learnt - understanding my own patterns and how to break free from them and heal myself and mostly amate - love yourself!

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### **Lilly says**

What? Did I REALLY just give a celebrity bio 4 stars? Yep, I did.

When I read a celebrity bio (or a celebrity trash bio, as I affectionately call them), I have strong expectations. I want the dirt. I want them to tell me what I haven't yet read on US Weekly when I get bored at work. So imagine my surprise (AND GREAT DISAPPOINTMENT, let's be honest), when J Lo opens her book by telling you that if you're looking for that sort of gossip, you've come to the wrong place.

I was committed for my book club to see this through, so I persevered, preparing for great boredom. Instead, I found a rather soulful exploration of the struggle to stay on target with what's right for you when so many things are right for other people. Who knew that a megastar would be so relatable? It's a very personal, quiet exploration of what happens when you listen to your heart and reconnect with what you love. She leads by example, and in the process I came to respect an artist (Yes, I just called her that - see? Respect!) I didn't know much about. She offered the glossy photos her fans might expect, but the real value of this book - unlike pretty much every other celeb autobiography ever - is in the words.

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### **Jennifer Brown says**

So I love Jennifer Lopez's music and movies (I even thought *Gigli* wasn't half bad), and now I love her as a person as well! This book shows you who she really is and how real of a person she is. *True Love* shows how she basically found herself after her very public divorce. She is a beautiful person inside and out and I wish her happiness in her future!

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### **Joseph De La Cruz says**

As a fan ever since "Selena," which came out when I was five, I grew up with Jennifer in my life. As I grew and listened to her records and saw her movies, I considered her a role model. With her albums, I realized that she's the same type of lover that I am.

This book is about the time after her divorce and how she had to pick herself up. With this book, I saw a side to Jennifer I never saw her. To me, she was always the actress, Selena, the singer, flawless. But in this book, I saw her as a human. And the same type of lover that I am with my relationships. Her lyrics mentioned in this book shed some much needed perspective and I had some eye-opening moments related to my life.

This book, without meaning to, taught me things I needed to learn and wrap my head around. I loved reading this book and I'm thankful for this book. Thank you and love you, Jenny.

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### **Tina ( As Told By Tina ) says**

When I first heard Jennifer Lopez was coming out with a book I thought "oh she's going to spill everything

about her past relationships and I want to read it!”. Lame, I know but really I wanted the juicy details but she literally lets you know on the first five pages this book will not give you any juicy details about relationships like you were hoping. I was disappointed not going to lie but I kept reading to see just what was this book about.

What was it about exactly? Learning to live, love and dance again after having your fairy tale dream comes to an end. Picking up the pieces and learning to live again, to love again and to dance.

Jennifer mentions after every major break up or major event in her life she has to do something to keep herself busy, distracted or avoiding the issue completely. The idea for a world tour came a couple days after her separation from Marc Anthony. She does explain what happened between them and how that helped form her world tour. It doesn't give a lot of details but it does a good job at telling you what happened and explains just how much she was hurting after their separation.

She does go into details about the tour, how she designed each segment and why. I think that's probably the most important aspect of the book, it explains how each segment in the show and how each song she chose for that segment meant something to her during a certain part of her life. It gave you a glimpse of the real Jennifer not the one we see splashed on magazine covers.

The true human being. She explains how she cried for months at a time about her divorce, how she wasn't sure if she could be a single mother of two, how was she afraid she wouldn't be able to pick up the pieces she was left with. She was afraid of what her kids would think. I've always pictured Jennifer as some mega diva who didn't worry about those kinds of things but it was a different side of Jennifer that everyone should see.

I ended up reading the entire book in sitting. When I finished it, I felt empowered, inspired, and motivated. It was definitely not what I was expecting when I first read the book. It's an easy read and the pictures are nice to look at.

Of course, if you're looking for juicy gossip about her life this isn't the book for you. Otherwise, if you want to know how she's grown as person then you should pick it up!

### **My Favorite Quotes:**

**“My genuine intention and what I hope to accomplish with this book is that others can draw upon the experiences that changed the course of my life and find encouragement in the mantra that motivated the following pages:**

**You will live,  
You will love,  
You will dance again...” pg. 5**

**“But in the end, the truth finds a way to surface, even if you don't want it to.” pg. 15**

**“Families come in all shapes and sizes, and they don’t have to fit the perfect dream ideal to make you happy. They are the people that support and love you by giving you strength when you need it most.”**

**“As painful as some of the past year’s changes have been, they will ultimately lead to a better place. The adversity you come across in life may cause pain, but with pain comes growth and the opportunity to rise to the occasion as your strongest, best self.” pg.20**

**“You have to be okay on your own before you can have a healthy relationship with another person, but again I didn’t know that yet.” pg. 65**

**“The only way you can be mistreated is by allowing yourself to be mistreated, and that was something I did over and over again...” pg. 103**

**“Whenever it feels uncomfortable to tell the truth, that’s often the most important time to tell it.” pg. 142**

**“Here’s the thing about kids: They don’t do what you say; they do what you do” pg. 158**

**“When you give e your time, your love, your respect, you deserve respect in return. You deserve comfort , you deserve honesty, and you deserve to feel safe.”**

This review was originally posted on As Told By Tina

## **Great Pretender (Daria) says**

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### **Nerisa Eugenia Waterman says**

Like reading pages from a diary, Jennifer Lopez revealed to the World her true love in her new memoir “True Love.”

Jennifer Lopez’s memoir made its debut on November 4, 2014.

And... what was revealed... was a story of love, joy, disappointments, heartbreaks, and her struggle with low self-esteem.

Jennifer Lopez, the mother...the actress... the singer... allowed us the readers... to sit front row and become spectators of her life. When it was first announced that Jennifer Lopez was writing a book titled “True Love” I automatically assumed it was about a whirlwind love affair...after all Jennifer Lopez is known for being a hopeless romantic.

Although... “True Love” is about a love affair...it’s about Jennifer Lopez in love with...Jennifer Lopez...the best kind of true love there is. This book really touched me in ways that I was not anticipating, it made me cry... it made me smile...and it motivated me to continue to pursue my passion in life. I think this is a book that everyone can identify with, and her story is no doubt...Inspirational.

Jennifer Lopez did an amazing job telling her story to the World, which I imagine could not have been an easy task. Once again...she has done it again...she has shown the World she is simply...Jenny from the block.

And now she can add a new title to her long list...Author.

This book was simply amazing and if you haven’t read it...what are you waiting for?

MY FULL REVIEW:<http://myohosisters.webs.com/apps/blo...->

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### **Library\_boyfriend says**

For those of you who don't know, Jennifer Lopez is one my girl-crushes. I know, I know. Judge me all you want but girl is so pretty, not too skinny and can dance. And no matter what song of hers is on, no matter what the words, I find myself moving to the beat!

I wanted to read this to see if it would be a ghost writer-trying to add a book to my list-preach on what I don't know kind of book. It really wasn't. She seemed honest and sincere. It wasn't a book about gossipy, juicy topics and yet she didn't hold back on naming the loves and mistakes of her life. She mostly talked about her self esteem, her children, and how she has made so many love mistakes, all in public, and yet still wants to find that one person who can make her happy after she learns to become happy with herself.

I liked it J-Lo.

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### **Debbie says**

Every single one of us struggles with relationships. Whether it be a marriage or a boyfriend/girlfriend situation. Lately I have been going through some hard times that I never saw coming. I was completely blindsided by them and I had no idea how to react to them. This post, although a bit hard for me, is something I felt the need to share. Since everyone that reads this blog shares a love of reading as I do, I feel connected in some way with each and every one of you. We all experience difficulties in life. This book found its way into my sights at just the right moment and touched me so deeply, I felt the need to share.

I have always admired Jennifer Lopez. I first started following her career when I saw the movie Selena and I just thought she was such a great singer and performer. Ever since then, I have kept up with what she has been doing. She has had several failed relationships that have been very public. She talks about her breakup with Marc and how this relationship opened her eyes to her patterns in love. She couldn't figure out why she couldn't get love right.

When someone hurts you, you automatically tend to blame yourself. You think what could I have done differently? Why wasn't I good enough? But in reality, relationships fail for many different reasons and usually it isn't your fault. It is just circumstances working against you.

Jennifer discusses her last few serious relationships and starts to realize that she spent a lot of time trying to be perfect. She wanted this person to believe she could be their everything. When she couldn't be perfect, she started to be sad. This was a pattern she found kept repeating over and over again. She then realized she wasn't happy within herself. I know it's crazy. Jennifer Lopez wasn't happy with herself? But, I guess she really is just like you and me. I loved the realness of this novel. I felt as if she was sitting down and having lunch with me and giving me all this great advice based on her past experiences and heartaches.

You have to be happy with you, before you can make someone else happy.

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This is really true. When I reflect on this quote, I realize that I too have some self esteem issues and I tend to

be a people pleaser. I want to make everyone else happy and sometimes I forget about little old me.

I learned so much from this book and I really gained a lot of insight and helpful advice to use as I'm going through this downtime. I hope that if you need an inspirational lift you will decide to pick this book up. Jennifer Lopez gives great advice :)

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### **Marls says**

I just became a bigger fan of hers by reading this book, lol.

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### **Catherine says**

I must preface this review by saying I only read this book because I could get it for free from the library, and I love celebrity memoirs and tell-all.....this was neither. There isn't much to take away from this book, so I'll sum it up for you here:

J-Lo finally went on tour after years of successful album-making. She feared she'd fail at it, but didn't. After 3 failed marriages because she mistook passion for love and put her ex-husbands' happiness before her own, she has had an epiphany and now realizes she must love herself first before she can truly love another. Oh...and half the book was pictures of her and her kids, and whole pages of quotes by J-Lo (from the book). I was really hoping for some juicy tidbits about Ben Affleck, but they never came. Oh well.

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### **Francis M. says**

My goodness I don't want to spoil the book at all, one thing I will say is that whatever image you had about Jennifer Lopez you will change automatically when you read this book, its more of a diary about her life after Marc, how she overcame the heartache, and not because Marc broke her heart, he never did, she doesn't expose anyone. This is just her journey into truly loving herself..... And pleasing others just to make yourself happy is not the way to go, loving yourself is true love...

This book was beyond inspirational!

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### **Olga Inozemtseva says**

A truly inspiring story. Reading this book has been an amazing journey for me and I am definitely recommending it to anyone who enjoys inspirational books. It's about learning to love yourself and always remembering who you really are, a very simple yet a very powerful message in my opinion. The book is very easy to read and is well illustrated. You don't have to be a Jennifer Lopez fan to enjoy reading this book. It's just a good story about someone rediscovering their identity and the meaning of true love. If you're not sure whether or not you'll like this book, just give it a try and decide for yourself.

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