



The Gratitude Jar: A Simple Guide to Creating Miracles

Josie Robinson

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Discover the simple, yet profound, wisdom inside the little book being passed from hand to hand, from friend to friend, since it debuted in small local gift shops and bookstores across America...

The Gratitude Jar is a work that has come to light when the world deeply needs to read its message. The story itself is a heartwarming, inspirational tale of spiritual transformation and self-discovery, but it is also a guidebook with the power to instantly release the negative belief systems no longer serving you....and to direct your steps with new energy onto the path of joy and emotional freedom.

Nourish your soul and restore your faith in the goodness of the world as you begin to use its simple truths within your daily life. The time is right to hear its message, and to accept the invitation that awaits inside its pages to a joyful and inspiring new life.

The Gratitude Jar: A Simple Guide to Creating Miracles Details

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Author : Josie Robinson

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From Reader Review The Gratitude Jar: A Simple Guide to Creating Miracles for online ebook

hotsauceontoast says

A very quick, short read, but very impacting. It emphasizes a very important concept: being grateful. For everything. It also gives you techniques to put it into practice, which is very helpful if it's something you're struggling with.

Adrienne says

Can't find any light? Wallowing in a darkness of your own?

There are many ways to find your way back to the light of love, joy, and happiness. One way is to read this book. Whether you need a refresher course in how to change your life for the better or need immediate help, this book contains ways to enable yourself to enjoy life once again. Read it.

Joyce says

A must read. Quick, short, simple, powerful. Required reading. Regardless of how grateful you already are for your life.

Mary says

Quick, simple, clear and impactful I want everyone I know read this book.

Diana Petty-stone says

Excellent book for anyone wanting to make major changes in their attitude. It's all about gratitude!!

Joshua Lane says

Find plenty to be grateful for.

Pam Herrmann says

The whole premise of this book is the more thankful you are for things and the more you focus on gratitude, the more good things come your way.

Kathy Elstad says

Wow! Life Changing!!

I loved this simply told story!!!! Anyone who wants to love their life more should read this short, simple, amazing book! We need more gratitude in this world! I am so grateful that I found this book!!!

Shannon D'Arpino says

As a therapist, I have utilized & have encouraged a gratitude practice in everyone I have worked with and known. The importance of really recognizing the gifts we already have around us can absolutely change your life. Josie's story is one of a person that experienced that change & I enjoyed her experience she shared in the book. I can also see why she would want everyone to begin a practice immediately after experiencing so much change in just 30 days. I too became excited by the changes I experienced when I began my gratitude practice 13 years ago. It's as if you have been converted to a new, peaceful awareness around you that you want to open the world's eyes too. I do believe though that each person needs to come to it in their own time & commit to it in their own way. So, if you are ready, please read this book!

Leslie says

Wonderful

This life changing story or rather gratitude changing lives story is a quick but powerful read. We can all learn from it and create our own extraordinary lives if we can just recognize all the blessings we already have.

Anne says

"Typically, I rushed to get somewhere or get something done. But now that I had to come up with gratitude each night, I went through my day in a completely different way. There was a little boy waiting expectantly for me to come up with something *really good* to be thankful for each night, so I had to start paying attention. And pay attention I did." (pages 29-30)

The way things resolve in the author's life is a little too tidy. I guess I'm not sold on the idea that life opens up for us in a whole new way once we start being more positive. And to be honest, I slightly wanted to punch her husband for saying he was glad that her "old self" was back. I understand where he's coming from, and sure it's nice to have a Significant Other notice a change in us and appreciate positive change. BUT I don't

like the whole "old self/real self" thing, after spending 3+ years with a guy who couldn't accept that I wasn't the same person I'd been at 19. I don't want to feel like my guy is waiting for me to be a certain incarnation of myself, but that he can stick around and watch me change, whether it's growing or backsliding, and support me and let me support him. I realize it falls beyond the scope of the book, but the author doesn't give much indication of how her husband was doing in the middle of all this. Almost like she's going through all this profound change apart from him and once she feels great again, they'll reconnect. IDK.

I like her son Lucas. The conversations with him keep the book's fourth star.

Deborah Delapenha-Simmonds says

Great read

I really liked this book, I'm going to engage in practicing this in my marriage and household . Thank you for this woman of purpose . Changing lives indeed!

Allison says

Not a bad book, but nothing really profound either.

Holly says

Very fast read. Simple, reflective, positive. I have already recommended it to others.

Anna says

Thank you

I don't know why I started crying as I finished reading your book. As I sit here with tears falling, I can't help but think about everything that I should be truly thankful for.

Thank you for sharing your profound and humbling experiences. I am also thankful for one of my dear friends who gave me this ebook as a gift.
