



Discover Your Psychic Type: Developing and Using Your Natural Intuition

Sherrie Dillard

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Intuition and spiritual growth are inherently linked, according to professional psychic and therapist Sherrie Dillard. This groundbreaking guide offers a personalized approach to spiritual development, introducing four different psychic types and revealing how to develop the unique talents of each. Designed for both beginning intuitives and advanced psychics, this book presents a simple, step-by-step plan:

Take the insightful quiz to learn whether you are a physical, mental, emotional, or spiritual intuitive Discover more about each type's nature, personality, strengths, and potential challenges Develop your psychic abilities with the meditations and exercises designed for your specific intuitive style Throughout the book, Dillard shares remarkable stories from her professional practice to illustrate the incredible power of intuition and its connection to the spirit world, inner wisdom, and your higher self.

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Caitlin Simm says

This book was a fantastic book and I found it really interesting. I really enjoyed reading it because Im always very interested in Psychic stuff and I also have dreams and things like that and am kind of psychic to, weather or not anyone would believe me or not. There were parts of each I could relate to especially the spiritual intuitive and how they don't want to go with time and stuff and feel like they don't belong on this planet, although I keep track of time because of life and stuff I prefer not to. I also felt like I could relate to the emotional intuitive side of it because I sometimes feel a shiver go up my spine when im around others and their emotions change. I could partly relate to the mental intuitive part of it because of hearing people I knows voices in my head and getting it right or finding out something to be true. I also can imagine see situations and write a story about it and then a very similar situation happens a year or 2 later. My dreams are roughly two years ahead of me as well. haha. I really really enjoyed this book a lot ad you can probably tell

Becky Morlok says

This is Sherrie Dillard's best. Her work is amazing.

DreamPacker says

Had some good information. I will take a few notes, but basically it's a book I don't particularly want or need in my library. Might be good as an introduction if one doesn't know anything about the subject, but most of it was boring for me. I would have enjoyed it more if the author didn't classify "types", but just stuck to the subject in the title...developing your intuition.

Kathy Pickett says

This book connected with me in many ways of relating to the psychic traits and I thank Sherrie for her guidance and for allowing me to reference in my soon to be released book about the mental intuitive!

Debdanz says

This book came to me serendipitously AFTER I had made an appt with Sherrie- fun! It was a fascinating and thought provoking book.

Mary says

Very quick read. It is a great introduction to psychic energy and full of exercises to develop your intuition. It helped me understand what was going on in my brain and really opened my eyes to how psychic energies work.

Shoshanna French says

Sherrie Dillard presents an interesting additional perspective to view your intuitive and psychic powers by. I have used the test in this book with clients and taken it myself. I found and continue to find her information very useful. Whether you are a professional psychic or just starting to explore intuition, this book is helpful!

Jennifer says

Very informative and helpful. The only thing that didn't quite work for me was that the meditations were in the book. In order to do them, you have to read it beforehand. For me, I felt like it is easier to listen to recording because I'd tend to forget what step comes next. As far as providing information on the topic though, it certainly explained each of the four types thoroughly.

Kristy says

Interested in being psychic? Sherrie Dillard posits that we all have psychic capabilities, they just have to be recognized and developed. She deftly explains the natural talents of the four different types of psychic abilities and provides real life stories of clients she has worked with with these abilities. There are also suggested meditations for getting in touch with your guides - whether you believe those are angels, fairies, animal guides, or spirits of those who have passed on. I found this book fascinating and life changing, as it's opened me up to a proactive, rather than a passive, sense of spirituality.

Kathleen H. says

3.5

I enjoyed learning about the different types of intuitives.

Katrina says

Did not hold my attention... Maybe it will at a later date if I try again.

Amanda says

This was one of the better books I have read about the subject. I enjoyed the guided imagery exercises. I think the most interesting part was the author has a Christian background. I didn't feel so disoriented from the book that I wanted to stop reading it.

Marquita Seven says

Revolutionary to my life. I always felt that I receiving information in a different way that I could not explain to spiritual types. This book explained why.

Steph says

Interesting read

This book was very interesting and informative. I have yet to try the exercises, so I can't as of now attest to how they work. The information given makes a lot of sense, however I was left with more questions than answers. I'm not quite sure how to move forward with all the info in this book. I'm hoping that going through some of the meditations might help.

Julia says

I used this book as a reference for my spiritual group. We all took the survey of intuitive type, discussed intuition, and referenced the book for insight and information. I enjoyed hearing the author's stories weaved in the sections about spirit guides and intuition - this kept the book grounded in a personal journey and added to its validity. I also liked the real life cases she adds to each section.
